



National Antimicrobial Guidelines

CENTRE FOR DISEASE CONTROL AND PREVENTION





Applies to: All Healthcare Facilities in Oman

Ministry of Health Message



The rise and spread of antimicrobial resistance (AMR) present a significant global challenge, posing substantial threats to health and economic stability. AMR negatively impacts patient outcomes, leading to increased rates of mortality and morbidity. A key contributor to this growing issue is the inappropriate use of antibiotics in both hospitals and community settings. Studies indicate that more than 50% of antimicrobial use is improper. Evidence underscores the importance of prudent antibiotic use—ensuring the appropriate selection, dosage, and duration of treatment—as a critical measure to curb resistance and improve patient outcomes.

This set of national antimicrobial guidelines aims to provide healthcare professionals in the Ministry of Health and other clinical settings with comprehensive recommendations for empirical and targeted antimicrobial therapies for a range of infectious conditions. These guidelines cover treatment protocols for both paediatric and adult patients, as well as guidance on antibiotic prophylaxis.

Healthcare providers are encouraged to collaborate with experts in antimicrobial stewardship, including infectious disease specialists, medical microbiologists, and clinical pharmacists, to ensure optimal use of antibiotics across healthcare settings. While broad-spectrum antibiotics are frequently prescribed empirically, therapy should be reassessed and tailored based on culture results and susceptibility data to ensure effective and responsible treatment.

This guideline has been developed by the National Antimicrobial Stewardship Subcommittee, under the National Health AMR Committee, with valuable contributions from national experts in infectious diseases, medical microbiology, and clinical pharmacy. Every effort has been made to ensure the accuracy and reliability of the content; however, physicians and prescribers must take responsibility for verifying the appropriate drug and dosage for each individual patient. The ultimate interpretation and application of these guidelines rest with the treating physician.

I am confident that the implementation of these guidelines will support the objectives and vision of antimicrobial stewardship and align with the country's national plans to combat antimicrobial resistance (AMR).

Ministry of Health

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Disclaimer:

The recommendations expressed in these guidelines reflect the existing available evidence from the current literature and are subject to change over time. The recommendations described here are general and may not apply to a specific patient. Application of these guidelines to a particular situation remains the professional responsibility of the caring physician and/or the prescriber. For any feedback, kindly email at: <code>dgdsc2014@gmail.com</code>

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Reviewers:

KCVICWCIS.			
Dr Amal Al Maani	CDCP- MOH	Dr Kawthar Al Amri	Medical City Hospital for Military & Security Services
Dr Amina Al Jardani	СРНС-МОН	Dr Azza Al Rashdi	СРНС-МОН
Ph. Sara Al Balushi	DGMS-MOH	Ph. Yahya Al Rashdi	Khoulah Hospital-MOH
Dr Zaid Al Hinai	SUQH/UMC	Dr Faryal Khamis	Royal Hospital-MOH
Dr Hilal Al Sudairi	Royal Hospital-MOH	Dr. Abdul Rahmani Al-Azri	AlNahdha Hospital-MOH
Dr Wafa Al Tamtami	Medical City Hospital for Military & Security Services	Dr Hana Alaraimi	Medical City Hospital for Military & Security Services
Dr Mohammed Al Washahi	SQUH/UMC	Dr Shaden Al Riyami	AlNahdha Hospital-MOH
Dr Seif Al-Abri	Royal Hospital-MOH	Dr Majida Al Yahyai	AlNahdha Hospital-MOH
Dr Shiji Omer	AlNahdha Hospital-MOH	Dr Saleh Al Azri	СРНС-МОН
Dr Amal Al Jabri	Khoulah Hospital-MOH	Dr Omar Nasim	AlNahdha Hospital-MOH
Dr Hawra Al Lawati	SUQH/UMC	Ph. Shabana Al Balushi	Drug safety center-MOH
Dr Hashim Bin Taher	Sultan Qaboos Hospital-MOH	Dr Mubarak Al Yaqubi	Khoulah Hospital-MOH
Dr Badriya Al Adawi	SUQH/UMC	Mr Bader Al Rawahi	СОСР-МОН
Dr Mustafa Al Shuaibi	Khoulah Hospital-MOH	Dr Nawal Al Kindi	Khoulah Hospital-MOH
Dr Zakariya Al Balushi	Royal Hospital-MOH	Dr Turkiya Al Siyabi	SUQH/UMC
Dr Mahmoud Al Subhi	Rustaq Hospital	Dr Ibrahim Al Busaidi	SQUH/UMC
Dr Kowthar Hassan	SUQH/UMC	Dr Ghada Al Rawahi	SQUH/UMC
Dr Sultan Al Lawati	Rustaq Hospital	Dr Hanan Al Kindi	СРНС-МОН
Dr Amal Al Tai	Royal Hospital-MOH	Dr Abdullah Al Qayoudhi	СОСР-МОН
Dr Hilal Al Hashami	Royal Hospital-MOH	Dr Badriya Al Waili	Royal Hospital-MOH
Dr Mohammed Al Reesi	Sohar Hospital	Dr Laila Al Yazidi	SQUH/UMC
Dr Hatem Al Rawahi	SUQH/UMC	Dr Nagi Elsidig	SQUH/UMC
Ph. Muna Al Shahri	Sultan Qaboos Hospital-MOH	Ph. Hana Al Ghusaini	AlNahdha Hospital-MOH
Dr Zeyana Al Habsi	СДСР-МОН	Dr. Khalfan Al Abdali	Nizwa Hospital-MOH
Ph. Thamna Al Shaibani	Ibri Hospital	Ph. Suha Al Lawati	DGMS-MOH
Ph. Rahma Al Ghadani	Rustaq Hospital	Ph. Nadiya Al Balushi	DGMS-MOH
Dr Iman Hamed	Royal Hospital-MOH	Dr Ahmed Al Maamri	СРНС-МОН
Nasr	COLUMN	D C I I AIA :	ABILL II TE CLASOTE
Ph. Shireen Al Zadjali	SQUH/UMC	Dr Salah Al Azri	AlNahdha Hospital -MOH
Dr Fahad Al-Kindi	SQUH/UMC	Dr AlWarith Al Kharusi	Nizwa Hospital-MOH
Dr Narmin Nasr	Royal Hospital-MOH	Dr Zahra Al Amri	AlNahdha Hospital-MOH
Ph. Khoula Al Harthi	Medical City Hospital for Military & Security Services	Ph. Muhammad Taimoor	Medical City Hospital for Military & Security Services
L	<u> </u>	l .	

Acknowledgement: Ms. Nazira B Abubakar- CPHL-MOH

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

Table of Contents	
Abbreviations	
National Antimicrobial Prescribing Guideline	
1. Introduction:	
TABLE 1: GUIDELINES FOR TREATMENT OF RESPIRATORY INFECTIONS IN ADULTS	
TABLE 2: GUIDELINES FOR TREATMENT OF EAR, NOSE AND THROAT INFECTIONS	
TABLE 3: GUIDELINES FOR TREATMENT OF EYE INFECTION	
TABLE 4: GUIDELINES FOR TREATMENT OF INFECTIVE ENDOCARDITIS AND RELATED INFECTIONS	
TABLE 5-A: PROPHYLAXIS OF INFECTIVE ENDOCARDITIS	54
TABLE 5-B. DENTAL PROCEDURES ANTIBIOTIC PROPHYLACTIC REGIMENS FOR PATIENTS WITH UNDERLYING CARDIAC CONDITIONS	55
TABLE 6: GUIDELINES FOR TREATMENT OF CENTRAL NERVOUS SYSTEM INFECTIONS IN ADULTS	56
TABLE 7: GUIDELINES FOR TREATMENT OF BONE AND JOINT INFECTIONS IN ADULTS	65
TABLE 8: GUIDELINES FOR TREATMENT OF ABDOMINAL INFECTIONS IN ADULTS	75
TABLE 9: GUIDELINES FOR TREATMENT OF SKIN AND SOFT TISSUE INFECTIONS	84
TABLE 10: GUIDELINES FOR TREATMENT OF URINARY TRACT INFECTIONS AND SEXUALLY TRANSMITTED DISEASES IN ADULTS	92
TABLE 11: GUIDELINES FOR SEXUALLY TRANSMITTED DISEASES IN ADULTS	97
TABLE 12: GUIDELINES FOR TREATMENT OF SYSTEMIC INFECTIONS	102
TABLE 13: GUIDELINES FOR TREATMENT OF COMMON VIRAL INFECTIONS	110
TABLE 14 A: GUIDELINES FOR EMPERIC TREATMENT OF PEDIATRIC INFECTIONS	114
TABLE 14-B: PEDIATRIC ANTIMICROBIAL DOSAGE GUIDE	
TABLE 15: GUIDELINES FOR THERAPEUTIC DRUG MONITORING (TDM):	135
16-GUIDELINES FOR SURGICAL ANTIMICROBIAL PROPHYLAXIS	
TABLE 17: ANTIMICROBIAL IN PREGNANCY AND LACTATION	149
PENICILLIN ALLERGY	160
TABLE 18: SUGGESTED DURATION OF ANTIBIOTIC THERAPY IN COMMON INFECTIONS	164
19 GUIDELINES FOR ANTIMICROBIAL IN HAEMATOLOGY/ONCOLOGY IN ADULTS	167
19 A. Management of Febrile Neutropenia	167
19 B. Antimicrobial Prophylaxis in Specific Immunocompromised Populations	169
Table 19 B - 1: Antimicrobial Prophylaxis in Patients with Acute Leukaemia	170
Table 19 B - 2 a: Antimicrobial Prophylaxis in Stem Cell Transplantation Recipients	171
I. Antibacterial prophylaxis	171
II. Antifungal Prophylaxis:	172
III. PJP Prophylaxis:	173
IV. HSV/VZV Prophylaxis:	174

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

	V. CMV Preemptive Therapy:17	74
	Table 19 B - 2 b : Management of Common Infections in Stem Cell Transplantation Recipients17	16
	Table 19 -B- 3: Antimicrobial Prophylaxis in Haematology/Oncology Patients on Specific Biological Agents	77
	Table 19 B-4: Antimicrobial Prophylaxis in Patients with Multiple Myeloma Treated with CAR-T Cell Therapy or Bispecific Antibodies	30
	Table 19 B- 5 : Antimicrobial Prophylaxis of Patients with Inflammatory Arthritis Treated with Disease-Modifying Antirheumatic Drugs (DMARD)	
	TABLE 20 : Hospital Acquired Infection (HAI)18	34
4	nti-rabies prophylaxis schedule18	37
V	accination Schedule for Tetanus18	39
4	NTIBIOTIC USE IN DENTISTRY19)1

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

Abbreviations

ABECB	Acute bacterial exacerbation of chronic bronchitis	DS	Double strength
AdjBW	Adjusted Body Weight	DSP	Diastolic blood pressure
АНА	American Heart Association	E. faecium	Enterococcus faecium
AIDS	Acquired Immunodefeciency Syndrome	EBV	Epstein-Barr Virus
ALL	Acute lymphoblastic leukaemia	ENT	Ear, nose and throat
AM-CL	Amoxicillin-clavulanate	ESBL	Extended spectrum beta-lactamases
AML	Acute myelogenous leukaemia	ESR	Erythrocyte sedimentation rate
AM-SB	Ampicillin-sulbactam	FAMCO	Family and community medicine
ART	Antiretroviral Therapy	FDA	Food and Drug Administration (USA)
Azithro	Azithromycin	FEVI	Forced expiratory volume in 1 second
B. abortus	Brucella abortus	FQ	Fluoroquinolone
B. cepacia	Burkholderia cepacia	G6PD	Glucose-6-phosphate dehydrogenase
B. henselae	Bartonella henselae	GAS	Group A Streptococcus
B. melitensis	Brucella melitensis	GI	Gastrointestinal
B. quintana	Bartonella quintana	GU	Genitourinary
B. suis	Brucella suis	GVHD	Graft-versus-host disease
BAL	Bronchalveolar Lavage	H. influenzae	Haemophilus influenzae
B-Lactam	Beta-lactam	НАСЕК	A group of Gram-negative bacteria that includes <i>Haemophilus spp.</i>
C. pneumoniae	Chlamydophila pneumoniae	HHV6	Human Herpes Virus 6
CA-MRSA	Community-associated methicillin-resistant <i>S. aureus</i>	hrs / hr	Hours / Hour
CAP	Community-acquired pneumonia	HSCT	Hematopoietic stem cell
CAPD	Continuous Ambulatory Peritoneal Dialysis	HSV	Herpes simplex virus
CBC	Complete blood count	ICU	Intensive care unit
CBT	Cord blood test	ID	Infectious disease
CML	Chronic myelogenous leukaemia	IM	Intramuscular
CNS	Central nervous system	INH	Isoniazid
CoNS	Coagulase-negative staphylococci	IV	Intravenous
CRBSI	Catheter-related bloodstream infection	IVDU	Intravenous drug user
CrCl	Creatinine clearance	IVIG	Intravenous immunoglobulin
CRE	Carbapenem-resistant Enterobacteriaceae	K. pneumoniae	Klebsiella pneumonia
CSF	Cerebrospinal fluid	M. catarrhalis	Moraxella catarrhalis
СТ	Computed tomography	M. pneumoniae	Mycoplasma pneumoniae
CVP line	central venous pressure line	MDR	multi-drug-resistant
CXR	Chest X-ray	MDR-GNB	multi-drug-resistant Gram-negative bacilli
DRESS	Drug Reaction with Eosinophilia and systemic symptoms	MDRSP	multi-drug-resistant Streptococcus pneumoniae
DRSP	Drug-resistant S. pneumoniae	MDR-TB	Multi Drug Resistant -TB

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

MDS	Myelodysplastic syndrome	SBP	Systolic blood pressure
MIC	Minimum inhibitory concentration	SCD	Sickle Cell Disease
MRI	Magnetic resonance imaging	SJS	Steven Johnson Syndrome
MRSA	Methicillin-resistant <i>S. aureus</i>	Spp.	Species
MSSA	Methicillin-sensitive <i>S. aureus</i>	SS	Single strength
MTB	Mycobacterium Tuberculosis	Staph	Staphylococcus
N. farcinica	Nocardia farcinica	STIs	Sexual Transmitted Infections
NAAT	Nucleic Acid Amplification Test	Strept	Streptococcus
NG	Nasogastric	ТВ	Tuberculosis
NTD	Neglected Tropical diseases	TDM	Therapeutic drug monitoring
OD	Once daily	TEN	Toxic Epidermal Necrolysis
P. aeruginosa	Pseudomonas aeruginosa	TMP-SMX	Trimethoprim/sulfamethoxazole
PCR	Polymerase chain reaction	Tobra	Tobramycin
PD	Peritoneal dialysis	UTI	Urinary tract infection
Pen-G	Penicillin G	VISA	Vancomycin Intermediate Staphylococcus aureus
Pen-V	Penicillin V	VRE	Vancomycin-resistant Enterococci
РЈР	Pneumocystis jiroveci pneumonia	VRSA	Vancomycin Resistant Staphylococcus aureus
PO	Per OS (by mouth)	VZV	Varicella zoster virus
PPI	Proton Pump Inhibitor	WBC	White blood cell
q day	Once a day	β-lactam	beta-lactam
q1 hrs	Every hour		
q4 hrs	Every 4 hours		
q6 hrs	Every 6 hours		
q8 hrs	Every 8 hours		
q12 hrs	Every 12 hours		
q24 hrs	Every 24 hours		
R	Resistant		
R/0	Rule out		
RFT	Renal function test		
RR	Respiratory rate		
RT	Radiation therapy		
rt	Right		
Rx	Treatment		
S. aureus	Staphylococcus aureus		
S. bovis	Streptococcus bovis		
S. milleri	Streptococcus milleri		
S. pneumoniae	Streptococcus pneumoniae		
SBP	Spontaneous bacterial peritonitis		

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

National Antimicrobial Prescribing Guideline

1. Introduction:

The emergence of antimicrobial resistance is becoming a major public health issue. Infections caused by multi-drug-resistant organisms are associated with increased morbidity, increased length of hospital stay and increased mortality.

An effective strategy to limit the effect of multi-drug resistance must be multifaceted and must include the education of patients and physicians about appropriate drug, dose and duration, establishment of national antimicrobial guidelines, use of effective infection-control practices to prevent transmission from infected to uninfected patients, surveillance of antimicrobial resistance and antimicrobial use, and improved use of immunization.

The combat of antimicrobial resistance is one of the important priorities of the Ministry of Health in Oman. Establishing a national antimicrobial policy and guidelines is one facet of many measures that will be undertaken to improve the prudent use of antibiotics and reduce antimicrobial resistance in the country.

Principles:

This guidance is based on the best available evidence, however professional judgment based on the patient clinical presentation should be used. Patients should be involved or informed on the decision of initiation of antibiotics.

Antimicrobial prescriptions in all health care facilities in Oman are expected to be according to the following principles and care bundle (fig.1):

- 1. Treat infections and not colonization. Prescribe antibiotics when there is evidence of a bacterial infection and there is likely a clear clinical benefit. In severe infections initiate antibiotics as early as possible.
- 2. Specify the indications, dose, and duration in all the antibiotic prescription.
- 3. Always send appropriate microbiological investigations prior to antimicrobial therapy. Antimicrobial therapy should be reviewed in 24-48 hrs upon the availability of microbiological investigations. De-escalation of empirical therapy should be adjusted to target the causative organism based on their susceptibility testing. **Think AWaRE**
- 4. When deciding on the most appropriate antibiotic to prescribe, the following factors should be considered:
- -History of drug allergy and document the allergy type: minor (rash only) or major (anaphylaxis, angioedema).
- -Recent cultures (review previous culture e.g. if the patient grew or colonized with multiple –resistant organism)
- -Recent antibiotic therapy
- -Potential drug interactions.
- -Potential adverse effects.
- -Some antibiotics are considered unsafe in pregnancy or young children.
- -Dose adjustment may be required for renal or hepatic dysfunctions.
- 5. Consider removal of any foreign body/indwelling devices, drainage of pus or any surgical interventions to control the infection source.
- 6. For advice on appropriate investigations and management of infections, consult your local infection specialists (infectious disease physician, medical microbiologists and /or clinical pharmacist)
- 7. The Use of two agents with anaerobic activity to treat infections with potential anaerobic bacteria involvement:

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

- 7.1. Double anaerobic coverage is unnecessary and put the patient at risk of drug toxicity. No data or guidelines that support the use of double anaerobic coverage in clinical practice.
- 7.2. Example: the use of Piperacillin/tazobactam and metronidazole or Meropenem and metronidazole
- 7.3. Two clinical exceptions:
- Addition of metronidazole to another agent with anaerobic activity to treat Clostridium difficile
- -clindamycin added to another agent with anaerobic activity when treating necrotizing fasciitis
- 8. The Use of "double coverage "for Gram negative bacteria:
- 8.1. Double coverage of suspected Gram negative infections serves the purpose of providing broad spectrum initial empiric coverage until susceptibility data are known
- 8.2. No evidence exists to support the superiority of combination therapy over monotherapy for Gram negative infections once susceptibilities are known.
- 8.3. Once culture identification and susceptibilities have been reported, de-escalation to a single agent is strongly recommended.
- 9. Avoid routine prescription of intravenous forms of highly bioavailable antimicrobials agents for patients who can reliably take and absorb oral medications.

Antibiotics such as Fluoroquinolone, trimethoprim-sulfamethoxazole, clindamycin, linezolid, metronidazole, and fluconazole have excellent bioavailability and only rarely need to be administered intravenously. Use of oral forms will reduce the need for IV access and their associated complications.

10. When selecting antibiotics therapy think Which antibiotic to prescribe? Is it an **Access** or **Watch** or **Reserve** antibiotic? See below for definition

AWaRe Classification

The **AWaRe** classification, developed by the World Health Organization (WHO), organizes antibiotics into three categories to guide stewardship efforts and improve access to appropriate treatments while controlling resistance.

1. Access group:

- o Includes first-line antibiotics for the most common and serious infections.
- o These antibiotics should be widely available, affordable, and of good quality.
- o Examples: Amoxicillin, cefazolin.

2. Watch group:

- o Includes antibiotics with higher resistance potential.
- o Should be prescribed sparingly to avoid resistance.
- o Examples: Ciprofloxacin, ceftriaxone.

3. **Reserve group**:

- o Antibiotics of last resort for treatment of multi-drug-resistant infections.
- o Reserved for specific cases to preserve their efficacy.
- Examples: Colistin, linezolid.

In Oman, institutions should:

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

- use AWaRe to prioritize access and control measures for antibiotics.
- **Monitoring Prescriptions**: By categorizing antibiotics into these groups, AWaRe helps monitor and evaluate prescribing practices.
- **Promoting Rational Use**: Ensures that the most appropriate antibiotics are used for common infections and that high-risk antibiotics are preserved for critical situations.

The Aware classification has been integrated into the AlShifa laboratory information system and the pharmacy prescription page. This will facilitate to raise awareness among the HCW and also allow for better monitoring of prescriptions according to AwaRe classification.

Access, Watch and Reserve antibiotics in the 2023 WHO Model list of essential medicines

Access group		Watch group		Reserve group	
Amikacin	Clindamycin	Azithromycin	Levofloxacin	Cefiderocol	Plazomicin
Amoxicillin	Cloxacillin	Cefixime	Moxifloxacin	Ceftazidime/	Polymyxin B
Amoxicillin/	Flucloxacillin	Cefotaxime	Piperacillin/	avibactam	
Clavulanate	Doxycycline	Ceftazidime	Tazobactam	Colistin	
Ampicillin	Gentamicin	Ceftriaxone	Vancomycin	Fosfomycin	
Ampicillin/ Sulbactam	Metronidazole	Cefuroxime	Ertapenem	Linezolid	
Cefalexin	Nitrofurantoin	Cefepime	Streptomycin	Meropenem*	
Cefazolin	Penicillin	Ciprofloxacin		Meropenem/ Vaborbactam	
	Trimethoprim/	Clarithromycin			
	Sulfamethoxazole	Erythromycin			

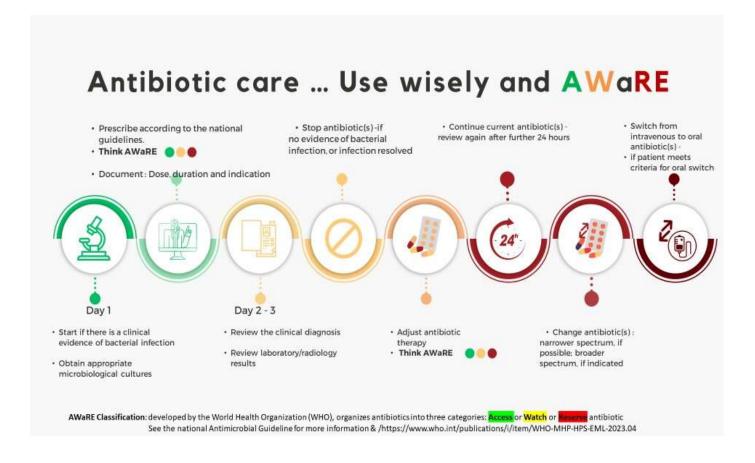


Fig.1 Antibiotic Care Bundel

4. Selected formulary antimicrobial and restriction status

GROUP I: Antibiotics for General use and Primary Health Care

This policy limits the general practitioner's (GP) choice of antibiotics to a few drugs only. With these drugs, he/she should be able to treat most community-acquired infections successfully. Some antibiotics in this group are restricted to Specialist in Family and community medicine (FAMCO) or other specialists (e.g. Dermatologist or ENT). However, some infections, such as pneumonia and otitis media caused by penicillin-resistant *Streptococcus pneumoniae* and *Moraxella catarrhalis* and ampicillin-resistant *Haemophilus influenzae* may not respond to treatment with any of the antibiotics available for the GP. Ideally, such infections are treated with ceftriaxone, co-amoxiclav or other β-lactamase-resistant drugs. However, in order to rationalize antibiotic usage, it is not possible, to avail such drugs for general use. Nevertheless, doctors in general practice must be aware of the possibilities of infections by resistant organisms. They should, therefore refer all patients with pneumonia and children suffering from acute otitis media to the nearest specialist FOR further evaluation and management.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

Antimicrobial	Comments
Benzylpenicillin (Penicillin G)	
Penicillin V	
Procaine Penicillin	
Benzathine Benzyl Penicillin	
Amoxicillin	
Amoxicillin-Clavulanate	Restricted
Cloxacillin	
Cephalexin	
Cefuroxime	Restricted
Erythromycin	
Azithromycin	Restricted
Clarithromycin	Restricted
Trimethoprim-	Restricted
Sulphamethoxazole	
Doxycycline	
Ciprofloxacin	Restricted
Nalidixic Acid	
Nitrofurantoin	
Metronidazole	
Acyclovir	Restricted
Valacyclovir	Restricted
Nystatin	

Ketoconazole	Restricted
Fluconazole	Restricted
Itraconazole	Restricted
Terbinafine	Restricted
Albendazole	

^{**}Restricted: this group are restricted to Specialist in Family and community

medicine or other specialists (e.g Dermatologist or ENT).

Group II

These Antimicrobials are to be used by consultants (Exceptions are prescribers in ICU, ER, OR heam-oncology wards) in emergency and according to the prescribing criteria for a period of not exceeding more than three days until microbiological investigations are through. All antimicrobials need review and approval after 72 hrs in consultation with the infectious diseases/Medical microbiologist or the antimicrobial stewardship team

OR

In accordance with antibiotic susceptibility results i.e., if the microorganism is sensitive only to the antibiotics in this group.

OR

By the recommendation of the infectious disease or the medical microbiologist or the antimicrobial stewardship team in view of the prevalent antibiotic susceptibility pattern in the hospital concerned

Restricted Antibiotics	Route	
Amikacin	IV	
Meropenem	IV	
Imipenem	IV	
Piperacillin/Tazobactam	IV	
Cefepime	IV	
Ceftazidime	IV	
Vancomycin	IV	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Ertapenem	IV
linezolid	IV & PO
Tigecycline	IV
Moxifloxacin	PO
Streptomycin	IV
Colistin	IV
Fosfomycin	PO
Daptomycin	IV
Lipid-based Amphotericin (AmBisome)	IV
Anidulafungin	IV
Voriconazole	IV & PO
Caspofungin	IV
Ceftazidime-avibactam	IV
Aztreonam	IV

^{**}Antibiotics not listed under group I or II should be prescribed or used for inpatients or outpatients with approval of a specialist and above, and in accordance to the prescribing indications outlined in this guideline.

^{***}Please refer to Oman National Formulary for Ministry of Health Institutions 2023/ fourth edition

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

5. PRESCRIBING CRITERIA FOR RESTRICTED ANTI-INFECTIVE AGENTS

Meropenem

- 1. Suspected or proven polymicrobial infection when combination therapy with other antibiotics or Piperacillintazobactam monotherapy is not desirable because:
- -The organism is documented or likely resistant to all alternatives, risk of toxicity with aminoglycosides or clinical failure.
- 2. Infection involving an organism documented or likely resistant to all alternatives.

Vancomycin

- 1. Serious infections due to beta-lactam resistant Gram-positive organisms.
- 2. Infections due to Gram-positive organisms in patients with serious allergy to beta-lactam antibiotics.
- 3. Empiric treatment pending susceptibility for Staphylococcus aureus identified from a sterile site when there is a strong suspicion of MRSA e.g. In hospitalized patients, patients with known MRSA colonization.
- 4-Surgical prophylaxis in patients with life threatening allergy to beta-lactam antibiotics.
- 5-Prophylaxis for endocarditis if patients with life threatening beta-lactam allergy.
- 6-Empiric treatment of febrile neutropenic patients with suspected gram-positive infections (e.g., inflamed IV site)
- 7-C. difficle associated colitis unresponsive to Metronidazole. (Oral Vancomycin).

Piperacillin-Tazobactam

- 1-Suspected or proven polymicrobial infection when combination therapy with other antibiotics is not desirable because: organisms are documented or likely to be resistant to narrower spectrum antibiotics or risk of toxicity with aminoglycosides
- 2- Empiric therapy of febrile neutropenia + aminoglycoside
- 3-Suspected or proven nosocomial pneumonia where the organisms are documented or likely resistant to more narrow spectrum antibiotics.

Moxifloxacin

Moxifloxacin is a Quinolone antibiotic. It has activity against gram-positive cocci except gram-negative cocci (except N. gonorrhoeae due to high prevalence of resistance), gram-negative bacilli (including ESBL organisms, *Legionella* sp.), *Chlamydophilia* and *M. pneumoniae*, and activity against anaerobes except C. difficle.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Indications:

- Mild to moderate CAP, including multi-drug resistant streptococcus pneumoniae
- (MDRSP).
- Acute bacterial exacerbation of chronic bronchitis.
- Acute bacterial sinusitis.
- Uncomplicated skin and skin structure infections.
- Intra-abdominal infections.
- Bacterial conjunctivitis.

Acceptable off label use:

• Treatment of infections caused by *Legionella spp*.

Unacceptable uses:

• Avoid in use in community acquired pneumonia if suspecting TB.

Linezolid

- Treatment of Vancomycin-Resistant Enterococcus faecium infections
- Proven GISA (Glycopeptide Intermediate Staphylococcus Aureus)

Infection

- One of the following infections that is Vancomycin-resistant or methicillin-resistant when Vancomycin (or another sensitive antimicrobial) is contraindicated, has failed or is not tolerated:
 - I. Nosocomial pneumonia
 - ii. Skin and skin structure infections including diabetic foot infections
 - iii. Community-acquired necrotizing pneumonia
- Oral switch from IV glycopeptide where oral rifampicin & trimethoprim is not appropriate
- Poor IV access and glycopeptide is indicated

Tigecycline

- 1. Complicated poly microbial intra-abdominal infections.
- 2. Complicated skin and soft tissue infections

If the patients cannot receive other combination or the organism is resistant to other first line treatment.

Special note: -Not active against *Pseudomonas aeruginosa*.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

<u>Colistin</u>-Treatment of multi-drug- resistant Gram-negative bacteria such as Acinetobacter baumannii, Pseudomonas aeruginosa and no other treatment options are available.

Ertapenem

Ertapenem is a carbapenem antibiotic. It has *in vitro* activity against many Gram-negative organisms including those that produce extended spectrum beta-lactamases (ESBL), but it does not have activity against *Pseudomonas spp. or Acinetobacter spp.* Its anaerobic and Gram-positive activity is similar to that of other carbapenems, except it does not have activity against *Enteroccocus spp.*

Indications:

- 1. Mild to moderate intraabdominal infections (biliary tract infections, diverticulitis, secondary peritonitis, /GI perforation).
- 2. Moderate diabetic foot infections without osteomyelitis
- 3. Moderate surgical site infections following contaminated procedures
- 4. Pelvic Inflammatory disease
- 5. Urinary tract infections due to ESBL producing organisms (not severe infections)

Ertapenem is not recommended for severe infections in which Pseudomonas spp. are suspected.

Daptomycin

Daptomycin is a lipopeptide antibiotic. It has activity against most strains of *Staphylococci & Streptococci* (including MRSA and VRE). It does NOT have activity against Gram negative organisms

Indications:

- **All cases need to be discussed and approved by the infectious diseases and/or antimicrobial stewardship team
- 1. Bacteremia or endocarditis due to MRSA OR coagulase-negative staphylococci in a patient with serious allergy to Vancomycin.
- 2. Bacteremia or endocarditis due to MRSA in a patient failing vancomycin therapy as defined by:
 - Clinical decompensation after 3-4 days
 - -Failure to clear blood culture after 7 days despite maintaining vancomycin level at 15-20 mcg/ml.
 - -Vancomycin MIC is 2mcg/ml
- 3. Treatment of VRE infections

Daptomycin is NOT indicated for:

- -Pneumonia as it is inactivated by the pulmonary surfactant
- -Initial therapy of Gram-positive infections
- -VRE colonization of the urine, drains, wounds or sputum.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Ceftaroline

- It is a fifth-generation cephalosporin.
- It is active against all staphylococci, including MSSA, MRSA, VISA, VRSA, MDR streptococcus pneumoniae, other streptococcus species, and Enterococcus faecalis.
- Gram-negative activity of Ceftaroline is limited mainly to Gram-negative respiratory tract pathogens, including b-lactamase-producing *Haemophilus influenzae*, *Moraxella catarrhalis*, *Neisseria gonorrhoeae* and Enterobacterales that do not produce ESBLs, inducible Amp-C b-lactamases or carbapenemases.
- It has been approved by the FDA for treatment of acute bacterial skin and skin structure infections and community-acquired pneumonia.
- Off- label uses are bloodstream infection, endovascular infection, bone and joint infections, and diabetic foot infection.

Note: it is not active against Enterococcus faecium, Pseudomonas aeruginosa, and Acinetobacter species.

Aztreonam

- It is the only monobactam antibiotic currently in clinical use.
- It is active against Enterobacteriaceae, including those producing metallo-beta-lactamase, as well as Pseudomonas aeruginosa, Neisseria species, and Haemophilus species.
- It has been approved by the FDA for treatment of bloodstream infection, urinary tract infections, lower respiratory tract infections, skin and skin-structure infections, intra-abdominal infections, and gynecologic Infections.
- Off-label uses of aztreonam are moderate to severe diabetic foot infection, intracranial abscess, meningitis, osteomyelitis, peritonitis.

Note: it is not active against Gram-positive bacteria or anaerobes.

Ceftazidime-avibactam

- It is a third-generation cephalosporin and beta lactamase inhibitor combination.
- It is active against Enterobacterales (including ESBL, Amp-C, OXA and KPC- producing strains) and P. aeruginosa.
- It has been approved by the FDA for the treatment of complicated intra-abdominal infections, used in combination with Metronidazole, complicated urinary tract infections, hospital-acquired pneumonia, and ventilator-associated pneumonia.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Note: it is not active against metallo-β-lactamases producing Enterobacteriaceae and anaerobes.

Fosfomycin

- It is a phosphonic acid derivative originally named phosphonomycin.
- It is available in both oral and intravenous forms, with each form serving distinct uses.
- It has a broad spectrum of antibacterial activity against most aerobic gram-positive and gram-negative bacteria usually isolated from patients with lower urinary tract infections including E. coli, Serratia species, *Klebsiella oxytoca* and *Klebsiella pneuomoniae*, Citrobacter species, Enterobacter species, Proteus species, S. aureus, S. saprophyticus, and Enterococcus species including VRE. It does not have activity against *Acinetobacter spp*.
- Oral form has been approved by the FDA for the treatment of acute uncomplicated cystitis.
- IV form has been approved by FDA for the treatment of bloodstream infection, bone and joint infection, endocarditis, intra-abdominal infection, meningitis, hospital-acquired or ventilator-associated pneumonia, skin and soft tissue infection, complicated urinary tract infection.

Indications:

- 1. Management of uncomplicated UTI in patients with history of antibiotic allergies and/or when no other oral therapy options are available.
- 2. Uncomplicated UTI due to VRE.
- 3. Salvage therapy of UTI due to multi drug resistant Gram-negative organism

***Susceptibility to Fosfomycin should be confirmed prior to initiation of therapy

Cefiderocol

- It is a novel siderophore cephalosporin.
- It is mainly active against gram-negative bacteria, particularly resistant strains such as carbapenem-producing Enterobacteriaceae including (KPC, NDM, VIM, IMP, and OXA-carbapenemases), Pseudomonas aeruginosa, Acinetobacter baumannii, and Stenotrophomonas maltophilia.
- It has been approved by FDA for the treatment of hospital-acquired and ventilator-associated pneumonia, and complicated urinary tract infection.

Paromomycin

- It is a wide-spectrum antibiotic belonging to the class of aminoglycosides.
- It is mainly effective against Leishmania, Entamoeba, and Cryptosporidium.
- It has been approved by FDA for the treatment of cutaneous leishmaniasis and intestinal amebiasis.
- Off-label uses of paromomycin are dientamoeba fragilis infection, refractory or resistant trichomoniasis, giardiasis, cryptosporidiosis-associated diarrhoea in patients with HIV

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Antifungals

Liposomal amphotericin B:

Indications:

- -Cryptococcal meningitis in HIV-infected patients: Treatment of cryptococcal meningitis in HIV-infected patients.
- **-Fungal infections, empiric therapy:** Empiric treatment in febrile neutropenic patients with presumed fungal infection.
- **-Fungal infections, systemic therapy:** Treatment of systemic infections caused by *Aspergillus* spp, *Candida* spp, and/or *Cryptococcus* spp in patient's refractory to conventional Amphotericin B deoxycholate therapy or when renal impairment or unacceptable toxicity precludes the use of the Deoxycholate formulation.
- -Leishmaniasis (visceral): Treatment of visceral leishmaniasis.

Note: Lipid-based Amphotericin formulations (AmBisome) may be confused with conventional formulations (Deoxycholate [Amphocin, Fungizone]) or with other lipid-based amphotericin formulations (Amphotericin B lipid complex [Abelcet], Amphotericin Lipid-based and conventional formulations are **not** interchangeable and have different dosing recommendations. Overdoses have occurred when conventional formulations were dispensed inadvertently for lipid-based products.

Usual (Adult) dosage range: IV: 3 to 6 mg/kg/day.

Note: Premedication: For patients who experience non-anaphylactic immediate infusion-related reactions, pre medicate with the following drugs 30 to 60 minutes prior to drug administration: A nonsteroidal anti-inflammatory agent ± Diphenhydramine; **or** Acetaminophen with Diphenhydramine; **or** Hydrocortisone.

Caspofungin:

Indications:

- -Treatment of invasive Aspergillus infections in patients who are refractory or intolerant of other therapies
- Treatment of candidemia and other *Candida* infections (intra-abdominal abscesses, peritonitis, pleural space)
- -empirical treatment for presumed fungal infections in febrile neutropenic patients

Voriconazole

Oral voriconazole is approximately 96% bio-available. For this reason, it is recommended that oral voriconazole be used whenever possible.

Indications for using voriconazole:

- Primary treatment of pulmonary Aspergillus
- Primary treatment of amphotericin B and fluconazole resistant fungal infections (including Fusarium spp. and *Scedosporium apiospermum* asexual form of *Pseudoallescheria boydii*)

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

- Treatment of invasive fungal infections in patients who are intolerant of, or refractory to, other antifungal therapy.

Posaconazole:

Restricted to ID consultant only.

Indications:

- Prophylaxis of invasive *Aspergillus* and *Candida* infections in patients who are at high risk of developing these infections due to being severely immunocompromised (e.g., hematopoietic stem cell transplant [HSCT] recipients with graft-versus-host disease [GVHD] or those with prolonged neutropenia secondary to chemotherapy for hematologic malignancies).

Off-Label indications:

- Treatment of invasive Aspergillosis (refractory to or intolerant of conventional therapy)
- Mucormycosis
- Refractory or relapsed invasive fungal infections (salvage therapy)

Intravenous (IV) to Oral (PO) Antibiotics Conversion

This describes the practice of converting intravenous antimicrobials therapy to an effective alternative oral formulation. Several clinical trials have been conducted that demonstrate the efficacy and safety of IV to PO antimicrobials conversion, and several studies have also addressed the economic impact of this conversion.

Cost savings are achieved through lowering direct acquisition costs, eliminating the need for ancillary supplies, reducing pharmacy and nursing time, and shortening the length of hospital stay. IV to oral antimicrobials conversion also benefits the patient by eliminating adverse events associated with IV therapy, increasing patient comfort and mobility and increasing the possibility of earlier discharge.

Conversion to oral therapy also reduces the risk of adverse effects associated with intravascular lines like catheterrelated blood stream infection (CRBSI) and thrombophlebitis.

Example of Antimicrobials That Can Be included in IV to PO Therapy Conversion and Bioavailability of Selected Antimicrobials Available in Both IV and PO Formulations- Refer to Table 1

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Bioavailability of Selected Antibiotics Available in Both IV and PO Formulations		
80% to 100%		
Ciprofloxacin		
Clindamycin		
Doxycycline		
Fluconazole		
Linezolid		
Metronidazole		
Moxifloxacin		
Trimethoprim-sulfamethoxazole		
Azithromycin (<50%: Although Azithromycin has a low bioavailability, it is well-distributed into tissues)		

Criteria used to determine Patients for IV to PO Therapy Conversion:

- 1. Intact and functioning gastrointestinal (GI) tract as evidenced by:
 - Patient is tolerating food, fluids or enteral feeds
 - Patient is receiving other oral medications
 - No nausea, emesis or diarrhea in the past 24 hrs

Criteria Indicating Absorption of Oral Medications May Be Compromised:

- Nil by mouth (NPO) status (and no medications are being administered orally)
- Nasogastric (NG) tube with continuous suction
- Severe/persistent nausea or vomiting
- Gastrointestinal transit time too short for absorption such as malabsorption syndromes, partial or total removal of the stomach, short bowel syndrome
- Active upper gastrointestinal bleeding
- High doses of vasopressor medications (typically in persistent hypotension despite high dose of vasopressor)
- Difficulty swallowing or loss of consciousness and no NG access available
- Documented ileus or gastrointestinal obstruction
- Continuous tube feedings that cannot be interrupted and patient requires a medication known to bind to enteral nutrition formulas
- 2. Improving clinical status
- -The patient should be clinically stable and deterioration should not be expected.
- -Should be afebrile or have had a maximum temperature of less than 38oC in the previous 24 hrs.
- -White blood cell (WBC) count should be trending downward. It is important to examine the patient's medication therapy for other medications that can cause an increase or sustained high WBC count such as steroids.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

- -It is also important to review the cultured pathogen (bacteria, fungus, etc.) and ensure that it is susceptible to the oral medication.
- 3. Does not meet any of the following **exclusion criteria**
 - Endocarditis
 - Central nervous system infections (e.g.; meningitis, brain abscess, etc.)
 - Orbital cellulitis
 - Osteomyelitis
 - Endophthalmitis
 - Melioidosis (at least 10 to 14 days of IV therapy)
 - Abscesses
 - Patients who are neutropenic are typically excluded from IV to PO therapy conversion.

Antimicrobials IV- PO conversion equivalent doses

Antimicrobials	Parenteral IV dose	PO equivalent dose	Comments
Azithromycin	500 mg IV daily	500 mg daily	With and without food for the tab Suspension: take 1hr before or 2 hrs after food
Cefuroxime	* 750 – 1500 mg IV q8hr	500 mg PO q12hr	
Ciprofloxacin *	400 MG IV q8hr 400 mg IV q12hr 400 mg IV q24hr	750 mg PO q12hr 500 mg PO q12 hr 500 mg PO q24 hr	Give 2 hrs before calcium, iron or dairy products ☐ Not for pts with continuous enteral feeding or jejunostomy
Moxifloxacin	400 mg IV daily	400 mg PO daily	tube ☐ stop tube feeding 2 hrs before and 2 hrs after administration**
Clindamycin	600 mg IV q8hr	300 mg PO q6hr Or 600 mg q8hr for severe skin infections With or without	With or without food
Doxycycline	100 mg IV q12hr	100 mg PO q12hr	Take 1 hour before or 2 hrs after meals
Linezolid	600 mg IV q12hr	600 mg PO q12hr	Avoid tyramine rich foods

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

Metronidazole *	500 mg IV q8 -12hr	500 mg PO q8 -12hr	
Fluconazole	IV dose daily	Same dose PO daily	* Not affected by food (1:1 conversion) (Patients with candidemia or Disseminated candidiasis, keep IV)

Note:

Performance Measures:

The compliance with this guide and policy will be monitored by specific activities such as audit and feedback. Antimicrobials Bundle of care audit tool:

1. Life-threatening conditions:

1.1Median time from first clinical contact to the first dose of antibiotics for patients with suspected bacterial meningitis or for patients with suspected sepsis

2. Use of antimicrobial guidelines and clinical conditions

2.1: proportion of antibiotic prescriptions that are in accordance with guidelines.

3. Documentation

3.1 Rate of documentation of clinical indications (Reason) for prescribing antibiotics.

4. Use of Broad-spectrum antibiotics

- 4.1 proportion of patient prescriptions of broad-spectrum antibiotics for which a medical review is documented within 72 hrs from first prescription.
- 4.2 Proportion of patient prescription of Access or Watch or Reserve antibiotic

5. Surgical prophylaxis:

- 5.1 Proportion of patients for whom surgical prophylactic antibiotics were prescribed in accordance with guideline
- 5.2 Proportion of patients who are administered indicated prophylactic antibiotics within 30-60 mins before surgical procedure.

^{*}Consider renal dosing for patients with renal impairment.

^{**} Patients with feeding tubes: tubes should be flushed with water both before and after Medication administration.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

5.3 Proportion of patients whose prophylactic antibiotics were discontinued within 24 hrs after surgery or 48 hrs after cardiac surgery.

6. Increase the proportion of the use of Access group antibiotics by 10-20% annually to achieve 70% by 2030

References:

- 1. Manual of Clinical Microbiology 11th edition.
- 2. Food and Drug Administration U.S. Food and Drug Administration.
- 3. UpToDate www.uptodate.com
- 4. Abate G, Wang G, Frisby J. Ceftaroline: Systematic Review of Clinical Uses and Emerging Drug Resistance. Ann Pharmacother. 2022 Dec;56(12):1339-1348. doi: 10.1177/10600280221082326. Epub 2022 Mar 18. PMID: 35300514.
- 5. Shirley M. Ceftazidime-Avibactam: A Review in the Treatment of Serious Gram-Negative Bacterial Infections. Drugs. 2018 Apr;78(6):675-692. doi: 10.1007/s40265-018-0902-x. PMID: 29671219.
- 6. The WHO AWaRe (Access, Watch, Reserve) antibiotic book,2022
- 7. Oman National Action Plan, 2025-2030
- 8. Oman Antimicrobial Stewardship Policy, 2025
- 9. The Sanford Guide To Antimicrobial Therapy 2023
- 10. Oman National Formulary 2021

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

TABLE 1: GUIDELINES FOR TREATMENT OF RESPIRATORY INFECTIONS IN ADULTS					
ANATOMIC	ETIOLOGIES	SUGGESTE	COMMENTS		
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE		
		RESPIRATORY	SYSTEM		
Acute bronchitis	Usually, viral M. pneumoniae 5%, C. pneumoniae 5% Bordetella pertussis	Supportive care No antibiotics are indi suspected or confirme exacerbation of COPD	d Pertussis, severe	If persistent cough > 2-3 weeks 1)Consider non infective causes 2)If persistent fever with abnormal vital signs, do chest x-ray (CXR), consider Pertussis and atypical bacterial PCR to rule out Mycoplasma/ C. Pneumoniae 3)Rule out M.TB infection	
Pertussis (10- 20 % of adults with cough > 14 days have Pertussis)	B. pertussis, B.parapertussis B.bronchiseptic a B.holmesii	Azithromycin 500 mg day 1 then 250 mg q24 hr days for 4 days	Erythromycin 500 mg q6hr x 7-14 days OR Clarithromycin 500 mg (q12hr) X 7 days OR TMP-SMX (1 DS tab q12hr for 14 days) is an alternative if macrolides resistance is expected	Prophylaxis of household or close contacts is indicated as per treatment regimens	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

Acute Bacterial Exacerbation of Chronic Bronchitis (ABECB) Role of antibiotics is debated. However recent evidence showed benefit in patients hospitalised with severe disease. Severe disease. Mild or moderate disease: Either no antimicrobial or may be: Amoxicillin 500 mg PO 3 times daily (q8hr) OR Cotrimoxazole 1 DS tab twice daily q12hr OR Cotrimoxazole 1 DS tab twice daily q12hr OR Cefuroxime 500 mg PO q12hr. Severe disease: -no risk of Pseudomonas Amoxicillin-clavulanate 875/125 OR Azithromycin (500mg PO Day 1 then 250 mg once daily for 4 days or
Acute Bacterial Exacerbation of Chronic Bronchitis (ABECB) Role of antibiotics is debated. However recent evidence showed benefit in patients hospitalised with severe disease. Mild or moderate disease: Either no antimicrobial or may be: Amoxicillin 500 mg PO 3 times daily (q8hr) OR Cotrimoxazole 1 DS tab twice daily q12hr OR Doxycycline100 mg q12hr, OR Cefuroxime 500 mg PO q12hr. Severe disease: -no risk of Pseudomonas Amoxicillin-clavulanate 875/125 OR Azithromycin (500mg PO Day 1 then 250 mg once daily for 4 days or
Exacerbation of Chronic Bronchitis (ABECB) C. pneumoniae, M. pneumoniae, M. pneumoniae, M. influenzae, S. pneumoniae, M. catarrhalis, Gram-negative enteric organisms Either no antimicrobial or may be: Amoxicillin 500 mg PO 3 times daily (q8hr) OR Cotrimoxazole 1 DS tab twice daily q12hr OR Doxycycline100 mg q12hr, OR Cefuroxime 500 mg PO q12hr. Severe disease: -no risk of Pseudomonas Amoxicillin-clavulanate 875/125 OR Azithromycin (500mg PO Day 1 then 250 mg once daily for 4 days or
The state of the

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

- Sever disease and chronic respiratory/chest colonisation with H. influenzae: physician use higher dose of:	ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
Bronchiectasis H. influenzae, P. aeruginosa, S. pneumoniae Non hospitalised: no previous antibiotics or cultures: Amoxicillin 500 mg q 8hr OR Clarithromycin 500 mg q12hr for 10-14 days or Doxycycline 100 mg q12hrHospitalised with positive previous cultures: modify accordingly, - Sever disease and chronic colonisation with H. influenzae: use higher dose of: Obtain sputum culture before initiation of treatment or use recent cultures to guide therapy Prevention: consult respiratory/chest physician			FIRST LINE		
P. aeruginosa, S. pneumoniae antibiotics or cultures: Amoxicillin 500 mg q 8hr OR Clarithromycin 500 mg q12hr for 10-14 days or Doxycycline 100 mg q12hrHospitalised with positive previous cultures: modify accordingly, - Sever disease and chronic colonisation with H. influenzae: use higher dose of: culture before initiation of treatment or use recent cultures to guide therapy Prevention: consult respiratory/chest physician	RESPIRATORY S	YSTEM			
clavulanate 875 mg q12hr OR Ciprofloxacin 750 mg q12hr OR Levofloxacin 750 q24hr Consider immunisation as appropriate		H. influenzae, P. aeruginosa,	antibiotics or cultures 500 mg q 8hr OR Cla mg q12hr for 10-14 d Doxycycline 100 mg -Hospitalised with po previous cultures: mo accordingly, - Sever disease and ch colonisation with H. i use higher dose of: Amoxicillin 1g q8hr or clavulanate 875 mg q OR Ciprofloxacin 750 mg	chronic dinfluenzae: OR Amoxicillin 2 q12hr 2 q12hr 2 q12hr 3 q12hr OR	culture before initiation of treatment or use recent cultures to guide therapy Prevention: consult respiratory/chest physician Consider immunisation as

Community-acquired pneumonia

For management guide and prognosis prediction use:

- Pneumonia Severity index (PSI) and /or
- -CURB65 criteria (C=confusion, U=urea >7.5 mmol/L, R=RR ≥30, B=SBP <90 or DBP ≤60, Age ≥65.) (ATS/IDSA guideline 2019 (Am J Respir Crit Care Med. 2019;200: e45)

NB: clinical judgement should be used for all patients.

- -Obtain appropriate cultures
- -Start empirical influenza treatment during flu season and look for S. aureus

CAP, Outpatient	Outpatient:	Previously healthy and no use of antimicrobials within
	S. pneumoniae,	the previous 3 months:
	M. pneumoniae,	Amoxicillin 1g q8hr
	H. influenzae,	OR
	C. pneumoniae,	Doxycycline 200 mg PO stat then 100 mg q12hr
	Respiratory	for 7 days.
	viruses	
		Presence of comorbidities such as chronic heart, lung,
		liver or renal disease; DM; alcoholism; malignancies;
		asplenia; immunosuppressing conditions or drugs; or
		use of antimicrobials within the previous 3 months (in
		which case an alternative from a different class should
		be selected):

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All He

TABLE 1: GUIDELINES FOR TREATMENT OF RESPIRATORY INFECTIONS IN ADULTS						
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS		
SITE/		FIRST LINE SECOND LINE				
DIAGNOSIS	ZOTOTO AT					
RESPIRATORY SY		*Combination thera	ns/•			
		Combination thera	py.			
		Amoxicillin/clavulana	ate 1g PO q12hr			
OR Cefuroxime 500 mg PO q12hr PLUS one of the following:						
		Doxycycline 100mg q12hr PO OR Azithromycin (500 MO day 1 then 250 mg once daily for 4 days or 500 mg once daily for three days) OR Clarithromycin 500 mg q12hr. Monotherapy Levofloxacin 500 mg PO once daily				
		Duration of Therapy is 5-7 days based on clinical response.				
CAP, In-patient	S. pneumoniae,	If no risk for MRSA		Send appropriate		
(non- ICU	M. pneumoniae, C. pneumoniae,	Amoxicillin 500 mg I intake is possible	o qoni ii orai	sputum and blood		
Non severe)	H. influenzae, Legionella spp.,	OR IV Ampicillin 1-2	2 g IV q6hr	cultures and urine for antigen detection of		
	Respiratory viruses	OR Amoxicillin-clav	ulanate 1.2 IV gm	S. pneumoniae		
		q12hr	C	& L. pneumophila		
		DI IIG W		(as available)		
	PLUS, IV Azithromycin OR Clarithromycin		arithromyoin	NY 1 1 1		
		Aziunomychi OK Ch	artinomycin	Nasopharyngeal swab for PCR detection of		
		If Allergic to Penicill	respiratory viruses			
	(COVID-19, influenza,					
		Duration: 5-7 days baresponse	sed on clinical	RSV and perhaps others		
Consider antiviral therapy according to the season and epidemiology.						

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

ANATOMIC	ETIOLOGIES	SUGGESTEI	REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
RESPIRATORY S	YSTEM		·	
CAP, In-patient (Severe/ ICU):	S. pneumoniae, S. aureus, Legionella spp., Gram-negative bacilli H. influenzae	- Ceftriaxone 1-2 g Ceither Macrolide OR fluoroquinolone. - OR Cefotaxime 1-2 either Macrolide OR Fluoroquinolone (for Penicillin allergrespiratory Fluoroquinecommended).	2 g q8hr PLUS 2 a respiratory ic patients, a	Send appropriate investigations as above
Aspiration pneumonia +/-lung abscess	Anaerobes 34%, Gram-positive cocci 26%, S. milleri 16%, K. pneumoniae 25%, Nocardia spp.3%	Special concerns -If Pseudomonas is a risk factors as above Use Piperacillin-tazo 8hr OR Cefepime 2 Levofloxacin (750 m-If community-associates as a sureus (Consideration, add Valinezolid Amoxicillin-clavulanate 1.2 IV gm q12hr OR Clindamycin 600 mg IV q8h Oral options Amoxicillin-clavulanate 1gm 12hr OR PO Clindamycin 300-450 mg PO q8hr OR Levofloxacin (750 PO mg once daily)	bbactam 4.5 gm IV q gm q 8hr PLUS ng PO once daily) ciated Methicillin- CA-MRSA) is a	Consult ID/Microbiology Duration of therapy Optimal duration is unknown if no lung abscess or empyema 7-10 is recommended Lung abscess: 4-6 weeks guided by clinical, radiological resolution and adequacy of drainage

TABLE 1: GUIDELINES FOR TREATMENT OF RESPIRATORY INFECTIONS IN ADULTS					
ANATOMIC	ETIOLOGIES	SUGGESTEI	REGIMENS	COMMENTS	
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE		
RESPIRATORY SY	STEM				
Hospital acquired pneumonia or Ventilator associated pneumonia	As above PLUS multi-drug resistant MDR	Piperacillin- tazobactam 4.5 gm IV q8hr	Meropenem 1gm IV q8hr OR Levofloxacin 750 mg IV/PO once daily.	Add Vancomycin or Linezolid if risk of MRSA Therapy should be guided by cultures Consult ID/Microbiology	
Empyema	S. pneumoniae. Group A Strept. S. aureus, H. influenzae, Coliforms, anaerobes	Clindamycin 600 mg IV q8hr PLUS Ceftriaxone 1gm IV q24h OR Cefepime IV 2gm q6hr	Ceftriaxone 1gm IVq24h PLUS Metronidazole (500 mg IV q6h or 1 g IV q12h) OR Piperacillin- tazobactam 4.5 gm IV q8hr	Diagnostic thoracentesis and chest tube for drainage Add Vancomycin or Linezolid if MRSA is suspected	
Pneumonia with fever, night sweats and weight loss	To rule out pulmonary TB	Refer to national TB guidelines			
Cystic fibrosis, pulmonary exacerbation	S. aureus and H. influenzae early in disease P. aeruginosa later in disease B. cepacia Non-tuberculous mycobacteria is emerging important pathogen	-Tobramycin 5-7 mg/kg IV q 24 hr + Piperacillin/ tazobactam 4.5 gm IV q 8hrfor Methicillin- sensitive <i>S. aureus</i> (MSSA) use Cloxacillin 1-2 gm IV q6hrFor MRSA use Vancomycin 15-20 mg/kg IV q8-12 hrFor B. cepacia: TMP-SMX 10mg/kg day of TMP component in 2-3 devided doses.	Tobramycin 5-7 mg/kg IV q 24 hr + Ceftazidime 2gm IV q8hr If P. aeruginosa resistant, then Ciprofloxacin OR Levofloxacin can be used if P. aeruginosa is susceptible.	Obtain cultures Consult ID/Chest Physician to streamline therapy. Ensure appropriate immunization is given	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

References:

- 1. Mandell LA, Wunderink RG, Anzueto A, Bartlett JG, Campbell GD, Dean NC, et al. IDSA/ATS guidelines for CAP in adults. CID 2007;44(Suppl 2): S27–S72.
- 2. Rothberg MB, Pekow PS, Lahti M, Brody O, Skiest DJ, Lindenauer PK. Antibiotic therapy and treatment failure in patients hospitalized for acute exacerbations of chronic obstructive pulmonary disease. JAMA 2010;303(20):2035–42.
- 3.ATS/IDSA guideline 2019 (Am J Respir Crit Care Med. 2019;200: e45
- 4. The Sanford Guide to Antimicrobial Therapy 2024 (54th edition)
- 5. Pneumonia (community-acquired): antimicrobial prescribing
- 6.NICE guideline [NG138] 2024
- 7.The American Association for Thoracic Surgery consensus guidelines for the management of empyema The Journal of Thoracic and Cardiovascular Surgery c Volume 153,2017

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 2: GUIDELINES FOR TREATMENT OF EAR, NOSE AND THROAT INFECTIONS

The microbial flora of the external canal is similar to the flora of skin elsewhere. There is predominance of *S. epidermidis, S. Aureus, Corynebacterium spp.*, and, to a lesser extent, anaerobic bacteria such as *P. acnes*. Pathogens responsible for infection of the middle ear (*S. pneumoniae*, *H. influenzae*, or *M. catarrhalis*) are uncommonly found in cultures of the external auditory canal when the tympanic membrane is intact).

ANATOMIC SITE/	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS
DIAGNOSIS		FIRST LINE	SECOND LINE	
Acute Otitis externa	S. aureus, P. aeruginosa	Ear drops: 1) Ciprofloxacin - or Hydrocortisone OR 2) Ofloxacin q24		
Chronic Otitis Externa	Usually due to seborrhoea	Ear drops Polymyxin B+ neomycin+ Hydrocortisone q12hr) + selenium sulphide shampoo		Ear drops may be started at primary health care. If no improvement with ear drops (pain) then refer the patient to ENT. Usually: cleaning and suctioning will be done by an ENT doctor. In addition: if this drop is available as cream or ointment then application will be done by ENT every 5-7 days
Otitis Externa Fungal	Candida spp.	Clotrimazole ear drops q12hr for 10–14 days then reassess	Fluconazole 200 mg PO one dose & then 100 mg PO once daily for 3–5 days	Oral therapy is given in refractory cases were no response to topical antifungals

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

TABLE 2: GUIDELINES FOR TREATMENT OF EAR, NOSE AND THROAT INFECTIONS						
ANATOMIC	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS		
SITE / DIAGNOSIS		FIRST LINE	SECOND LINE			
Malignant (necrotizing) Risk groups: Diabetes mellitus, AIDS, chemotherapy. Requires multidisciplinary approach	P.aeruginosa >95% S. aureus Others: Aspergillus species	Immunocompet ent: Ciprofloxacin 750 mg PO q8– 12 hr Immunocompro mised: Ciprofloxacin 400 mg IV q8hr x 2 weeks. PLUS Ceftazidime 2gm IV q8hr OR Piperacillintazobactam 4.5gm IV q6 hr	Piperacillintazobactam 4.5 g IV q6hr OR Meropenem 1gm IV q8hr OR any other antipseudomonal B-lactam ± aminoglycoside	Consult an ENT specialist for staging and surgical intervention.ID consult R/O osteomyelitis by computed tomography (CT) or MRI scans. If bone is involved, then treat for 6–8 weeks. Control of Diabetes/ comorbidity Local aural wick + Dexamethasone drops Local debridement if needed Hyperbaric Oxygen Therapy in selected cases with no improvement /HbA1C>10. In all stages the Rx to be reviewed at the end of Rx- To be extended/modified if disease is progressive or residual symptoms or activity still suspected on ESR/CRP/Gallium Scan or PET scan On Discharge: Oral Ciprofloxacin 750 mg q12hr x 3-4 weeks to complete 8 weeks total duration based on response.		

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

TABLE 2: GUIDELINES FOR TREATMENT OF EAR, NOSE AND THROAT INFECTIONS					
ANATOMIC	ETIOLOGIES	SUGGESTE	ED REGIMENS	COMMENTS	
SITE /		FIRST LINE	SECOND LINE		
DIAGNOSIS					
Acute Otitis	Commonly caused	Mild to moderate	Cefuroxime 500 mg	Duration of treatment:	
Media	by viral infection	disease:	q12hr	<2 years: 10 days	
	(70%)	Amoxicillin PO	OR	>2 years: 5–7 days	
	Bacterial:	500 mg q12hr, OR	Clarithromycin 500	Antibiotics to be	
	S. pneumoniae	250 mg q8hr	mg q12hr x 10 days	modified by	
	H. influenzae ,			availability of cultures	
	M. Cattarhalis,			and susceptibility	
	rarely S. aureus,	Severe disease:	If no response within		
	S. pyogenes	Amoxicillin-	48-72 hrs:	Consult ENT	
		clavulanate	Ceftriaxone 1-2 gm		
		875/125 mg every	IV once daily		
		12 hrs	All doses are adult		
			doses		
		All doses are adult			
		doses			
Acute	First episode:	Ceftriaxone 2 gm	Levofloxacin 750 mg	CT or MRI for	
mastoiditis	S. pneumoniae,	IV once daily	IV once daily	diagnosis.	
-Require in-	H. influenzae, M.		-if secondary to	ENT consultation for	
patient therapy	catarrhalis		COM: Surgical	surgical intervention	
-Obtain cultures,	Secondary to		debridement then	and management of	
then empiric	chronic otitis		[Vancomycin 15-20	complications	
therapy.	media (COM):		mg/kg IV q8hr PLUS	Duration: IV 7-10 days	
	S. aureus, P.		Piperacillin-	then shift to oral	
	aeruginosa,		tazobactam 4.5 gm IV	options to complete a	
	S. pneumoniae		q6hr]	4-weeks course (could	
			OR [Vancomycin 15-	be longer in case of	
			20 mg/kg IV q8hr +	severe/complicated	
			Ceftazidime 2gm IV	disease)	
			q8hr PLUS		
			Metronidazole 750		
			mg IV q8hr		
Chronic	Often	ENT consultation. O	Obtain cultures, treat for	Diagnosis: CT or MRI	
mastoiditis	polymicrobial	acute exacerbations			
	(Gram-positive,		- • •		
	Enterobacterales				
	and Pseudomonas)				
	Anaerobes				

TABLE 2: GUIDI	ELINES FOR TREA	INFECTIONS		
ANATOMIC	ETIOLOGIES	SUGGESTI	ED REGIMENS	COMMENTS
SITE / DIAGNOSIS		FIRST LINE	SECOND LINE	
Idiopathic facial nerve palsy VII (cranial nerve) Bell's palsy	Herpes simplex virus (type1 & 2) most common Other: Varicella zoster (VZV), HHV-6, Lyme disease	of palsy with Pred Dosage: 1 mg/ twice-daily do Tapering: Gra- to 5 mg twice following 5 da duration: 10 da PLUS Any one of the fol Acyclovir 160 (divided q4hr) Valacyclovir 1 (divided q12hr)	kg orally, divided into ses for 5 days. dually reduce the dose daily over the sys (total treatment ays).	It is crucial to exclude other causes of Bell's palsy like Lyme disease in endemic

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 2: GUIDELINES FOR TREATMENT OF EAR, NOSE AND THROAT INFECTIONS

Acute Sinusitis: It is generally not possible to distinguish acute viral from bacterial rhinosinusitis in the first 10 days, based on history, examination or radiologic study. Since acute viral rhinosinusitis is expected to resolve within 10 days, and acute bacterial rhinosinusitis may also resolve spontaneously within the first 10 days, patients who present with fewer than 10 days of symptoms in general should be managed with supportive care. Exceptions would be patients who experience clinical worsening after initial improvement, patients with severe symptoms and clearly worsening clinical course, and immunocompromised patients.

ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE / DIAGNOSIS		FIRST LINE	SECOND LINE	
Acute Sinusitis	S. pneumoniae, H. influenzae, M. catarrhalis, S. aureus, Viral Anaerobes: S. pyogenes	Amoxicillin 500 mg PO q8 hr.	Amoxicillin- clavulanate (extended release) 1000/62.5 mg PO q12hr OR Amoxicillin- clavulanate 875/125 mg PO q12hr OR Doxycycline 100 mg PO q12 hr	Penicillin allergy: Alternative first line therapy, narrow spectrum antibiotics include: Trimethoprimsulfamethoxazole OR Erythromycin OR Azithromycin OR Levofloxacin. Duration:5-7 days

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 2: GUIDELINES FOR TREATMENT OF EAR, NOSE AND THROAT INFECTIONS

Chronic sinusitis: there is limited evidence that antibiotics, as a single therapy, are beneficial in the treatment of chronic sinusitis. Instead, a comprehensive approach to medical management, which includes antimicrobials combined with topical or systemic glucocorticoids, and sometimes other agents, is now encouraged.

ANATOMIC	ETIOLOGIES	SUGGESTED I	COMMENTS	
SITE/		FIRST LINE	SECOND LINE	
DIAGNOSIS				
Chronic sinusitis	Anaerobes:	If antibiotics needed:	Cefuroxime 500	ENT consultation
Allergic	Prevotella spp.,	Immunocompetent:		Treatment should
Anergic	Streptococcus spp.,	Amoxicillin-	mg PO q12hr	be continued for
Infective	Fusobacterium spp.	clavulanate 875	PLUS	at 7-10 days
	Aerobes:	mg/125 mg PO q12hr	TEOS	guided by the
Dental	Streptococcus spp.	immunocompromised	Clindamycin 300	clinical response
Idiopathic	Sirepiococcus spp.	with concern of <i>P</i> .	mg PO q12hr	cimical response
таториите	S. aureus,	aeruginosa:		
		ueruginosu.	OR	
	M. catarrhalis	Levofloxacin 750 mg	N	
	H. influenzae,	PO q24hr +	Metronidazole 500	
	P. aeruginosa,	Metronidazole 500mg	mg PO q8hr	
	Enterobacterales:	PO q8hr		
Pharyngitis /	Commonly viral	Penicillin V 500 mg	Clindamycin 300–	If Penicillin
tonsillitis	EBV (Infectious	PO q12hr or 250 mg	450 mg PO q6–	allergic:
	mononucleosis)	PO q6hr x 10 days	8hr x 5days OR	Clindamycin
			Erythromycin 500	-
Avoid antibiotics as	Streptococcus spp.	OR	mg PO q6hr	OR
90% resolve in 7	(group A, C, G)			Erythromycin
days without	Other causes:	Amoxicillin 500 mg	Duration of	Liyunomyem
antibiotics	Primary HIV	PO q8hr x 10 days	therapy: 10 days	
untiblotics	C. diphtheria,	If compliance is	OR Cefuroxime	
	C. arprinieria,	unlikely give	250 mg PO q12hr	
	A. hemolyticum,	Benzathine penicillin		
		(IM) x 1.2 million unit	Duration of	
	M. pneumoniae,	once only	therapy: 5 days	
	F. Necrophorum			
	(rare)			
	,			

ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
Peritonsillar abscess Epiglottitis (Supraglottis) Risk of lifethreatening airway obstruction Fungal Sinusitis	_	Surgical drainage PLUS Metronidazole 500 mg IV/PO q6-8hr PLUS Ceftriaxone 2 gm IV q24hr Ceftriaxone 2 gm IV q24hr PLUS Vancomycin 15-20 mg/kg q8-12hr cur in immunocomprodutropenia; deferoxamine	Piperacillin- tazobactam 3.375 gm IV q6hr Penicillin allergic: Clindamycin 600- 900 mg IV q6-8 hr Levofloxacin 750 mg IV q24hr PLUS Clindamycin 600- 900 mg IV q6-8hr mised patients: Diaboratic places and patients are proportionally proportio	
Rhino-orbital-cerebral mucormycosis	cutaneous, renal, CNS Surgical intervention	e: Rhino-orbital-cerebra s, or disseminated disease in the mainstay of tree Oxygen Therapy (HBO) Liposomal Amphotericin B 5- 10 mg/kg IV q24hr Step down: Posaconazole (Delayed Release) tablet 300mg PO q12hr x 2 doses then 300 mg q24hr OR suspension 200 mg q6hr then 400 mg PO q12hr	se. eatment in addition t	o the antifungals.

TABLE 3: GUIDELINES FOR TREATMENT OF EYE INFECTION					
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS	
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE		
External hordeolum	Staphylococcus aureus	Frequent hot compresses Topical antibiotic drops 3-4 times and antibiotic eye ointment at night	Referred to an ophthalmologist for incision and drainage if there is abscess	Frequent follow up in children, as they can develop quickly into cellulitis If there is concurrent preseptal cellulitis, oral antibiotics with Staphylococcal coverage are appropriate	
Chalazion	Non-infective	Frequent hot compresses Topical antibiotic /Corticosteroid Ointment combination (may benefit)	Refer to an ophthalmologist for incision and curettage or direct Glucocorticoid injection		
Blepharitis	Aetiology unclear. Factors include Staphylococcus, seborrhoea, rosacea & dry eye.	Lid margin care with baby shampoo & warm compresses q24hr. Artificial tears if dry eye.	Erythromycin ointment. Tetracycline ointment. Fucithalmic eye drops for 5–7 days	If associated in chronic or refractory cases or rosacea, add Doxycycline 100 mg PO q12hr for 2 weeks. Consult ophthalmologist	
Acute bacterial conjunctivitis	S. epidermidis, S. aureus, S. pneumoniae, H. influenzae.	Ofloxacin/ Moxifloxacin eye drops q4 hrs Tetracycline ointment at night	Gentamicin ointment for 5–7 days	Eye washes with warm water (saline). Add systemic antibiotics. If extraocular involvement, refer to ophthalmologist	

TABLE 3: GUIDEL	TABLE 3: GUIDELINES FOR TREATMENT OF EYE INFECTION				
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS	
SITE / DIAGNOSIS		FIRST LINE	SECOND LINE		
Viral conjunctivitis (pink eye)	Adenovirus	No treatment. If sympto tears may help. If membrane or pseudo add mild steroid		Highly contagious. Onset of ocular pain and photophobia in an adult suggests associated keratitis	
Viral keratoconjunctivitis	Herpes simplex virus (HSV), types 1 & 2	Trifluridine 1% ophthalmic solution, one drop q2h up to 9 drops/day until reepithelialized, then 1 drop q4hr up to 5 x days not to exceed 21 days	-Acyclovir ointment (30 mg) Five times a day at approximately 4 hourly intervals. Treatment should be continued for 14 days or for 3 days after healing of corneal lesions. OR Ganciclovir 0.15% gel 5 times a day for 14 days	Consult ophthalmologist Oral antiviral agents can also be effective. Topical Antibiotics to prevent infection can be considered. Alternate mild steroid & Artificial tears can be added	
Varicella zoster ophthalmicus	VZV	Valacyclovir 1 g PO q8h for 10 days	Acyclovir 800 mg PO 5 per day for 10 days	Consult ophthalmologist	
Inclusion Chlamydial conjunctivitis	C. trachomatis	Azithromycin 1g once	Doxycycline 100 mg PO q 12 hr for 7 days	Consult ophthalmologist	
Gonococcal conjunctivitis	N. gonorrhoeae	Ceftriaxone 1 gm IM/IV one dose PLUS, Azithromycin 1 gm PO once to cover for presumptive Chlamydial co- infection.			

TABLE 3: GUIDE	ELINES FOR TREAT	TMENT OF EYE INFE	CTION	
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
Trachoma	C. trachomatis	Azithromycin 1 gm PO single dose	Doxycycline 100 mg PO q12hr for 21 days. OR Tetracycline 250 mg PO q6hr for 14 days	Topical therapy is of marginal benefit
Fungal keratitis	Aspergillus spp., fusarium spp., Candida spp. and others	Natamycin 1 drop every 1–2 hrs for 3-4 days, then q3–4hr for 14-21 days depending on response OR -Voriconazole 1% eye solution hourly taper to 4 hourly for 2- weeks based on resolution.	Amphotericin B 1 drop every 1–2 hrs tapered based on clinical response.	Consult ophthalmologist, obtain appropriate cultures, practice good hygiene and cleaning
Bacterial keratitis	S. aureus, S. pneumoniae, S. pyogenes, Haemophilus Pseudomonas aeruginosa (contact lens wearer)	-Moxifloxacin ophthalmic 0.5% 1 drop q1hr for the first 48 hrs and then taper according to response. - Ciprofloxacin 0.3% ophthalmic drops	Fortified Gentamicin / Cefuroxime OR Vancomycin eye drops hourly with tapering according to clinical response	Consult Ophthalmologist, obtain appropriate cultures, practice good hygiene and cleaning Contact lens culture in CL induced ulcers
Orbital cellulitis	S. pneumoniae, H. influenzae, M. catarrhalis, S. aureus, anaerobes, group A Strept., occasionally Gram-negative organisms.	Ceftriaxone 2 g IV q 24hr PLUS Metronidazole 500 mg IV q6–8hr Topical Erythromycin eye ointment.	If allergic to penicillin: Levofloxacin 750 mg IV q 24hr and Metronidazole 500 mg IV q6–8hr if MRSA: Vancomycin 15-20 mg/kg IV q8-12hr OR Linezolid 600 mg IV q12hrs	Image orbit (CT or MRI). Risk of cavernous sinus thrombosis. Need inpatient treatment in hospital under care of Ophthalmologist

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

TABLE 3: GUIDELINES FOR TREATMENT OF EYE INFECTION				
ANATOMIC	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
Necrotizing herpetic retinopathy (ARN/PORN)	Varicella zoster virus, HSV type 2	Acyclovir IV 10– 12 mg/kg q8hr for 1–2 weeks till lesions are improving then Valacyclovir 1000 mg PO q8hr OR Acyclovir 800 Mg PO q8hr Ganciclovir/ Valganciclovir	Intravitreal Ganciclovir OR Intravitreal Foscarnet Adding corticosteroids for selected patients may be considered	Consult ophthalmologist and infectious disease physician It is import-ant to note that intravitreal Foscarnet or Ganciclovir should always be admin-istered in association with systemic antiviral agents.
Postoperative endophthalmitis	Intravitreal Vancomycin 1 mg/0.1 ml PLUS Ceftazidime 2 mg/0.1 ml OR Amikacin 0.4 mg/0.1 ml Then topical third or fourth generation of Fluoroquinolones PLUS Oral Ciprofloxacin 750 mg q12hrs			Emergency / Immediate ophthalmic consultation The use of systemic antibiotics in the setting of exogenous endophthalmitis is controversial as most of the drugs given have poor intraocular penetration.
Traumatic endophthalmitis	-Intravitreal Ceftazidime 2 mg/0.1 ml OR Amikacin 0.4 mg/0.1 ml PLUS Vancomycin 1 mg/0.1 ml OR Clindamycin 1 mg/0.1 may be repeated every 48–72 hrs PLUS -Topical fortified Tobramycin q1h with fortified Cefazolin OR fortified Vancomycin. Plus -Systemic antibiotic Ciprofloxacin 400 mg IV q12hr and Clindamycin 600 mg IV q8hr.			Emergency / Immediate Ophthalmology consultation

TABLE 3: GUID	TABLE 3: GUIDELINES FOR TREATMENT OF EYE INFECTION				
ANATOMIC	ETIOLOGIES	SUGGESTEI	D REGIMENS	COMMENTS	
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE		
Endogenous Bacterial Endophthalmitis	B. cereus (especially in IV drug abuse), Streptococci spp. N. meningitidis S. aureus H. influenzae	Intravitreal Amikacin 0.4 mg/0.1 ml OR Ceftriaxone 2 mg/0.1 ml PLUS Vancomycin 1 mg/0.1 ml OR Clindamycin 1 mg/0.1 ml	Systemic antibiotic is recommended and should be given at least for 2 weeks depending on blood culture	Emergency / Immediate Ophthalmology consultation	
Fungal endophthalmitis	Candida sp., Aspergillus sp.	Intravitreal Amphotericin B 5 µg OR Voriconazole 100 µg PLUS Systemic Fluconazole 800 mg load PO/IV q24hr. OR Voriconazole 400 mg q 200 mg PO/IV q 12hr		-Urgent ophthalmology consults -patients with candida endophthalmitis will benefit from systemic antifungals. Echinocandins are NOT recommended for the treatment of ocular candida infection.	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 4: GUIDELINES FOR TREATMENT OF INFECTIVE ENDOCARDITIS AND RELATED INFECTIONS

ANATOMIC		GLICGEGE	DECIMENG	COMMENTE
ANATOMIC	ETIOLOGIES		D REGIMENS	COMMENTS
SITE / DIAGNOSIS		FIRST LINE	SECOND LINE	
Infective endocarditis: native valve -Empirical therapy awaiting cultures-No IV illicit drugs, valvular or congenital heart disease but no modifying circumstances	Viridans streptococci 30–40%, Other Strep. 15–25%, Enterococci 5–18%, staphylococci 20–35% including CoNS	Ceftriaxone 2 gm IV once daily PLUS Vancomycin 15-20 mg /kg q8-12 hr to achieve trough level of 15–20 mcg/ml	Gentamicin 1 mg/kg IV q8hr PLUS Vancomycin 15- 20 mg/kg IV q12hr, not to exceed 2g q24hr unless serum level monitored. Aim for Vancomycin target trough level 15–20 mcg/ml Consider Daptomycin if allergic to Vancomycin	Consult ID If the patient is not acutely ill and not in heart failure, we recommend waiting for blood culture results. If initial 3 sets of blood cultures are negative after 24–48 hrs, obtain 2–3 more blood cultures before empiric therapy started.
Infective endocarditis: Native valve -Empirical therapy IV illicit drug use +/- evidence right-sided endocarditis. After collecting blood culture, empiracl treatment should be individualized based on clinical stability.	S. aureus :70% (MSSA & MRSA)	Vancomycin 15-20 mg /kg q8-12 hr to achieve trough level of 15–20 mcg/ml - Add Gentamicin 3 mg/kg q 24 hr for Gram negative coverage if needed	Daptomycin 10 mg/kg IV q24hr, approved for right-sided endocarditis Daptomycin should be Combined with a Beta Lactams antibiotic or Fosfomycin or Rifampicin.	Consult ID

TABLE 4: GUIDELINES FOR TREATMENT OF INFECTIVE ENDOCARDITIS AND RELATED
INFECTIONS

INFECTIONS	I			
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE / DIAGNOSIS		FIRST LINE	SECOND LINE	
Infective endocarditis: Native valve- culture positive viridians streptococci, S. gallolyticus (S. bovis) with Penicillin G MIC <0.12 mcg/ml	Viridans streptococci, S. gallolyticus (S. bovis)	Penicillin G12–18 million units/day IV divided q4hr for 4 weeks; OR Ceftriaxone 2g IV q24hr for 4 weeks. OR Ampicillin 2 gm IV q 4 hr is a reasonable alternative to penicillin if a penicillin shortage exists.	Penicillin G 12–18 million units/day IV divided q4hr for 2 weeks PLUS Gentamicin 1 mg/kg q8hr IV for 2 weeks OR Ceftriaxone 2g IV q24hr PLUS Gentamicin IV 1 mg/kg q8hr IV for 2 weeks	Consult ID Always ensure that MICs are provided by the microbiology lab. Target Gentamycin levels peak 3-4 mcg/ml, trough gent level <1 mcg/ml). If serious allergy to penicillin or Cephalosporin: use Vancomycin 15 mg/kg IV q12hr to 2 g/day max unless serum levels measured x 4 weeks
Infective endocarditis-Native valve-culture positive viridians streptococci, S. gallolyticus (S. bovis) with Penicillin G MIC >0.12 to <0.5 mcg/ml	Viridans streptococci, S. gallolyticus (S. bovis)	Penicillin G 24 million units/day IV divided q4hr for 4 weeks) PLUS (Gentamicin 1 mg/kg IV q8hr for 2 weeks) Note: low dose of Gentamicin OR Ampicillin 2g IV every 4 hr PLUS (Gentamicin 1 mg/kg IV q8hr for 2 weeks)	If susceptible to Ceftriaxone: Ceftriaxone 2gm IV q24hr for 4 weeks	Consult ID Vancomycin therapy is reasonable only for patients unable to tolerate penicillin or ceftriaxone therapy. Vancomycin 30 mg/kg IV q12hr (maximum 3g/day) unless serum levels measured for 4 weeks
For Viridans streptococci, S. gallolyticus (S. bovis) with Penicillin G MIC >0.5 and	Viridans streptococci, S. gallolyticus (S. bovis), nutritionally variant streptococci	Penicillin G 24 million units/24hr IV, divided q4hr for 4 weeks PLUS Gentamicin 1 mg/kg IV q8hr for 2 weeks OR Ampicillin 12 gm/day IV, divided q4hr for 4 weeks PLUS Gentamicin (dose as above) for 2 weeks	Vancomycin 15-20 mg/kg IV q12hr for 4 weeks	Consult ID Vancomycin for Penicillin OR Cephalosporin allergic patients.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 4: GUIDELINES FOR TREATMENT OF INFECTIVE ENDOCARDITIS AND RELATED INFECTIONS

ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE / DIAGNOSIS		FIRST LINE	SECOND LINE	
Enterococci susceptible to Ampicillin /Penicillin G, Vancomycin, Gentamicin	E. faecalis E. faecium	Ceftriaxone 2gm IV q12hr PLUS Ampicillin 2g IV q4hr for 6 weeks	Ampicillin 2gm IV q4hr OR Penicillin G 18-30 million units per day IV divided in 6 doses	Consult ID
			PLUS Gentamicin 1mg/kg IV q8hr IV for 4-6 weeks	
Enterococci: MIC Streptomycin >2000 mcg/ml; MIC Gentamicin >500–2000 mcg/ml; no resistance to Penicillin	E. faecalis E. faecium Enterococci, high-level Aminoglycosid e resistance	Ampicillin 12 g/day IV divided q4hr PLUS Ceftriaxone 2 g IV q12hr for 6 weeks	Prolonged Penicillin G OR Ampicillin for 8–12 weeks	Consult ID If prolonged treatment fails consider surgical removal of the valve
Enterococci: Penicillin G MIC >16 mcg/ml; no Gentamicin resistance	Enterococci, intrinsic Penicillin G / Ampicillin resistance	Vancomycin 15 mg/kg IV q12hr (check levels if >2 g) for 6 weeks PLUS , Gentamicin 1 mg/kg q8hr for 2 weeks. See comment.		Consult ID Desired Vancomycin serum levels trough 10–15 mcg/ml. Gentamycin used for synergy; peak levels need not exceed 4 mcg/ml.

TABLE 4: GUIDELINES FOR TREATMENT OF INFECTIVE ENDOCARDITIS AND RELATED INFECTIONS

ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
Enterococci: Penicillin/ Ampicillin resistance and high- level gentamicin resistance and vancomycin resistance, usually VRE ID consultation required	Enterococci, vancomycin-resistant, usually E. faecium	Daptomycin 10-12 mg /kg once daily for 8 weeks PLUS, one of the following -Ampicillin 12g IV q4hr for > 8 weeks OR Ertapenem 2g IV once daily OR Ceftaroline 600 mg IV q8hr OR Fosfomycin 3 gm IV q6hr		Quinupristin/Dalfopristin activity is limited to <i>E. faecium</i> and is usually bacteriostatic, therefore expect high relapse rate. Dose: 7.5 mg/kg IV (via central line) q8hr. Linezolid is active against most Enterococci, but bacteriostatic. Dose: 600 mg IV OR PO q12hr. Linezolid failed in patients with <i>E. faecalis</i> endocarditis. Daptomycin is bactericidal <i>in vitro</i> ; clinical experience in CID 41:1134, 2005.
Native valve Staphylococcal endocarditis MSSA	S. aureus, methicillin- sensitive	Cloxacillin OR Flucloxacillin 2 g IV q4–6hr (Use q4h regimen if weight >85 kg) for 4–6 weeks	Cefazolin 2 g IV q8hr for 4–6 weeks	If Penicillin allergy: Vancomycin 15-20 mg/kg IV q12hr. Check level if >2 g/day for 4–6 weeks.
Native valve Staphylococcal endocarditis MRSA,	S. aureus, methicillin- resistant	Vancomycin 30–60 mg/kg per day divided into 2–3 doses to achieve target trough concentration 15–20 mcg/ml	Daptomycin 8-10 mg/kg IV q 24hr PLUS Ceftaroline 600 mg IV q8hr	ID consultation required Note: Daptomycin is not Food and Drug Administration (FDA) approved for left sided endocarditis, can cause muscle toxicity. Need to monitor creatinine kinase regularly

TABLE 4: GUIDELINES FOR TREATMENT OF INFECTIVE ENDOCARDITIS AN	ND RELATED
INFECTIONS	

ANA TRONG PETROL O CATE CALCULATION DE CITATION DE CALCULATION DE					
ANATOMIC SITE/	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS	
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE		
Slow-growing fastidious Gramnegative bacilli in any valve	A group of Gramnegative bacteria that includes Haemophilus spp. (HACEK) group Aggregatibacter aphrophilus and Aggregatibacter paraphrophilus Aggregatibacter actinomycetemco mitans Cardiobacterium hominis Eikenella corrodens Kingella kingae	Ceftriaxone 2 gm IV q24hr for 4 weeks	If Penicillinase- negative: Ampicillin 2 gm q4hr for 4 weeks OR Ciprofloxacin 500 mg q12 hr orally OR 400 mg IV q 12 hr IV for 4 weeks Fluoroquinolone therapy recommended only for patients unable to tolerate cephalosporin and Ampicillin therapy	Consult ID	
Bartonella species-any valve	B. henselae, B. quintana	Doxycycline 100 mg for 4 weeks PLUS Gentamicin 1 mg/kg for 2 weeks.		Consult ID If Doxycycline is not tolerated, Azithromycin 500 mg PO/IV OD in combination with Gentamicin can be used If Gentamicin is not tolerated, Rifampicin 300 mg IV/PO q12hr for 14 days can be used in addition to doxy or Azithromycin	

TABLE 4: GUIDELINES FOR TREATMENT OF INFECTIVE ENDOCARDITIS AND RELATED
INFECTIONS

ANATOMIC	ETIOL OCIEC	CHOCECTE	D DECIMENS	COMMENTE
ANATOMIC SITE /	ETIOLOGIES		D REGIMENS	COMMENTS
DIAGNOSIS		FIRST LINE	SECOND LINE	
Brucella	Brucella spp.	Doxycycline 100 mg IV/PO q 12hr PLUS Cotrimoxazole 960 mg PO q 12hr PLUS Rifampicin (300–600 mg/24hr) for ≥3–6 months orally Consider addition of Gentamicin in consultation with ID		Consult ID Assess indication for surgery
Infective endocarditis: Prosthetic valve empiric therapy (culture pending): -Early (<2 months post- op) -Late (>2 months post-op)	Early onset: S. aureus, S. epidermidis, Rarely, Enterobacteriaceae Diphtheroids, fungi Late onset: S. epidermidis, Viridans streptococci, Enterococci, S. aureus	Vancomycin 15–20 mg/kg IV q12hr PLUS Gentamicin 1 mg/kg IV q8hr PLUS Rifampicin 600 mg IV/PO q24hr OR Vancomycin PLUS Cefepime or Piperacillin-tazobactam		Surgical and ID consultations
Infective endocarditis: Prosthetic valve- positive blood culture:	S. epidermidis Vancomycin 15–20 mg/kg IV q12hr PLUS Rifampicin 300 mg PO q8hr for 6 weeks PLUS Gentamicin 1 mg/kg IV q8hr for 2 weeks.		n 300 mg PO q8hr	ID and surgical consultation required. Indications for surgery: severe heart failure, <i>S. aureus</i> infection, prosthetic dehiscence, resistant organism,
	S. aureus	Methicillin-sensitive (MSSA): Cloxacillin 2g IV q4hr OR Cefazolin 2 gm IV q 8hr PLUS, Rifampicin 300 mg PO q8hr for 6weeks PLUS Gentamicin 1 mg/kg IV q8hr for 2 weeks. Methicillin-resistant (MRSA): Vancomycin 15-20 mg/kg IV q12hr PLUS Rifampicin 300 mg PO q8hr for 6weeks PLUS Gentamicin 1 mg/kg IV q8hr for 2 weeks.		emboli due to large vegetation. High mortality. Valve replacement plus antifungal therapy is recommended. ID consultation is required

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 4: GUIDELINES FOR TREATMENT OF INFECTIVE ENDOCARDITIS AND RELATED INFECTIONS

ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE / DIAGNOSIS		FIRST LINE	SECOND LINE	
	Viridans Streptococci, Enterococci	See infective endocarditis, native valve, and positive culture.		
	Enterobacteriaceae OR P. aeruginosa	Aminoglycoside (Tobramycin if <i>P. aeruginosa</i>) + β -lactam (e.g., Piperacillin-tazobactam or Ceftazidime or Meropenem).		
	Candida, aspergillus	Caspofungin 150 mg /day OR Anidulafungin 200 mg/day OR Lipidbase amphotericin B 3–5 mg/kg/day PLUS Flucytosine 25 mg/kg PO q6hr		
Infective endocarditis-Q fever	Coxiella burnetii	Doxycycline 100 mg PO q12hr PLUS Hydroxychloroquine 200 mg q 8hr PO for at least 18 months. Pregnancy: Need long term TMP-SMX		ID consultation is required
Pacemaker/ defibrillator infections	S. aureus (40%), S. epidermidis (40%), Gram- negative bacilli (5%), and fungi (5%)	Device removal PLUS Vancomycin 15–20 mg/kg IV q8–12hr PLUS Rifampicin 300 mg PO q12hr.	Device removal PLUS Daptomycin 6–10 mg/kg IV q24hr PLUS Rifampicin 300 mg PO q12hr	ID consultation is required. Daptomycin is not FDA approved for this indication. Duration is 4–6 weeks after device removal
Ventricular assist device- related infection	S. aureus, S. epidermidis, Aerobic Gramnegative bacilli, candida spp.	After culture of blood, wounds, drive line, device pocket & maybe pump: Empiric Vancomycin 15–20 mg/kg IV q8–12hr PLUS Cefepime 2 gm IV q12 hr PLUS Fluconazole 800 mg IV q24hr.		ID consultation is required

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 4: GUIDELINES FOR TREATMENT OF INFECTIVE ENDOCARDITIS AND RELATED INFECTIONS

ANATOMIC	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS
SITE / DIAGNOSIS		FIRST LINE	SECOND LINE	
Pericarditis,	S. aureus,	Vancomycin 15–20 n	ng/kg IV q8-12hr	ID consultation is required
purulent	S. pneumoniae,	PLUS Ceftriaxone 2g	gm IV q12 hr	
Empirical	Group A	OR		
therapy	Streptococci,	Vancomycin 15–20 n	ng/kg IV q8-12hr	
	Gram-negative	PLUS Cefepime 2 gr	n IV q 12 hr	
Rheumatic		Benzathine pen G 1.2	million units IM	Duration: for 5 years after
fever		once every 3–4 week	S	acute rheumatic fever or
prophylaxis		OR		until age 21, whichever is
		Penicillin V 250 mg PO q12hr		longer.
		If Penicillin allergy is confirmed:		If carditis present continue
		Oral Azithromycin 25	50 mg OD	prophylaxis for 10 years

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 5-A: PROPHYLAXIS OF INFECTIVE ENDOCARDITIS

ANTIMICROBIAL PROPHYLAXIS FOR THE PREVENTION OF BACTERIAL ENDOCARDITIS IN PATIENTS WITH UNDERLYING CARDIAC CONDITIONS

Antibiotic prophylaxis for dental procedures is now directed at individuals who are likely to suffer the most devastating consequences should they develop endocarditis. Prophylaxis to prevent endocarditis is no longer specified for gastrointestinal or GU procedures. The following is adapted from and reflects the new American Heart Association (AHA) recommendations (2007).

	SELECTION OF PATIENTS FOR ENDOCARDITIS PROPHYLAXIS					
For patients with any of these high- risk cardiac conditions associated with endocarditis	Patients undergoing dental procedures involving	Patients undergoing invasive respiratory procedures involving	Patients undergoing invasive procedures of the GI or GU tracts	Patients undergoing procedures involving infected skin and soft tissues		
Prosthetic heart valves Previous infective endocarditis Congenital heart disease with any of the following: Completely Repaired cardiac defect using prosthetic material (only for first 6 months), partially corrected but with residual defect near prosthetic material, uncorrected cyanotic congenital heart disease, surgically constructed shunts, and conduits, valvulopathy following heart transplant. transcatheter implanted aortic and pulmonary valvular prosthesis and in patients with left ventricular assist devices. transcatheter mitral and tricuspid valve repair	Any manipulation of gingival tissue, dental periapical regions or perforating the oral mucosa. Prophylaxis recommended (See Table 5-B. Antibiotic Prophylactic Regimens for Dental Procedures). Prophylaxis is not recommended for routine anaesthetic injections (unless through infected area), dental x-rays, shedding of primary teeth, adjustment of orthodontic appliances or placement of orthodontic brackets or removable appliances.	Incision of respiratory tract mucosa consider prophylaxis (See Table 5-B. Antibiotic Prophylactic Regimens for Dental Procedures) or for treatment of established infection. Prophylaxis recommended (see Table 5-B. Antibiotic Prophylactic Regimens for Dental Procedures) for oral flora, but include anti-staphylococcal coverage when S. aureus is of concern).	Prophylaxis is no longer recommended solely to prevent endocarditis, but the following approach is reasonable: for patients with Enterococcal UTIs, treat before elective GU procedures. Include Enterococcal* coverage in perioperative regimen for non-elective procedures + for patients with existing GU or GI infections or those who receive perioperative antibiotics to prevent surgical site infections or sepsis. It is reasonable to include agents with anti-Enterococcal activity in perioperative coverage. The ESC2023 upgraded their recommendation from class III to IIb. So, antibiotics prophylaxis may be considered for high-risk patients.	Include coverage against Staphylococci and Beta-haemolytic Staphylococci in treatment regimens.		

^{*}Agents with anti-enterococcal activity include penicillin, amoxicillin, piperacillin, vancomycin and others.

^{++ 2008} AHA/ACC focused update of guidelines on valvular heart disease use term "is reasonable" to reflect level of evidence (Circulation 118:887, 2008).

TABLE 5-B. DENTAL PROCEDURES ANTIBIOTIC PROPHYLACTIC REGIMENS FOR PATIENTS WITH UNDERLYING CARDIAC CONDITIONS

SITUATION	AGENT	REGIMEN-SINGLE DOSE 30–60 MINUTES BEFORE PROCEDURE ADULTS / CHILDREN	
Oral	Amoxicillin	2 g	50 mg/kg
Unable to take oral medication	Ampicillin OR	2 g IM/IV*	50 mg/kg IM/ IV
	Cefazolin OR Ceftriaxone	1 g IM / IV	50 mg/kg IM/IV
Allergic to Penicillin or	Cephalexin**†	2 g	50 mg/kg
Ampicillin oral regimen	OR		
	Doxycycline	100 mg PO	 45 kg, 2.2 mg/kg 30-60 45 kg, 100 mg 30-60
	OR		
	Azithromycin OR Clarithromycin	500 mg	15 mg/kg
Allergic to Penicillin or Ampicillin and unable to take oral medication	Cefazolin OR Ceftriaxone †	1 g IM/IV	50 mg/kg IM/IV

^{**}Or other first or second-generation oral cephalosporin in equivalent adult or paediatric dosage.

[†]Cephalosporins should not be used in an individual with a history of anaphylaxis, angioedema or urticarial with penicillin or Ampicillin.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
Brain abscess (empirical treatment is guided by suspected source and underlying condition. While therapy should be adjusted based on culture results, anaerobic coverage should always continue even if none are grown	Primary (oral, otogenic, or sinus source) S. milleri, Bacteroides, Enterobacterales S. aureus Rare: Nocardia, Listeria	Ceftriaxone 2 g IV q12hr PLUS Metronidazole 500mg IV q6-8hr	Cefotaxime 2 g IV q4-6hr PLUS Metronidazole 500mg IV q6-8hr Vancomycin 15- 20mg/kg/dose q8- 12hr, adjust according to TDM to be used if MRSA is suspected	Consult ID & neurosurgeon at the time of diagnosis. Obtain appropriate cultures. Duration of therapy: Should be guided by clinical response and radiological findings
	Post-surgery or post-traumatic S. aureus Enterobacterales	Vancomycin 15- 20mg/kg/dose q8- 12hr, adjust according to TDM PLUS Ceftazidime 2gm IV q8hr OR Cefepime 2g IV q8hr.	Linezolid 600 mg q12hr IV or PO PLUS Ceftazidime 2gm IV q8hr OR Cefepime 2g IV q8hr.	Adjust Vancomycin according to renal function and trough level If ESBL, <i>Pseudomonas spp</i> or MDRO are suspected, consider using a Carbapenem. Metronidazole may be added if anaerobic infection is suspected.
	Nocardia (N. asteroids, N. farcinica, N. brasiliensis)	TMP-SMX 5mg/kg/dose (Trimethoprim component) q8-12hr PLUS Imipenem 5 00 mg IV q6hr	Linezolid 600 mg IV/PO q12hr PLUS Meropenem 2g IV q8hr	Consult ID May add amikacin if multi-organ involvement after consulting with ID.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

ANATOMIC	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
HIV-infected (AIDS)	Toxoplasma gondii Fungi, cryptococcosis	Consult ID		
Central nervous system (CNS) shunt infections	CoNS, S. aureus, and other skin flora	Vancomycin 15-20 mg/kg/dose q8-12hr, adjust according to TDM PLUS Cefepime2gm IV q 8hr OR Ceftazidime 2g IV q8hr	Vancomycin 15-20 mg/kg/dose IV q8hr (not to exceed 2g per dose) (or Linezolid 600 mg q12hr IV/PO) PLUS Meropenem 2g IV q8hr Rifampicin as a combination therapy is recommended for treatment of Staphylococcal infections involving spinal or intracranial hardware.	Successful management includes shunt removal and IV antibiotic therapy. Consult neurosurgeon and ID Complete removal of infected CSF shunt, CSF drain, intrathecal infusion pump or other hardware and replacement with an EVD is recommended. The recommended timing of insertion of new CSF shunt devices varies according to the causative organism and response to treatment including CSF investigations.
	Candida	Liposomal Amphotericin (can be combined with 5-Flucytosine). Once patient is improving, Fluconazole can be used if the organism is susceptible		

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

ANATOMIC	ETIOLOGIES	SUGGESTEI	REGIMENS	COMMENTS
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
Encephalitis	Herpes simplex/ VZV,	Acyclovir 10 mg/kg IV q8hr		Consult ID Empiric therapy while waiting for (CSF), herpes viruses, PCR, culture
	CMV / HHV6	Ganciclovir 5mg/kg IV q 12hr	Foscarnet 90 mg/kg IV q 12hr	results, etc. with dose adjustment for kidney function/
	Influenza	Oseltamivir		combination can be used in severe cases
	EBV / West Nile	No treatment, (symptomatic support)		
	HIV	ART		
	JC virus	Reduce immunosuppressi on		

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

ANATOMIC SITE	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS
/DIAGNOSIS		FIRST LINE	SECOND LINE	
Epidural abscess	S. aureus and Gram-negative bacilli	Ceftriaxone 2g IV q12hr PLUS Metronidazole 7.5 mg/kg IV q6- 8hr (Max.4g/day)	Vancomycin 15-20mg/kg/dose q8-12hr, adjust according to TDM PLUS Cefepime 2 g IV q8hr PLUS Metronidazole 7.5 mg/kg IV q6-8hr (Max.4g/day)	Consult ID & neurosurgeon for surgical drainage Use the alternative regimen if high risk of MRSA
Meningitis, acute bacterial Age <1 month	S. agalactiae, E. coli L.monocytogenes Klebsiella species	Ampicillin IV 300- 400mg/kg/day divided q4-6hr (Max. 12g/day) PLUS Cefotaxime IV 225-300mg/kg/day divided q6-8hr (Maximum 2g/dose)	Ampicillin PLUS Aminoglycoside	See paediatric infection guide for dosage

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

ANATOMIC	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS
SITE / DIAGNOSIS		FIRST LINE	SECOND LINE	
Meningitis, acute bacterial Age 1 month-50 years. Empirical therapy	S. pneumoniae, N. meningitidis, and H. influenza (rare).	Adult dose: Vancomycin 15- 20mg/kg/dose q8- 12hr, adjust according to TDM (not to exceed 2g per dose) PLUS Ceftriaxone 2g IV q12hr PLUS, Dexamethasone 0.15 mg/kg IV q6hr	Adult dose: Vancomycin 15- 20mg/kg/dose q8-12hr, adjust according to TDM (not to exceed 2g per dose) PLUS Meropenem 2g IV q8hr PLUS, Dexamethasone 0.15 mg/kg IV q6hr	See paediatric infection guide for dosage Give Dexamethasone before the first dose of antibiotic for 2–4 days. Discontinue if CSF culture /PCR negative for <i>S. pneumoniae</i>
Meningitis, acute bacterial Empirical therapy Age: >50 years or alcoholism or other debilitating associated illnesses or impaired immunity.	S. pneumoniae, N. meningitidtis, L. monocytogenes, aerobic Gram- negative bacilli	Amoxicillin 2g IV q4h PLUS Vancomycin 15-20mg/kg/dose q8-12hr, adjust according to TDM (not to exceed 2g per dose) PLUS Ceftriaxone 2 g IV q12hr	Vancomycin 15- 20mg/kg/dose q8- 12hr, adjust according to TDM (not to exceed 2g per dose) PLUS Meropenem 2g IV q8hr	Give Dexamethasone before the first dose of antibiotic for 2–4 days. For patients with severe Penicillin allergy, TMP-SMX PLUS Vancomycin can be used pending culture results Discontinue if CSF culture /PCR negative for S. pneumoniae
Post- neurosurgery or penetrating head trauma	S. pneumoniae (if CSF leak) H. influenzae, staphylococci (MRSA, CoNS), Gram-negative	Vancomycin 15- 20mg/kg/dose q8- 12hr, adjust according to TDM PLUS Ceftazidime 2gm IV q 8hr OR Cefepime 2g IV q8hr	Vancomycin 15- 20mg/kg/dose q8-12hr, adjust according to TDM PLUS Meropenem 2g IV q8hr	Give Dexamethasone before the first dose of antibiotic for 2–4 days Discontinue if CSF culture /PCR negative of <i>S. pneumoniae</i>

ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
Acute bacterial meningitis Specific therapy: Check culture and susceptibility report.	S. pneumoniae	Penicillin G 4 million unit IV q4hr (Provided that MIC is equal to or less than 0.06 mcg/ml) OR Ampicillin 2g IV q4hr	Ceftriaxone 2g IV q12hr (Provided that MIC is less than 1 mcg/ml)	Treat for 10- 14 days Dexamethasone (0.15mg/kg q6hr) prior to first dose of antibiotics and continue for 4 days. If Ceftriaxone MIC is 1 or more, Vancomycin must be added.
	E. coli and other Enterobacterales H. influenzae	Ceftriaxone 2g IV q12hr OR Cefotaxime 2g IV q4-6hr	Cefepime 2g IV q8hr OR Meropenem 2g IV q8hr	Consult ID. Treat for 21 days Re-culture CSF after 4-5 days of therapy; If culture is still positive, may need adjunctive intrathecal or intraventricular antibiotic therapy. Dexamethasone 0.15
		Ceftriaxone 2g IV q12hr OR Cefotaxime 2 gm IV q 4-6hr For a minimum of 7 days.	Cefepime 2g IV q8hr OR Meropenem 2g IV q8hr	mg/kg IV q6hr; first dose is given 15-20 minutes prior to first antibiotic dose, and then continued for 4 days in microbiologically confirmed cases.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

			COMMENTS
	FIRST LINE	SECOND LINE	
N. meningitidis	Ceftriaxone 2g IV q12hr OR cefotaxime 2gm IV q 4-6 hr	If: Penicillin MIC <0.1 mcg/mL: Penicillin G 4 million units IV q4hr (24 million units per day OR AMP 2g IV q4hr	If Penicillin is used for treatment, Nasopharyngeal colonisation should be eradicated with Rifampicin or Ciprofloxacin to avoid transmission to others.
			Chemoprophylaxis should be offered Note: FQ-resistant isolates are encountered nationally
L. monocytogenes	Ampicillin 2g IV q4hr for a minimum of 21 days +/- Gentamicin IV for 1-3 weeks.	TMP/SMX (Trimethoprim component 10 mg/kg IV q6-8hr (Max.4g/day) OR Meropenem 2g IV q8h	Addition of Gentamicin may be considered, although the Evidence of the combination is inconclusive
S. agalactiae	million units IV q4h (24 million units per day OR Ampicillin: 2 g IV q4h PLUS Gentamicin 1 mg/kg IV q8hr (in case of severe	Ceftriaxone 2g IV q12hr OR Cefotaxime 2gm IV q 4-6hr	considered discontinuation of Gentamicin once severe infection is controlled.
	L. monocytogenes	q12hr OR cefotaxime 2gm IV q4-6 hr Ampicillin 2g IV q4hr for a minimum of 21 days +/- Gentamicin IV for 1-3 weeks. Penicillin G: 4 million units IV q4h (24 million units per day OR Ampicillin: 2 g IV q4h PLUS Gentamicin 1 mg/kg IV q8hr	q12hr OR cefotaxime 2gm IV q 4-6 hr Ampicillin 2g IV q4hr for a minimum of 21 days +/- Gentamicin IV for 1-3 weeks. Penicillin G: 4 million units IV q4hr (24 million units per day OR AMP 2g IV q4hr TMP/SMX (Trimethoprim component 10 mg/kg IV q6-8hr (Max.4g/day) OR Meropenem 2g IV q8h Ceftriaxone 2g IV q12hr OR Ampicillin: 2 g IV q4h (24 million units per day OR Ampicillin: 2 g IV q4h PLUS Gentamicin 1 mg/kg IV q8hr (in case of severe

TABLE 6: GUIDELINES FOR TREATMENT OF CENTRAL NERVOUS SYSTEM INFECTIONS IN
ADULTS

ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
Prophylaxis for H. influenzae type B (Hib) Household or close contact group defined as persons who reside with the patient or a non- resident who has spent 4 hours or more with the index patient for at least 5 of the 7 days preceding the day of hospitalization of the patient.		Rifampicin: -for individuals >1 month:20 mg/kg (not to exceed 600 mg) once daily x 4 days -for age <1 month: 10 mg/kg once daily x 4 days	not fully vaccinated or who are immunocomp their vaccination statu Rifampicin chemopro- childcare settings whe invasive Hib disease h days and unimmunized children attend the fac- indicated, it should be	ommended for index d with Cefotaxime or ousehold contacts in bers aged <4 years who are remembers aged <18 years oromised, regardless of s. Childcare Contacts: phylaxis recommended in n two or more cases of ave occurred within 60 d or under immunized ility; when prophylaxis is prescribed for all of age or vaccine status,
Prophylaxis for Neisseria meningitidis exposure Rifampicin: -10 mg/kg (max dose 600 mg) q12hr x 2 days (adult or child >1 month) -5 mg/kg q12hr x 2 dose children <1 month OR Ceftriaxone single IM dose of 250 mg (adult) or 125 mg (child age <15 years)		Increasing Ciprofloxadinvasive meningococcionger recommend it i	al strains, hence we no	

TABLE 6: GUIDELINES FOR TREATMENT OF CENTRAL NERVOUS SYSTEM INFECTIONS IN ADULTS

ANATOMIC	ETIOLOGIES	SUGGESTED	COMMENTS	
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
Meningitis, TB*		Isoniazid 300 mg OD + Rifampicin 600 mg OD + Ethambutol 15–25 mg/kg/day + Pyrazinamide 15 to 30 mg/kg/day (maximum 2 g dose), x 2 months followed by Isoniazid (INH) and Rifampicin: for 7–10 months. PLUS, steroids as adjuvant therapy. See comments for dose.	Isoniazid 300 mg OD + Rifampicin: 600 mg OD + Streptomycin 1g IM q24hr + Pyrazinamide 15 to 30 mg/kg/day (maximum 2 g dose), x 2 months followed by Isoniazid and Rifampicin for 7–10 months	Dexamethasone 0.3 to 0.4 mg/kg/day for 2 weeks, then 0.2 mg/kg/day week 3, then 0.1 mg/kg/day week 4, then 4 mg per day and taper 1 mg off the daily dose each week; total duration approximately 8 weeks. Consulting with ID is advisable especially if MRD-TB is suspected or confirmed Refer to TB national manual
Neurocysticercosis Treatment depends on the extent of brain lesions and cysts	Taenia solium	Multiple lesions on MRI: Albendazole 400 mg PO q12hr PLUS Praziquantel 50 mg/kg/day PLUS, Dexamethasone 0.1 mg/kg/day + antiseizure medications	If 1-2 cysts on MRI: Albendazole 400 mg PO q12hr PLUS Dexamethasone 0.1 mg/kg/day PLUS Antiseizure medications	Viable cysts by MRI. Eye exam is needed for evidence of involvement. Duration of therapy depends on extent and severity of disease, please consult ID physician

*REFERENCES:

- i. American Thoracic Society, Center for Disease Control and Prevention, and Infectious Diseases Society of America. 2003. Treatment of tuberculosis. MMWR Recomm. Rep. 52:1–7.
- ii. NICE Guideline.2016.Tuberculosis.nice.org.uk/guidance/ng33
- iii. World Health organisation. Treatment of tuberculosis Guidelines. Fourth edition.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

TABLE 7	: GUIDELINE	S FOR TRE	ATMENT (OF BONE	AND J	OINT INFE	ECTIONS IN	
ADULTS								

ANATOMIC ETIOLOGIES SITE/		SUGGESTE	COMMENTS	
DIAGNOSIS		FIRST LINE	SECOND LINE	

BONE: Osteomyelitis:

Important: Essential to obtain specimens (blood, bone) before starting antibiotic treatment. Total duration of treatment differs from patient to patient but 4–6 weeks of antibiotic therapy is recommended as a minimum. Clinical, radiological and laboratory, ESR or CRP should be used to monitor response to therapy. Other modalities of treatment such as surgical debridement of necrotic bone and removal of hardware are frequently needed. In selected cases, hyperbaric Oxygen therapy may be recommended. Team management including surgeons, microbiologist/ID physicians and pharmacists increases the chance of successful treatment.

Osteomyelitis empiric treatment	S. aureus, Group A strep, Gm-neg. bacilli rare, Kingella kingae in children	Cloxacillin IV 1-2 gm q6hr OR Cefazolin IV 2 gm q8hr	Vancomycin IV 15-20mg/kg/dose q8-12hr OR Clindamycin IV 600-900 mg q6hr	Collect bone and blood cultures before empiric therapy Duration of Therapy :4-6 weeks: Initial 1-2 weeks of IV course followed by PO switch.
Hematogenous (vertebral & non-vertebral)	S. aureus (MSSA) MRSA	Cloxacillin IV 2 g q4–6hr OR Cefazolin 2 gm IV q8hr. Vancomycin IV 15-20 mg/kg/dose q12hr	Ceftriaxone IV 2 gm q 24hr OR Vancomycin IV 15-20 mg/kg/dose q12hr Teicoplanin IV 6– 12 mg/Kg q12hr for 3–5 doses) then 6–12 mg/kg q24hr OR Linezolid 600 mg PO/IV q12hr ± Rifampicin 300 mg PO q12hr OR Daptomycin 8-10 mg/kg q24hr IV ± Rifampicin	Duration of therapy: 6 weeks, provided that epidural or paravertebral abscesses can be drained; consider longer course in those with extensive infection or abscess particularly if not amenable to drainage because of increased risk of treatment failure

TABLE 7: GUIDELINES FOR TREATMENT OF BONE AND JOINT INFECTIONS IN ADULTS					
ANATOMIC SITE	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS	
/DIAGNOSIS		FIRST LINE	SECOND LINE		
			300-450 mg PO/IV q12hr if MRSA is Clindamycin susceptible: Clindamycin 600- 900 mg IV q8hr	Oral options or in case of allergy or toxicity issues provided in vitro susceptibility is known: Clindamycin, Trimethoprimsulfamethoxazole, Fusidic acid or Linezolid	
	Enterobacterales	Ceftriaxone IV 2 gm once daily OR Cefepime 2g IV q 8- 12 hr	Ciprofloxacin IV 400 mg q12hr or 750 mg PO q12hr OR Levofloxacin 750 mg PO/IV once daily		
With SCD	Salmonella spp.	Ceftriaxone IV 2 gm q24	Trimethoprim-sulfamethoxazole Oral dose: 1 to 2 double-strength tablets every 12 hr OR Levofloxacin 750 mg IV/PO q24hr OR Ciprofloxacin IV 400 mg q12hr	Ciprofloxacin resistance is increasing (Resistance rate 25-30% according to OMASS 2022-2023)	

ANAMONIC EDIOLOGIES SUCCESTED DECIMENS COMMENTS				
ANATOMIC SITE/	ETIOLOGIES	SUGGESTED REGIMENS FIRST LINE SECOND LINE		COMMENTS
DIAGNOSIS			SECOND LINE	
Person Who Injects Drugs (PWID)/Intravenous drug user (IVDU)	Pseudomonas	Ceftazidime 2g IV Q8hr OR Piperacillin- tazobactam IV 4.5g q6hr	Ciprofloxacin IV 400 mg q12hr	Oral Ciprofloxacin dose is 750 mg q12hr
Contiguous without vasculopathy, e.g., trauma	Pseudomonas (nail penetrating trauma to foot). Long bone post internal	Ceftazidime 2g IV q8hr OR	Levofloxacin 750 mg PO once a day	
Empiric therapy	fixation: (MSSA, MRSA, Gram- negative or Pseudomonas)	Cefepime 2g IV q12hr PLUS Vancomycin IV 15- 20 mg/kg/dose q12hr	OR Linezolid PLUS ceftazidime	
Contiguous without vasculopathy, e.g., trauma targeted therapy	S. aureus	Cloxacillin IV 2g IVq4–6hr PLUS Rifampicin 600-900 mg PO daily	If MRSA: Vancomycin IV 15- 20 mg/kg/dose q12hr PLUS Rifampicin 600-900 mg daily	
	Enterococcus	Ampicillin 1-2g IV q6hr	Vancomycin IV 15-20 mg/kg/dose q12hr	
	Enterobacterales	Ciprofloxacin 750 mg PO q12hr OR IV 400 q12hr	Ceftriaxone 1–2g q12hr	
	Pseudomonas	Ciprofloxacin 750 mg PO q12hr OR IV 400 q12hr	Piperacillin- tazobactam 4.5g IV q6hr	

TABLE 7: GUIDELINES FOR TREATMENT OF BONE AND JOINT INFECTIONS IN ADULTS				
ANATOMIC	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS
SITE		FIRST LINE	SECOND LINE	
/ DIAGNOSIS				
With orthopaedic	S. aureus	If MSSA	Cefazolin 2gm IV q	
implant		Cloxacillin IV 2g	8hr	
		q4–6 hr	PLUS	
		PLUS	Rifampicin 300-450	
		Rifampicin 300-	mg PO q12hr	
		450 mg PO q12hr	OR Vancomycin IV 15-	
			20 mg/kg/dose q12hr	
			PLUS Rifampicin	
			300-450 mg PO	
			q12hr	
		If MRSA	Linezolid 60 mg	
		Vancomycin IV 15-	q12h IV/PO ±	
		20 mg/kg/dose	Rifampicin 300 mg PO/IV bid OR	
		q12hr	1 O/1 V bld OK	
		PLUS	Daptomycin 8-10	
		Rifampicin 300-450	mg/kg q24h IV ±	
		mg PO q12 hr	Rifampicin 300-450 mg po/IV bid	
		11.51 0 412 11.	ling po/1 v bid	
	Coagulase Negative	Vancomycin 15-20	Teicoplanin 400–600	
	Staph.	mg/kg/dose q12hr	mg q12hr PLUS	
		PLUS	Rifampicin 300-450	
		Rifampicin 300-450	mg PO q12 hr	
		mg PO q12 hr		
	Enterococci	Ampicillin	Vancomycin IV 15-	
		1-2g IV q6hr	20 mg/kg/dose	
	Enterobacterales	Ciprofloxacin 750	q12hr Ceftriaxone 2g IV	
	Enterobacterates	mg PO q12hr or 400	q12hr	
		q12h	OR	
			Cefepime 2g IV	
			q12hr	
	Pseudomonas	Cefepime 2g IV	Piperacillin-	
		q12hr	Tazobactam 4.5g	
			q8hr	
			OR	
			Ciprofloxacin 750	
			mg PO q12hr or IV 400 q12hr	
Contiguous with	Polymicrobial	Only If acutely ill	Piperacillin-	Consider a
Vasculopathy e.g.,	[Gram positive	start antibiotics	tazobactam IV	duration of a few
DM	cocci (to include		4.5gm q8hr	days of antibiotics
				if all infected bone

Diagnosis of	MRSA) (aerobic &	Amoxicillin –	resected or up to 3
osteomyelitis:	anaerobic) and	clavulanate 1.2g IV	weeks of antibiotic
Culture bone biopsy	Gram neg. bacilli	q8hr	therapy after minor
(gold standard).	(aerobic &	•	amputation for
Swab cultures are	anaerobic)]		diabetes-related
unreliable.			osteomyelitis of
Sampling by needle			the foot and
puncture inferior to			positive bone
biopsy			margin culture and
Osteomyelitis			6 weeks for
			diabetes-related
likely if ulcer >2			foot osteomyelitis
cm2, positive probe			without bone re-
to bone, ESR $>$ 70 &			section or
abnormal plain x-			amputation.
ray.			

ANATOMIC SITE/ DIAGNOSIS S. aureus	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS
		FIRST LINE	SECOND LINE	
	If MSSA Cloxacillin IV 2g q4–6 hr	Cefazolin 2 gm IV q8hr OR Vancomycin IV 15-20 mg/kg/dose q12hr		
		If MRSA Vancomycin IV 15-20 mg/kg/dose q12hr	Linezolid 60 mg q12h IV/PO	
	Any MDR organisms	According to identity and antibiotic susceptibility of the organi please consult microbiologist /ID physician		
Septic arthritis	Before commencing empirical antibiotics, make sure to send Blood cultures and synovial fluid for: Gram stain, culture, WCC with differential, and assessment for crystals with a polarising microscope. Treatment requires both adequate drainage of infected fluids and appropriate antimicrobial therapy.			
Aetiology	-Staphylococcus aureus -Streptococcal species -Neisseria gonorrhoeae - gram-negative bacilli generally occurs in older adults, in patients with underlying immunosuppression, or in injection drug users (IDU) -Brucellosis -Mycobacterial species -Fungal species (Candida species, sporotrichosis, Cryptococcus, blastomycosis)			

TABLE 7: GUIDELINES FOR TREATMENT OF BONE AND JOINT INFECTIONS IN ADULTS					
ANATOMIC	ETIOLOGIES	ETIOLOGIES SUGGESTED REGIMENS		COMMENTS	
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE		
Septic Arthritis No risk of sexually transmitted infection	S. aureus, streptococci, Gram-negative bacilli	If Gram positive cocci Start: Cloxacillin or Cefazolin -Gram negative organism and the patient is immunocompetent: Start third generation Cephalosporin	If Gram negative and the patient at risk of pseudomonas infection: start Ceftazidime or Cefepime In case patient is a (neutropenia and bacteremia, have severe burns)	Surgical intervention and drainage are essential. Adjust regimen based on culture and susceptibility.	

TABLE 7: GUIDELINES FOR TREATMENT OF BONE AND JOINT INFECTIONS IN ADULTS				
ANATOMIC SITE!	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
		- If Gram stain is not showing any organism: start third generation Cephalosporin. If MRSA suspected: start Vancomycin	are in a setting where the incidence of resistance to the chosen antibiotic class is high (eg, >10 to 15 percent) with dual anti pseudomonas: Cefepime or Ceftazidime or Meropenem PLUS, Aminoglycoside OR Fluoroquinolone	Duration of therapy is unknown but should be guided by culture and susceptibility and based on ID consultation.
Septic arthritis Acute monoarticular at risk for sexually- transmitted infections	N. gonorrhoeae, S. aureus, streptococci, rarely aerobic Gram-neg. bacilli	Ceftriaxone 1g IV q24hr or Cefotaxime 1g IV q8hr	Add Vancomycin if Gram stain showed Gram positive cocci in clusters. Cover for concomitant Chlamydial infection with Doxycycline or Azithromycin	Suspected gonococcal infections (GC): culture urethra, cervix, anal canal, throat, blood, joint fluid.
Bursitis	Staphylococcus aureus Streptococci	Flucloxacillin IV 1-2g q6hr OR Cefazolin 2g IV q8hr Oral switch: Flucloxacillin 500mg -1g q6hr	Clindamycin IV 600 mg -1.2g q 6 hrs Oral switch: Clindamycin 300 mg-450 mg q6hr	Aspirates should be done prior to the empirical antibiotics. Complete drainage is essential.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

TABLE 7: GUIDEL	INES FOR TREATM	ENT OF BONE AND	JOINT INFECTION	NS IN ADULTS
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
Prosthetic Joint infection	1 1	OT recommended. Treat		d sensitivity results. ment, interventions and
Prosthetic Joint infection	Staphylococcus epidermidis, other coagulase-negative - staphylococcus aureus (MSSA or MRSA)	MSSA: Rifampicin 300 to 450 mg orally q12hr PLUS any of the following: -Flucloxacillin:2g IV q6hr OR -Cefazolin 2g IV every 8 hrs OR Ceftriaxone 2g IV q24 hrs MRSA: Rifampicin 300 to 450 mg orally q12hr PLUS, any of the following: -Vancomycin 15 to 20 mg/kg q8hr OR Teicoplanin 12 mg/kg IV q12hr for 3 to 5 doses, followed by 12 mg/kg q24hr	(Daptomycin 8-10 mg/kg IV q24hr OR Linezolid 600 mg PO/IV q12hr) PLUS Rifampicin 300 mg PO q12hr	Obtain appropriate cultures and adjust accordingly Consult ID
Prosthetic Joint infection	-Streptococci -Enterococci	Any one of the following: -Aqueous crystalline penicillin G 20 to 24 million units IV	Vancomycin 20 mg/kg loading dose then 15 mg/kg/dose IV q12hr, not to exceed 2g per dose, initially	Obtain appropriate cultures and adjust accordingly Consult ID

TABLE 7: GUIDELINES FOR TREATMENT OF BONE AND JOINT INFECTIONS IN ADULTS					
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS	
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE		
	Gram-negative enteric bacilli	in 6 equally divided doses -Ampicillin 12g IV in 6 equally divided dosesCeftriaxone 2g IV q24hr Ceftriaxone 2g IV q24hr OR Cefepime 2g IV q12hr, based on susceptibility)	Daptomycin 8-10 mg/kg IV q24hr OR Linezolid 600 mg PO/IV q12hr Ciprofloxacin 750 mg PO q12hr	Obtain appropriate cultures and adjust accordingly Consult ID	
	Pseudomonas aeruginosa	Cefepime 2g IV q12 hr	Ciprofloxacin 750 mg PO q12hr	Obtain appropriate cultures and adjust accordingly Consult ID	
	Cutibacterium (formerly Propionibacterium) acnes)	Any of the following: -Aqueous crystalline penicillin G 20 million units IV every 24 hours in 6 divided doses -Ceftriaxone 2g IV q24hr		Obtain appropriate cultures and adjust accordingly Consult ID	
	Mycobacterium Tuberculosis	Refer to the National TB manual			
	Brucellosis	Refer to the systemic infections (table 12)			

TABLE 8: GUIDELINES FOR TREATMENT OF ABDOMINAL INFECTIONS IN ADULTS				
ANATOMIC SITE/	ETIOLOGIES	SUGGESTEI	REGIMENS	COMMENTS
DIAGNOSIS		FIRST LINE	SECOND LINE	
Esophagitis	Candida albicans	Fluconazole 200- 400 mg IV/PO q24hr for 14-21 days	Voriconazole 200 q12hr IV/PO for 14-21 days	For fluconazole- refractory infection, options include: Itraconazole solution, Voriconazole, Echinocandins, or Amphotericin.
	HSV (immunocompromise d patient)	Valacyclovir 1g PO q12hr daily OR Acyclovir 400 mg PO five times a day for 14 to 21 days Famciclovir 500 mg PO q12hr x 7 days	IV acyclovir if oral is not tolerated	renally adjusted if necessary
Duodenal/ Gastric Ulcer	Helicobacter pylori	PPI + Amoxicillin 1g PO q12hr PLUS Clarithromycin PO 500 mg q12hr	PPI + Clarithromycin 500 mg PO q12hr Metronidazole 500 mg PO q8hr	Consult GI Duration: 14 days
Biliary infections (cholecystitis cholangitis, biliary sepsis, CBD obstruction)	Enterobacterales Enterococci, anaerobes	Piperacillintazobactam 4.5g IV q6hr OR Metronidazole 500 mg (PO or IV) q8hr PLUS Ceftriaxone 2g IV once daily	Severe cases/high risk of ESBL: Meropenem 1g IV q8hr Penicillin allergic: Metronidazole 500 mg PO/ IV q8hr PLUS Ciprofloxacin 400 mg IV q12hr or 500 mg PO q12hr OR Levofloxacin 750 mg IV/PO once daily	in cholecystitis, cholecystectomy can be done early (within 7 days) or can be delayed In patients with cholangitis, adequate biliary drainage is crucial.

ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE/ DIAGNOSIS	LITOLOGILS	FIRST LINE	SECOND LINE	COMMENTS
Diverticulitis	Almost all infections are polymicrobial. (Most commonly Enterobacterales, anaerobes, Streptococci, and enterococcus spp, Occasionally P. aeruginosa)	Mild Out- patient: Amoxicillin- clavulanate 875/125 mg PO q8hr	Ciprofloxacin 500 mg PO q12hr PLUS Metronidazole 500 mg q8hr OR TMP-SMX- DS PO q12hr PLUS Metronidazole 500mg PO q8hr	Mild diverticulitis can be treated conservatively without antibiotics if uncomplicated (doesn't extend to the peritoneum) and the patient is immunocompetent and shows no signs of sepsis CT scan is important in assessing the need for drainage in complicated and severe disease. Duration depends on clinical response. If source control is achieved shorter duration of 5-7 days may be considered
		Moderate to Severe infection Piperacillin-tazob actam 4.5g IV q6hr OR Meropenem 1g IV q8hr	Ampicillin 2g IV q6hr PLUS Gentamicin OR Amikacin PLUS Metronidazole 500 mg PO/IV q8hr OR Tigecycline initial 100 mg IV infusion then 50 mg IV infusion q12hr	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 8: GUIDELINES FOR TREATMENT OF ABDOMINAL INFECTIONS IN ADULTS

Pancreatitis

Acute alcoholic pancreatitis without necrosis does not require antibiotic therapy or prophylaxis as studies have shown no advantage. Observe for abscess formation or necrosis which will require therapy.

ANATOMIC	ETIOLOGIES	SUGGESTEI	REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
Necrotizing pancreatitis with infected necrotic tissue OR Infected pseudocyst, OR pancreatic abscess	Enterobacterales Enterococci, S.aureus Anaerobes, Candida (not frequent)	Piperacillin- tazobactam 4.5g IV q8hr	Meropenem 1gIV q8hr OR Metronidazole 500 mg PO/ IV q8hr PLUS Ciprofloxacin 400 mg IV q12hr or 500 mg PO q12hr OR Levofloxacin 750 mg IV/PO once daily	Infected pancreatic necrosis can be confirmed by: 1-CT scan with gas 2-Percutaneous aspirate or surgical specimen with organism evident on Gram stain or culture Usually develops after the second week from onset of pancreatitis symptoms

ANATOMIC	ETIOLOGIES	SUGGESTED R	REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
Peritonitis Primary (spontaneous	Enterobacterales S. pneumoniae, Enterococci,	Primary: Ceftriaxone 2g IV q 24hr	Meropenem 1gIV q8hr	Duration : Uncomplicated 5–7 days Complicated or positive
bacterial peritonitis	Staph spp anaerobes	OR Cefotaxime 2g IV q8hr	OR Materials	culture: 10 days, may be longer if the patient is
(SBP)		If infection life	Metronidazole 500 mg PO/ IV q8hr	bacteremic or shows slow response.
		threatening: Piperacillin /tazobactam 4.5 gm IV q 6 hr	PLUS Ciprofloxacin 400 mg IV q12hr or	
		no gm i v q o m	500 mg PO q12hr	
			OR Levofloxacin 750 mg IV/PO once	
Secondary	Enterobacterales	Mild to moderate:	daily Metronidazole	Empirical antifungal
Peritonitis	Enterococci,	Cefepime 2gm IV q	500 mg PO/ IV	generally not indicated
secondary to	Anaerobe	12hr	q8hr	unless the patient has
GI perforation	P. aeruginosa	PLUS Metronidazole 500 mg	PLUS Ciprofloxacin 400	risk factors. Surgical source control
		PO q 8hr	mg IV q12hr or 500 mg PO	essential
			q12hr OR	
			Levofloxacin 750 mg IV/PO once	
		Severe (ICU):	daily Ampicillin PLUS	_
		Piperacillin /tazobactam	Ciprofloxacin	
		4.5 gm IV q 6 hr	PLUS	
		OR	Metronidazole	
		Carbapenem	OR	
			AMP PLUS Aminoglycoside	
			PLUS	
			Metronidazole	

TABLE 8: GU	TABLE 8: GUIDELINES FOR TREATMENT OF ABDOMINAL INFECTIONS IN ADULTS				
ANATOMIC SITE/	ETIOLOGIES	SUGGESTED I	REGIMENS	COMMENTS	
DIAGNOSIS		FIRST LINE	SECOND LINE		
Prevention of SBP		TMP-SMX DS 1-tab PO 5 days per week	Ciprofloxacin 500 mg PO q24 hrs	Consult hepatology/GI/ID prior to initiation of prophylaxis 1-year risk of SBP in patients with ascites and cirrhosis as high as 29%. TMP-SMX reduce SBP bacteraemia from 27% to 3%	
Chronic ambulatory peritoneal dialysis (CAPD) peritonitis	Most common: Gram-positive cocci: s. aureus, coagulase- negative, enterococci Less common: Gram-negative and yeast	Empirical treatment should target -Gram positive cocci, add Vancomycin -Gram negative: add Cefepime or Ceftazidime or Aminoglycoside Use intraperitoneal drug dosing unless the patient is bacteremic	Adjust according to microbiological results Consult Nephrology/ID	Most infections are caused by contamination of the catheter. Diagnosis of CAPD catheter infection if peritoneal dialysis fluid WBC >100/mm3 with >50% polymorphonuclear leukocytes + clinical signs and symptoms	

TABLE 8: GUIDELINES FOR TREATMENT OF ABDOMINAL INFECTIONS IN ADULTS				
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
Infectious diarrhoea	Campylobacter jejuni/coli (self-limited in normal host)	Azithromycin 1 gm PO stat without dysentery OR Azithromycin 500 PO q 24 hr for 3 days with or without dysentery	Ciprofloxacin 500 mg PO q12 hr for 3-5 days OR Clarithromycin 500 mg PO q12hr for 3 days OR Doxycycline 100 mg q12hr for 5 days	Campylobacter enteritis is a self-limited infection in most cases. Antimicrobials indicated in patients with prolonged/severe illness and in immunocompromised.
	Campylobacter foetus Shiga toxin-	Imipenem 500 mg IV q 6 hr OR Meropenem 1 gm IV q8hr Avoid antibiotics	Ampicillin 100 mg/kg/day IV div q6hr OR Gentamicin 5 mg/kg IV q 24hr	Diarrhoea uncommon, causes more systemic disease in debilitated host
	producing E. coli Salmonella	If can be treated as	Azithromycin 500 mg	Non-typhoidal Salmonella
	satmonetta spp. (non- typhi)	outpatient: Trimethoprim- sulfamethoxazole 960 PO q12hr for 10-14 days OR Ciprofloxacin 500 mg PO q12hr for 7-10 days (14 days if immunocompromised). If requires IV antibiotics: IV Ceftriaxone 2g q 24hr for 7 days (14 days if immunocompromised)	PO q24hr for 7 days (14 days if immunocompromised)	gastroenteritis is a self-limited infection. Antimicrobial therapy is generally not required and may prolong faecal shedding. Indications for antimicrobial therapy include: severe/systemic illness, age <1 year or >50 yrs, prosthesis, vascular graft, valvular heart disease, severe atherosclerosis, immunocompromised patients, hemoglobinopathies.
	Typhoid fever	refer to systemic infectio	n guide table 12	1

TABLE 8: GUIDEL	TABLE 8: GUIDELINES FOR TREATMENT OF ABDOMINAL INFECTIONS IN ADULTS				
ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS	
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE		
DIAGNOSIS	Shigella	Mild to moderate Ciprofloxacin 500 mg q12hr for 3 days If severe infection: Ceftriaxone 1- 2gm q24hr for 5 days	Azithromycin 500 mg q24hr for 3 days OR Trimethoprimsulfamethoxazole DS tablet q12hr for five days	Shigellosis is a self-limited illness. Indications for antimicrobial therapy include: severe disease, immunocompromised and in outbreak setting Longer (7-10 days) duration for immunocompromised patients.	
	Vibrio cholera:	Doxycycline 300 mg PO single dose.	Azithromycin 1gm PO single dose OR Ciprofloxacin 1gm PO single dose OR Trimethoprim- sulfamethoxazole 960 mg PO q 12hr for 1-3 days (if susceptible)	Aggressive hydration is the most important part in treating cholera. Antimicrobial therapy is considered adjunctive.	
	Y. enterocolitica Treatment recommended for: immunocompromised, bacteraemia, pseudoappendicitis syndrome	-Mild to moderate no treatment recommended -Severe: Doxycycline 100 mg q12hr OR Ceftriaxone 2g once daily PLUS Gentamicin 5 mg/kg per day once q24h)	Trimethoprim- sulfamethoxazole 960 mg q12 hrs OR Fluoroquinolone	No antimicrobial therapy is generally needed except in severe disease and septic patients Duration: 5 days	
	Aeromonas/ plesiomonas E. histolytica	Ciprofloxacin 500 mg PO q12hr Metronidazole 500 10 days followed b	Trimethoprim-sulfamethoxazole 960 mg PO q12hr 0–750 mg q8hr for 7-by intraluminal agent mg q8hr for 7 days	Duration: 3 days	

TABLE 8: GUIDELINES FOR TREATMENT OF ABDOMINAL INFECTIONS IN ADULTS				
ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
DIAGNOSIS	Giardia	Metronidazole 250 days OR Albendazole 400 P for 5 days OR Tinidazole 2g PO s	O q24hr with food	
	Cryptosporidium	Nitazoxanide 500 mg PO q12hr x 3 days Alternative: Paromomycin 500 mg q6hr for 14-21 days		Diarrhoea is generally self-limited in immunocompetent patients, and does not require antimicrobial therapy If AIDS: ART and nitazoxanide for 14 days
	Cyclospora	Trimethoprim- Sulfamethoxazole 960 mg PO q12hr for 7–10 days		
C. difficile Infection (CDI)	Initial episode, mild or moderate: Initial episode, non-severe (WBC_count < 15x10° cells/L, serum creatinine < 1.5 times the baseline level, and body temperature <38.5°C)	Vancomycin 125 mg PO q6hr for 10-14 days	If oral Vancomycin is not available, Metronidazole PO 500 mg q8hr for 10- 14 days	Discontinue offending antibiotics
	Initial episode, severe: Leucocytosis with a WBC count of 15,000 cells/ml or higher or a serum creatinine level greater than or equal to 1.5 times the premorbid level	Vancomycin, 500 mg q6hr by mouth for 10–14 days +/- Metronidazole 500 mg IV q8hr		Consult ID & GI

TABLE 8: GUIDELINES FOR TREATMENT OF ABDOMINAL INFECTIONS IN ADULTS				
ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
	Initial episode, severe: Hypotension or shock, ileus, megacolon	Vancomycin, 500 mg 4 times per day PO or by nasogastric tube, PLUS Metronidazole 500 mg IV every 8 hrs If complete ileus, consider adding rectal instillation of Vancomycin as enema		Referral of severe cases to GI surgeons is recommended. Rectal installation of Vancomycin, consult GI, ID team and clinical pharmacy
	First recurrence	Same as for initial episode		
	second recurrence	Vancomycin 125 days then start tap Tapered and/or po Regimen.	_	Consult ID and GI physicians

References:

- 1. Shane et al. 2017 Infectious Diseases Society of America Clinical Practice Guidelines for the Diagnosis and Management of Infectious Diarrhea, *Clinical Infectious Diseases*, Volume 65, Issue 12, 15 December 2017, Pages e45–e80
- 2. Infectious Diarrhea In Developed And Developing Countries: J ClinGastroenterol 2005:39:757-773
- 3. The Sanford Guide to Antimicrobial Therapy 2024
- 4. Sartelli, M., Coccolini, F., Kluger, Y. *et al.* WSES/GAIS/SIS-E/WSIS/AAST global clinical pathways for patients with intra-abdominal infections. *World J Emerg Surg* 16, 49 (2021). https://doi.org/10.1186/s13017-021-00387-8
- 5. Biggins et al. Diagnosis, Evaluation, and Management of Ascites, Spontaneous Bacterial Peritonitis and Hepatorenal Syndrome: 2021 Practice Guidance by the American Association for the Study of Liver Diseases. Hepatology 74(2):p 1014-1048, August 2021.
- 6. Li PK, Chow KM, Cho Y, Fan S, Figueiredo AE, Harris T, Kanjanabuch T, Kim YL, Madero M, Malyszko J, Mehrotra R, Okpechi IG, Perl J, Piraino B, Runnegar N, Teitelbaum I, Wong JK, Yu X, Johnson DW. ISPD peritonitis guideline recommendations: 2022 update on prevention and treatment. Perit Dial Int. 2022 Mar;42(2):110-153.
- 7. van Prehn J et al. Guideline Committee of the European Study Group on Clostridioides difficile. European Society of Clinical Microbiology and Infectious Diseases: 2021 update on the treatment guidance document for Clostridioides difficile infection in adults. Clin Microbiol Infect. 2021 Dec;27 Suppl 2: S1-S21.
- 8. Johnson S et al. Clinical Practice Guideline by the Infectious Diseases Society of America (IDSA) and Society for Healthcare Epidemiology of America (SHEA): 2021 Focused Update Guidelines on Management of Clostridioides difficile Infection in Adults. Clin Infect Dis. 2021 Sep 7;73(5):e1029-e1044.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

TABLE 9: GU	TABLE 9: GUIDELINES FOR TREATMENT OF SKIN AND SOFT TISSUE INFECTIONS					
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS		
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE			
	Bites: Remember tetanus prophylaxis					
Cat bite: complicated by infection in 80%. Patients should be cultured and treated empirically. Observe osteomyelitis.	Pasteurella multocida S. aureus Capnocytophaga spp Bartonella hensale Anaerobes	Amoxicillin- clavulanate 875/125 mg PO q12hr OR 500/125 mg PO q8hr	Cefuroxime 500 mg PO q12hr OR doxy 100 mg PO q12hr	P. multocida resistant to cloxacillin, cephalexin, clindamycin, many strains resistant to erythromycin. If the culture grew only P. multocida, can switch to penicillin		
Dog bite: complicated by infection in 5%. Treat if bite is severe or with comorbidity (e.g. diabetes)	Pasteurella canis, S. aureus, Bacteroides spp., Fusobacterium, Capnocytophaga	Amoxicillin- clavulanate 875/125 mg PO q12hr OR 500/125 PO q8hr	Clindamycin 300 mg PO q6hr PLUS Fluoroquinolone (adults) OR Clindamycin + TMP- SMX (children)	Consider anti-rabies prophylaxis (rabies immunoglobulin and vaccine) Refer to Anti Rabies prophylaxis page 189-190.		
Human bite	Streptococci S. aureus, Eikenella corrodens Anaerobes	Early (not infected) Amoxicillin- clavulanate 875/125 mg PO q12hr for 5 days Later: signs of infection (usually in 3–24 hrs) Piperacillin- tazobactam 4.5g IV q8hr	If pen allergy: Clindamycin + (either Ciprofloxacin OR TMP-SMX)	Cleaning, irrigation and debridement most important for clenched fist injuries x-rays should be obtained. Bites inflicted by hospitalised patients, consider aerobic Gram-negative bacteria. Eikenella resistant to Clindamycin, Nafcillin/Oxacillin, Metronidazole, first generation Cephalosporin, and Erythromycin, susceptible to FQs, and TMP-SMX		

ANATOMIC SITE/	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
Snake bite	Enterobacterales, Pseudomonas, Staphylococcus, Clostridium spp.	Primary therapy is anti-venom Piperacillintazobactam if the wound is infected.		Tetanus prophylaxis. Obtain culture. Antibiotic treatment indicated if there are signs of infections. Should be guided by a culture report.
Boils, furunculosis carbuncles afebrile	S. aureus both MSSA & MRSA- increase incidence of community- associated MRSA	Incision & drainage is indicated. If abscess <5 cm in diameter: culture abscess, hot packs, NO drugs. If abscess >5 cm in diameter: TMP/SMX 1 DS tab PO q12hr	Clindamycin PO 300–600 mg q6–8hr for 5–10 days	
Boils, subcutaneous abscesses, furunculosis, carbuncles (connecting abscesses) febrile	S. aureus both MSSA & MRSA- increase incidence of community- associated MRSA	Incision & drainage is the mainstay of treatment Outpatient: TMP/SMX 1 DS tab q12hr for 5–10 days	Clindamycin PO 300–600 mg q6–8hr In-patient: Obtain pus and blood cultures Vancomycin 15 mg/kg q12hr till culture results are available	Needle aspiration is inadequate. Consider imaging if not sure of the extent or the diagnosis. Therapy should be given before incision and drainage in patients with prosthetic heart valves or other conditions placing them at high risk for endocarditis

ANATOMIC SITE/	ETIOLOGIES	SUGGESTEI	REGIMENS	COMMENTS
DIAGNOSIS		FIRST LINE	SECOND LINE	
Recurrent boils, subcutaneous abscesses, furunculosis	MSSA, MRSA	Consult ID if decolonization is considered. Mupirocin 2% ointment to anterior nares twice a day for 7 days and daily Chlorhexidine 2% bath for 7 days. Decontamination of personal items such as towels, linen, etc.	Consult ID or microbiologist if oral antibiotics needed for decolonization	Adult patients should be evaluated for neutrophil disorder if recurrent abscesses started in early childhood
Impetigo	Group A Strep. (rare group B, C & G) S. aureus (MSSA, MRSA) cause bullous impetigo	No oral antibiotics unless severe, extensive, or bullous or in outbreak setting Few lesions, Streptococcus. impetigo: Topical Fusidic acid 2% for 5 days. Bullous impetigo: Topical Fusidic acid 2% or Mupirocin 2% q8hr (for MRSA) for 7 days. When oral antibiotic indicated: Cloxacillin 500 mg PO q6hr OR Cephalexin 250 mg PO q6hr for 5–7 days based on	For MRSA: Doxycycline, TMP-SMX, OR Clindamycin can be used	Reserve topical antibiotics for localized lesions: topical Fusidic acid 2% q8hr for 5 days can be used Do not use Mupirocin (Reserved for MRSA)

TABLE 9: GU	IDELINES FOR T	REATMENT OF SKI	N AND SOFT TISS	UE INFECTIONS
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
Burns Non-infected		Role of topical antibiotic is unclear	Silver sulfadiazine 1%	Anti-tetanus is indicated
Burns Wound sepsis	S. pyogenes S. aureus, Enterobacter- spp., P. aeruginosa, E. coli, Fungi (rare), HSV (Rare)	Cefepime 2gm IV q8–12hr OR Piperacillin- tazobactam 4.5gm IVq8hr ± Vancomycin (Consider adding Vancomycin if the patient is known or suspected of MRSA).	Meropenem PLUS Vancomycin	Obtain blood and wound cultures before starting antibiotics if possible. Monitor serum levels of Vancomycin as serum half-life of most antibiotics is decreased in burns patients. Candida usually colonised wounds but rarely invades
Cellulitis, Erysipelas Extremities, non-diabetic	Strept spp. (group A, B, C, G) S. aureus	Inpatient: Cefazolin IV 1gm q8hr OR Cloxacillin 2gm IV q6hr When afebrile can step to oral therapy. Outpatient: Cephalexin 500 mg PO q6hr for 10 days	Amoxicillin- clavulanate OR Clindamycin OR Clarithromycin	Always elevate the affected extremity. Cultures should be obtained for patients on chemotherapy, neutropenia, animal bites or immuno- compromised or immersion injuries. Penicillin G 1–2 million units IV q6h if Streptococci
Facial, adult (erysipelas)	Strept (group A, B, C & G) S. aureus (MRSA), S. pneumoniae (rare)	Ceftriaxone 1g IV q24hr	Vancomycin 1 gm IV q12hr if MRSA suspected	Obtain blood cultures
Erysipelas and Diabetes mellitus	Strept (group A, B, C& G) S. aureus, Enterobacterales Clostridia (rare)	Early mild: TMP-SMX-DS 1–2 tabs PO q12hr PLUS Cephalexin PO 500 mg q6hr	Severe: Meropenem or Piperacillin- tazobactam PLUS Vancomycin OR Linezolid	Surgical consultation to rule out necrotizing fasciitis and for debridement to obtain cultures. If septic, consider x-rays to assess the presence of gas

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

TABLE 9: GUIDELII	TABLE 9: GUIDELINES FOR TREATMENT OF SKIN AND SOFT TISSUE INFECTIONS				
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS	
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE		
Diabetic foot Mild: presence of purulence & >1 sign of inflammation and cellulitis (if present) <2 cm around the ulcer limited to skin and superficial subcutaneous tissue	S. aureus, Streptococci Group A, B	Cephalexin PO 500 mg q6hr OR Clindamycin 600 mg PO q8hr If IV needed: IV Clindamycin 600 mg q8hr OR IV Cefazolin 1gm q8hr	Amoxicillin/ clavulanate 875/125 mg PO q12hr	If MRSA risk or positive infection or colonization add Vancomycin OR Linezolid to regimens not containing Clindamycin or microbiology reports indicates Clindamycin resistance	
Diabetic foot: Moderate: same as mild PLUS >2 cm of cellulitis, lymphangitis streaking, spread beneath superficial fascia, deep tissue abscess, gangrene, involvement of muscle, tendon, joint or bone.	As above + coliforms +/- Pseudomonas +/- anaerobes	Ciprofloxacin (750 mg orally q12hr) PLUS Metronidazole (500 mg orally every 8 to 12 hours) PLUS, either Doxycycline (100 mg PO q12 hr) OR TMP-SMX (480mg- 960mg PO q12 hrs)	Cefepime 2gm IV every 8 hrs OR Piperacillin- tazobactam 4.5g q8hr OR Ertapenem 1g IV q24hr	Antibiotics to be adjusted based on culture results. Routine surface swabs inadequate to determine main pathogen within the polymicrobial colonisation of diabetic foot ulcer, Ideally, early ulcer debridement and deep tissue samples are important before empiric antimicrobials	
Diabetic foot Severe: same as above in addition to systemic toxicity or metabolic instability	As above + anaerobes	Piperacillin- tazobactam 4.5Gm IV q6hr PLUS Vancomycin 15-20 mg/kg IV q12hr	Ciprofloxacin 400 mg IV q12hr PLUS IV Metronidazole 500gm q8hr PLUS IV Vancomycin 15-20 mg/kg IV q12hr OR Meropenem 1g q8hr PLUS Vancomycin	Diabetic foot Severe: same as above in addition to systemic toxicity or metabolic instability	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
Necrotizing fasciitis Empirical therapy Necrotizing fasciitis	Types (1) Strep spp., Group A, C, G (2) Clostridia spp. (3) Polymicrobial, aerobic + anaerobic (if S. aureus + anaerobic strep = Meleney's synergistic gangrene); (4) MRSA; (5) V. vulnificus (6) Klebsiella spp (7) Aeromonas spp. Streptococcal (A, C, G)	Meropenem 1g IV every 8 hr OR Ertapenem 1g IV every 24 hr PLUS Vancomycin 15 to 20 mg/kg IV q8 to 12 hr OR Daptomycin 4 to 6 mg/kg IV q 24hr PLUS Clindamycin 900 mg IV q8 hr Penicillin G 4- million-unit IV q4hr PLUS Clindamycin 900 mg IV q8hr PLUS IVIG (Intravenous Immunoglobulin) not recommended except for group A strep infection: 0.5 gm/kg day 1, then 25 gm days 2 and 3 (CID 71:1772, 2020)	Piperacillintazobactam (adults: 3.375 gm IV q6hr or 4.5g every 8 hours add Vancomycin OR Daptomycin if MRSA is suspected. PLUS Clindamycin 900 mg IV every 8 hrs	All types require prompsurgical debridement. Diagnosis of necrotizing fasciitis requires incision & probing of the fascial plane. Need Gramstain/culture to determine if aetiology is Streptococcus, Clostridia, polymicrobial, or S. aureus. ID and surgical consultation and review.

TABLE 9: GUIDEL	INES FOR TREATM	IENT OF SKIN AND	SOFT TISSUE INFE	CTIONS
ANATOMIC	ETIOLOGIES	SUGGESTEI	REGIMENS	COMMENTS
SITE/		FIRST LINE	SECOND LINE	
DIAGNOSIS Necrotizing fasciitis	Polymicrobial	Meropenem or Piperacillin- tazobactam PLUS Vancomycin or Daptomycin		Doses as above. Antibiotics can be adjusted based on culture results.
Necrotizing fasciitis	Clostridia spp.	Penicillin G 2–4- million-unit IV q4hr PLUS Clindamycin 900 mg IV q8hr		
Staphylococcal scalded skin syndrome	Toxin-producing S. aureus	MSSA: Cloxacillin 2g IV q4hr for 5–7 days MRSA: Vancomycin 15 mg/kg IV q12hr		Toxin causes intra- epidermal split and positive Nikolsky sign. Biopsy can differentiate drug cause such as toxin epidermal necrolysis
Infected wound extremities post-trauma	Polymicrobial S. aureus, Streptococcus spp., Coliforms, Clostridium spp., Water exposure: Pseudomonas spp., Aeromonas spp, Vibrio spp	Mild: TMP/SMX 960mg PO q12hr OR Clindamycin Febrile with sepsis: Piperacillintazobactam OR Meropenem PLUS Vancomycin	Doxycycline PO 100 mg q12hr OR Amoxicillin- clavulanate PO OR Vancomycin PLUS (Ciprofloxacin OR Levofloxacin)	Debride the wound if necessary Culture is indicated Antibiotics to be adjusted based on susceptibility results Tetanus toxoid
Infected wound Postoperative, not involving intestinal or genital surgeries	S. aureus, Strept. A, B, C, G	Mild: TMP/SMX 1 tab PO q12hr Severe: Vancomycin 1520 mg/kg q12hr	Mild: Clindamycin 300– 450 mg PO q8hr Severe: Linezolid	Check Gram stain of exudate

TABLE 9: GUIDEL	TABLE 9: GUIDELINES FOR TREATMENT OF SKIN AND SOFT TISSUE INFECTIONS			
ANATOMIC	ETIOLOGIES	SUGGESTEI	REGIMENS	COMMENTS
SITE/		FIRST LINE	SECOND LINE	
DIAGNOSIS/				
Infected wound postoperative, involving intestinal	S. aureus (MSSA, MRSA) Strep. spp	Mild: Amoxicillin- clavulanate 875/125 mg PO q12hr	- Can substitute Linezolid OR Daptomycin for	Drain wounds and get cultures
or genital surgeries	Coliforms, anaerobes	OR TMP/SMX 1– 2-tab PO q12hr (if	Vancomycin.	
		Gram-positives seen on Gram stain) Severe:	-Can substitute Ciprofloxacin OR	
		Piperacillin-	Levofloxacin for	
		tazobactam 4.5g IV q8hr PLUS Vancomycin 15 mg/kg IV q12hr OR Meropenem PLUS Vancomycin 15-20 mg/kg IV q12hr	Beta-lactam antibiotics	
Scabies		Permethrin 5% cream. Apply to the entire skin from chin down to toes. Leave it for 8-14 hrs. Repeat in 1-2 weeks.	Ivermectin Ivermectin is not recommended for pregnant or nursing, or children less than (15 kilograms).	Consult ID. Treat all household and sexual contacts. Decontaminate clothes.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All He

				T INFECTIONS AND
ANATOMIC SITE/ DIAGNOSIS	ETIOLOGIES		D REGIMENS SECOND LINE	COMMENTS
	riuria refers to isolaticimen) from an indivise of pregnancy and E. coli, Klebsiella, Proteus, Staph. saprophyticus.	ion of bacteria (Exidual without symbol patients undergon Nitrofurantoin 100 mg PO q12hr x 5 days Nitrofurantoin is the first line due to better susceptibility among Uropathogens according to OMASS 2023.	O0,000 [105] colony- ptoms of urinary trace oing invasive urolog Trimethoprim/ sulfamethoxazole 960 mg PO q12hr x 3 days OR Cephalexin 500 mg PO q6hr x 5-7 days OR Fosfomycin 3g PO single dose OR if G6PD deficient Amoxicillin- clavulanate 875/125 mg PO q12hr x 5-7 days	forming units [CFU]/mL in a rinfection (UTI). Treatment ical procedures. - Routine urine culture is not recommended in cases with classic symptoms of acute uncomplicated cystitis Check G6PD deficiency status prior to prescribing Ciprofloxacin and other fluoroquinolones are no longer recommended as first line treatment due to increasing rate of resistance and potentially permanent and disabling rare adverse effects If Staphylococcus aureus is isolated in the urine, bacteraemia may be present. The patient must be assessed for other sources of infection.
tract infections	underlying condition Diabetes Pregnancy Symptoms Hospital-ace Renal failue Urinary tra Presence of diversion	for 7 or more days cquired infection are act obstruction	s before seeking care	py, including the following:

			NARY TRACT INFE	ECTIONS AND SEXUALLY
TRANSMITTED DIS				
ANATOMIC	ETIOLOGIES		TED REGIMENS	COMMENTS
SITE/		FIRST LINE	SECOND LINE	
DIAGNOSIS	D 1	1	1'. C.1 '	
	 History of Renal trans Immunosu Prior to empiric the obstructive uropath Infection with a mualthough there is no antimicrobial to wh 	UTI in childhood splantation ppression erapy: urine culture by is suspected, need the culti-drug resistant to data to suggest the culti-drug period the infecting pression and the culti-drug resistant to data to suggest the culti-drug period the infecting pression and the cultiparts and the cultiparts are cultiparts.	ed imaging of urinary propathogen is also con that such infections are that such infections are	otensive: blood cultures. If tract asap. onsidered complicated a more likely to fail if an e is used.
Complianted LITI	E. coli	Low risk for	High risk for	Consider imaging if
Complicated UTI	Klebsiella	MDR Gram	MDR Gram	persistent clinical
	Kieosieiia	negative	negative	symptoms/instability
	Proteus	bacteria:	bacteria:	despite 24-48 hours of
	S. saprophyticus	Ceftriaxone) 1g IV once	Meropenem 1gm IV every 8 hours	appropriate antimicrobial therapy
	Enterococci	daily	infused over 3 hours	Drug-resistant gram- positive organisms: Add
	Pseudomonas aeruginosa	OR Piperacillintazobactam		Vancomycin (for MRSA) or Linezolid, Daptomycin (for VRE) to Ceftriaxone
	Candida	4.5 gm IV q6- 8hr		Adjust therapy according to
		OR Gentamicin 5 mg/kg IV q 24 hr		culture and susceptibility results.
Complicated UTI	Proven Carbapenem resistant Enterobacterale s (CRE)	Ceftazidime- avibactam 2.5 gm IV q8hr +/- Aztreonam 2gm IV q 6- 8hr		Consult ID CRE Incidence per 1000 positive urine culture is 19.3/1000 (OMASS 2023)

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE/		FIRST LINE	SECOND LINE	
DIAGNOSIS				
Acute	E. coli	If no risk of	If no risk of	Nitrofurantoin and
Pyelonephritis	Klebsiella	MDR	MDR	Fosfomycin should not be
	Proteus	Ceftriaxone 1-	Ciprofloxacin	used for pyelonephritis
	Enterococci	2g q24hr for 7	500mg PO,	because of low renal tissue
	Pseudomonas	to 10 days OR	q12hr or 400 mg	concentration.
	aeruginosa	Gentamicin	IV q12hr for	Tailor the empirical
		5mg/kg IV	5-7 days	antibiotics to the
		q24hr.	OR	urine/blood culture final
			Levofloxacin IV	susceptibility result.
			/PO 750 mg	
			q24hr x 5-7 days	
		If risk of	If risk of MDR	
		MDR or	or critical	
		critical	disease:	
		diseases:		
		Meropenem	Ertapenem 1 gm	
		1g IV q8hr	IV q24hr	
		OR	OR	
		Piperacillin-	Ceftazidime-	

IV q8hr

4.5g IV q6hr

TABLE 10: GUIDELINES FOR TREATMENT OF URINARY TRACT INFECTIONS AND SEXUALLY TRANSMITTED DISEASES IN ADULTS

ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
Pregnancy cystitis	as above	Nitrofurantoin 100 mg PO q12hr for 7 days	Amoxicillin- Clavulanate 875/125 mg PO for 10–14 days	Contraindicated in pregnancy: Ciprofloxacin, Tetracycline,
			OR Fosfomycin 3g PO single dose	Avoid during 1st trimester: Trimethoprim- sulfamethoxazole, Nitrofurantoin. Avoid near term:
				Trimethoprim-sulfamethoxazole. A follow up culture (test of cure) should be obtained a week after completion of therapy. Consult ID/micro if bacteriuria persists
Pregnancy Pyelonephritis	Same as for Cystitis	Mild-moderate: Ceftriaxone 1g IV q 24 hours OR Cefepime 1g IV q12hr Severe: Piperacillintazobactam 4.5gm IV q6hr	Mild- Moderate: Ampicillin 1-2 g IV q6hr PLUS Gentamicin 1.5 mg/kg q8hr Severe: Meropenem 1g IV q8hr OR -Ertapenem 1g IVq24hr	Switch to PO therapy after afebrile for 48 hrs. Duration is for 10-14 days

concentrations in the

urine

ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE /DIAGNOSIS	FIRST LINE	SECOND LINE		
Candidal UTI				
Asymptomatic, Candiduria		No treatment required except if undergoing urologic procedure, in the setting of neutropenia or in low-birth-weight neonates		If possible, remove the urinary catheter or ster
Symptomatic cystitis (or asymptomatic but undergoing urologic procedure or high risk for disseminated infection)		Fluconazole 400 mg (6mg/kg) PO q 24hr for 14 days Treatment should be started before and continued after the procedure.	Amphotericin B 0.3–0.6 mg/kg IV q 24hr (for Fluconazole resistant organisms) For 1–7 days.	Consult ID Bladder irrigation with amphotericin B is NOT recommended fo cystitis or pyelonephri
Candida Pyelonephritis		Fluconazole PO/IV 400 mg (6mg/kg) q 24 hr for 14 days	Amphotericin B 0.5-0.7 mg/kg IV q 24hr (for Fluconazole resistant organisms) for 1-7 days.	Lipid formulations of amphotericin B should not be used to treat urinary tract infection because they do not penetrate into the kidney or achieve adequate

TABLE 11: GUIDELINES FOR SEXUALLY TRANSMITTED DISEASES IN ADULTS					
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS	
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE		
Urethritis / cervicitis/ Proctitis	Neisseria Gonorrhoea or Chlamydia trachomatis	Ceftriaxone 500 mg IM stat PLUS Doxycycline 100mg PO q 12hr for one week.	Azithromycin 1g PO stat	- treatment is based on syndromic approach as NAAT testing is limited to few centres -50 % of patients with Urethritis / cervicitis/ Proctitis due to Neisseria Gonorrhoea have concomitant Chlamydia trachomatis or vice versaTreat partner	
Urethritis / cervicitis Pregnancy		Ceftriaxone 500 mg IM stat if Chlamydia not excluded add Azithromycin 1g PO stat		Doxycycline is contraindicated in pregnancy	
Recurrent or persistent urethral discharge in men treat based on NAAT results	C. trachomatis Mycoplasma genitalium & Trichomonas vaginalis HSV can also be a cause	-Consider resistant -Treat based on NA	AT results	Repeat NAAT for: - N. gonorrhoeae -C. trachomatis Send urine-based NAAT test for: -M. genitalium -T. vaginalis Treat the partner	
Genital Herpes	Herpes Simplex virus (HSV)	Acyclovir 400mg PO q8hr for 7-10 days or Valacyclovir 1g PO q12hr for 7-10 days		for recurrent genital herpes please refer to Table on treatment of viral infection guidelines	

TABLE 11: GUID	TABLE 11: GUIDELINES FOR SEXUALLY TRANSMITTED DISEASES IN ADULTS					
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS		
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE			
Vaginal candidiasis	Pseudohyphae & spores- Candida	Clotrimazole cream 1% plus Clotrimazole pessary 500mg	Mild infection: Fluconazole 150 mg PO stat Severe infection or immunocompro mised infection: Fluconazole 150 mg PO q72 hr to be repeated as needed every 72 hrs for 2-3 days.	Microscopic Approach Fluconazole should be avoided during pregnancy		
Bacterial Vaginosis	Clue cells- Bacterial vaginosis (BV)	Metronidazole 500 mg PO q12 hrs for 7 days	Clindamycin 100 mg vaginal suppositories at bedtime for three days OR Clindamycin 300 mg orally twice daily for 7 days	By Microscope		
Trichomoniasis (TV)	Flagellated unicellular protozoa- Trichomonas	Metronidazole 500 mg PO q12hr x 7d for women OR 2 g PO x one dose for men		By Microscope		
Pelvic Inflammatory Disease (PID)	N. gonorrhoeae, chlamydia, Bacteroides, Enterobacterales, streptococci, especially S. agalactiae	Outpatient Ceftriaxone 500 mg IM single dose PLUS, Doxycycline 100mg q 12hr for 14 days PLUS, Metronidazole 500 mg PO q12hr for 14 days In-patient: Ceftriaxone	Alternative to Doxycycline is Azithromycin either as: 500 mg q24hr for 1-2 days then 250 mg q24h for a 14-day course OR 1g once per week for 2 weeks	The optimal duration of therapy is unknown. A total of 14 days is acceptable		

TABLE 11: GUIDELINES FOR SEXUALLY TRANSMITTED DISEASES IN ADULTS					
ANATOMIC	ETIOLOGIES	SUGGESTED R	EGIMENS	COMMENTS	
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE		
Lymphogranuloma venereum (LGV)	Chlamydia Trachomatis	1g IV q24hr PLUS Doxycycline 100 mg PO/IV q12hr PLUS Metronidazole 500 mg PO/IV q12hr Doxycycline 100mg q12hr for 21 days	Azithromycin 1G weekly x 21 days if patient or partner is pregnant		
Genital Warts	Human papillomaviruses (HPVs)	Podophyllotoxin Solution 5mg/ml	Apply twice daily to lesions for 3 consecutive days each week for 4weeks		
Syphilis	HIV; test all HIV pa Indications for LP (involvement, other of	ma-specific antibody or RPI atients for latent syphilis. CDC): neurologic symptoms evidence of active syphilis (a y: either desensitise to penic	s, treatment failure, an aortitis, gumma, iritis)	y eye or ear	
Early syphilis: primary, secondary, or latent <1 yr	Treponema Pallidum	Benzathine penicillin G 2.4 IU IM ONE DOSE	Alternative agent in nonpregnant adults: -Doxycycline (100 mg PO q12hr for 14 days) (with no evidence of neurologic, ocular or otic syphilis) OR -In case of Penicillin allergy: Ceftriaxone 1g (IM or IV) daily for 10 to 14 days	Patients with neurologic, ocular, or otic manifestations of early syphilis require intravenous (IV) therapy Jarisch-Herxheimer reaction is an acute, self-limited, febrile reaction that usually occurs within the first 24 hours after the patient receives therapy for any spirochetal infection, including syphilis (10-35% of cases). It is seen most commonly after treatment of early syphilis.	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

TABLE 11: GUID	TABLE 11: GUIDELINES FOR SEXUALLY TRANSMITTED DISEASES IN ADULTS					
ANATOMIC SITE	ETIOLOGIES	SUGGESTED R	EGIMENS	COMMENTS		
/DIAGNOSIS		FIRST LINE	SECOND LINE			
Late Latent Syphilis	Treponema Pallidum	Benzathine penicillin G 2.4MU IM one injection each week for 3 weeks	For nonpregnant patients with late latent syphilis who are Penicillin allergic, Doxycycline (100 mg orally twice daily) can be administered for 28 days	Data are limited for this alternative therapy for late Latent syphilis, so patient needed to be followed closely during treatment		
Treatment of neuro/ocular/otic syphilis (Obtain CSF examination)		Penicillin G (3 to 4 million units IV q4hr for 10 to 14 days	Ceftriaxone 2 g (IV or IM) q24hr for 14 days	For penicillin allergy: either desensitize to Penicillin or obtain infectious diseases consultation.		
Syphilis, Pregnancy	-Doxycycline and te -Erythromycin is no -Parenteral (IM or I' for both mother and	we VDRL or equivalent test. stracycline contraindicated. It recommended because of the V) penicillin G is the only the fetus during pregnancy. Preferred to ID, desensitized and	he high risk of failure erapy with documento gnant women with a h	to cure fetus. ed safety and efficacy nistory of penicillin		
Primary/ secondary/early latent	Treponema Pallidum	Penicillin G benzathine (Bicillin L-A) 2.4 million units IM in a single dose (usually administered as 1.2 million units in each buttock)				
Late latent/tertiary/ unknown duration	Treponema Pallidum	Penicillin G benzathine (Bicillin L-A) 2.4 million units IM once weekly (usually administered as 1.2 million units in each buttock) for 3 weeks (7.2 million units' total dose)				

TABLE 11: GUIDELINES FOR SEXUALLY TRANSMITTED DISEASES IN ADULTS					
ANATOMIC SITE/	ETIOLOGIES	SUGGESTED R	COMMENTS		
DIAGNOSIS		FIRST LINE	SECOND LINE		
Neurosyphilis (including ocular syphilis)		Aqueous crystalline penicillin G IV 18 to 24 million units per day, administered as 3 to 4 million units IV every 4 hours or as a continuous infusion over 24 hours for 10 to 14 days			
Post-exposure prophylaxis		Penicillin G benzathine (Bicillin L-A) 2.4 million units IM in a single dose (usually administered as 1.2 million units in each buttock)			

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

TABLE 12: GUIDELINES FOR TREATMENT OF SYSTEMIC INFECTIONS					
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS	
SITE		FIRST LINE	SECOND LINE		
/DIAGNOSIS					
Important: Obtain	careful epidemiologic	e history			
Brucellosis	B. abortus (cattle),	No focal disease:	Doxycycline 100 mg		
	B. suis (swine),	Doxycycline 100 mg	PO q12hr PLUS		
	B. melitensis,	PO q12hr for 6 weeks	Rifampicin 600–900	Consult ID	
	(goats),	PLUS Gentamicin 5	PO OD for 6 weeks		
	B. canis (dogs)	mg/kg IV OD for the			
		first 7 days	Cin 750 mg DO g12hr		
		Spondylitis, sacroiliitis:	Cip 750 mg PO q12hr PLUS Rifampicin		
		Gentamicin 5 mg/kg IV	600–900 mg PO		
		q 24hr for the first 7-14	q24hr both for a		
		days PLUS	minimum of 3 months		
		Doxycycline 100 mg			
		PO q12hr PLUS			
		Rifampicin 600-900 mg			
		PO q24hr for minimum			
		of 3 months			
		Neuro-brucellosis:	/DO alohe DI IIC		
		-Doxycycline 100 mg IV/ Rifampicin 600-900 mg I	_		
		both for at least 12 weeks	•		
		therapy is often extended			
		PLUS	1		
		Ceftriaxone 2g IV q12hr	(for the first 4 to 6		
		weeks) and until CSF par	ameters return to		
		normal			
		Endocarditis:			
		Surgery PLUS combinati			
		PLUS Rifampicin PLUS			
		weeks to 6 months) PLU IV q24hr for 2–4 weeks	o Gentannichi 5 ilig/kg		
		Pregnancy: <36 weeks	(TMP-SMX may		
		gestation	cause kernicterus if	Consult ID	
		Rifampicin 600-900 mg	given during the last		
		PO q24hr PLUS TMP-	week of pregnancy)	Limited data on	
		SMX 960 mg PO q12hr		treatment of	
		for 4 weeks		brucellosis in	
		Pregnancy: >= 36		pregnancy	
		weeks gestation			
		Rifampicin			
		monotherapy until			
		<u>delivery</u>			

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All He

TABLE 12: GUIDELINES FOR TREATMENT OF SYSTEMIC INFECTIONS				
ANATOMIC SITE/	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
Leptospirosis	Leptospira	Mild illness: Doxycycline 100 mg PO q12hr OR Amoxicillin 500 mg PO q8hr for 7 days	Mild illness Azithromycin 500 mg PO q24hr for 3 days	Send serology and Blood, urine or CSF for leptospira PCR. urine of domestic livestock, dogs and small rodents
		Severe illness: Penicillin G 1.5 million U IV q6hr OR Ceftriaxone 2 gm IV q24hr For 7 days	Severe illness: Doxycycline 100 mg IV q12hr for 7 days	
Typhoid and Paratyphoid fever	Salmonella Typhi Salmonella Paratyphi A, B, C	Ceftriaxone 2g IV q24hr for 7–14 days (for uncomplicated infection)	Ciprofloxacin 500 mg PO q12hr OR 400 mg IV q12hr for 7–14 days OR Azithromycin 1g PO for one dose, then 500 mg q24hr for 5–7 days	Susceptibility test results are essential to guide therapy as resistance to Ciprofloxacin is increasing. In cases with a history of travel to countries with high prevalence of multidrug resistant strains e.g XDR (such as Pakistan), consider treating with Azithromycin for uncomplicated infection and Meropenem for complicated or severe infection. Dexamethasone is used in severe infections, first dose should be prior to antibiotics 3 mg/kg IV, then 1 mg/kg IV q6hr x 8 doses for 48 hrs.

TABLE 12: GUIDELINES FOR TREATMENT OF SYSTEMIC INFECTIONS				
ANATOMIC SITE/	ETIOLOGIES	SUGGESTED REGIMENS		COMMENTS
DIAGNOSIS		FIRST LINE	SECOND LINE	
Salmonella bacteraemia (non-typhoidal) Screen for HIV infection	Salmonella enteritidis or other serotypes from animal sources	Ceftriaxone 2 g IV q24hr	Ciprofloxacin 400 mg IV q12hr OR Levofloxacin 750 PO q24hr - Do not use quinolones until susceptibility is determined.	Rule out endovascular infection, osteomyelitis in sickle cell disease patients. Treatment duration -for 14 days (immunocompetent) if no extra-intestinal infection -for ≥6 weeks if extra-intestinal infection e.g mycotic aneurysm, endocarditis, or immunosuppressed patientConsider treating with Meropenem if XDR Salmonella is suspectedAzithromycin 1 gm for the first few days then, 500 mg PO q24hr for 5–7 days is another alternative treatment.

TABLE 12: GUI	TABLE 12: GUIDELINES FOR TREATMENT OF SYSTEMIC INFECTIONS					
ANATOMIC	ETIOLOGIES	SUGGESTEI	REGIMENS	COMMENTS		
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE			
Q Fever, acute	C. burnetii	Doxycycline 100 mg PO q12hr for 2 weeks	Fluoroquinolone (e.g. Moxifloxacin 400 mg PO q24hr for 2-3 weeks).	h/o animal contact Consult ID		
Q fever, chronic	C.burnetii	Endocarditis / infected graft or aneurysm: Doxycycline 100 mg IV/PO 12 hrs PLUS Hydroxychloroqu ine 200 mg PO q8hr for at least 18 months. Infected bone, joint, liver: same as above until fall in antibody titre.		Consult ID Diagnosis: IFA > 800 phase 1 IgG plus evidence of endocarditis or vasculopathy or signs of chronic Q fever or positive Coxiella burnetii PCR of blood or tissue. Possible chronic Q fever = IFA > 800 phase 1 IgG.		
Sepsis (suggested empiric therapy assumes patient is bacteremic) Not neutropenic No clear source Life-threatening Refer to specific sections of this guide for the empiric recommendatio n therapy for specific source of infection	Aerobic Gramnegative S. aureus, streptococci	Piperacillin/ tazobactam 4.5g IV q6hr PLUS Vancomycin 15- 20 mg/kg IV q 8- 12 hrs Stop Vancomycin if no resistant organisms are isolated after 48 hours from cultures	Meropenem 1-2 g q8hr Vancomycin OR Cefepime 2g q8hr PLUS Vancomycin 15- 20 mg/kg IV q 8- 12 hrs. If high prevalence of MDR Gram- negative (such as Carbapenem- resistant Enterobacterales [CRE] or MDR- GNB) consider adding IV Colistin or newer agents e.g. Ceftazidime- avibactam	Obtain appropriate cultures prior to antimicrobial therapy Check the patient old cultures and their antibiograms Could substitute Linezolid for vanco, however Linezolid is bacteriostatic against <i>S. aureus</i> . Stop Vancomycin and Colistin if no resistant organisms are isolated from cultures Consider adding anti-fungal agent if suspected fungal infection		

ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE/ DIAGNOSIS		FIRST LINE	SECOND LINE	
Septic Shock syndrome	See specific syndromes Proven therapies: replete intravascular volume with IV saline, goal is CVP >8 cm within 6 hrs of admission Attempt to correct the source of bacteraemia. Obtain cultures then start appropriate antibiotics, time of first dose is crucial Appropriate pressors if still hypotensive and elevated lactate	Piperacillin/ tazobactam 4.5 gm IV q6hr PLUS Vancomycin 15- 20 mg/kg IV q 8- 12 hrs	Meropenem + Vancomycin If high prevalence of MDR Gram- negative (such as CRE or MDR- GNB), consider adding IV Colistin or newer agents e.g Ceftazidime- avibactam	Hydrocortisone in stress dose 100 mg IV q8h if BP persistent after fluids and one pressor. Benefit in patients with severe sepsis (systolic pressure <90 mmHg)
Toxic shock syndrome due to Paeniclostridiu m sordellii present as shock, capillary leak, haemoconcentr ation, very high WBCs, afebrile	Paeniclostridium sordellii (formerly Clostridium sordellii)	See above shock syndrome Penicillin G 18– 20 million units/day divided q4-6hr PLUS Clindamycin 900 mg IV q8hr	Organism is usually sensitive to Cephalosporins, Carbapenems and Tetracycline	Toxic shock syndrome due to Paeniclostridium sordellii present as shock, capillary leak, haemoconcentration, very high WBCs, afebrile
Staphylococcal toxic shock syndrome-	S. aureus (toxic shock-toxin mediated)	Cloxacillin 2g IV q4hr for 10-14 days if no focus identified PLUS Clindamycin.	If MRSA suspected/ confirmed: Vancomycin 15-20 mg/kg IV q 8-12 hrs PLUS Clindamycin	IVIG 1 gm per kg on day 1 then 0.5 gm per kg days 2 & 3 for patients unresponsive to fluids and vasopressors.

TABLE 12: GUIDELINES FOR TREATMENT OF SYSTEMIC INFECTIONS				
ANATOMIC	ETIOLOGIES	SUGGESTE	D REGIMENS	COMMENTS
SITE/		FIRST LINE	SECOND LINE	
DIAGNOSIS				
		900 mg IV q8hr	900 mg IV q8hr	
		until patient is stable for 48-72	PLUS IVIG	
		hrs		
Streptococcal	Group A, C, G	Penicillin G	Ceftriaxone 2gm	IVIG associated with
toxic shock	streptococci	4 million units	IV q24hr	reduction in sepsis related
syndrome		q4hr		organ failure
	Group B	PLUS,	PLUS	IVIG dose 1 gm per kg on
	streptococcus can cause Toxic Shock-	Clindamycin 900 mg IV q8hr	Clindamycin 900 mg IV q8hr	day 1 then 0.5 gm per kg on days 2 & 3.
	like syndrome	If Clindamycin	ing iv qom	Consider household contacts
		susceptible,		prophylaxis for GAS
		continue		
		Clindamycin for		Duration: individualise, but
		5-7 days while		minimum of 14 days if
		continuing Penicillin, if		associated bacteremia
		Clindamycin		
		resistant, can use		
		Linezolid 600 mg		
		IV q12hr		
Febrile				of ≥38.0°C sustained over a
neutropenia			(ANC) <1500 or 1000 Moxifloxacin 400	
Febrile neutropenia	Aerobic Gram- negative bacilli,	Ciprofloxacin 750 mg PO	mg PO q24hr	Duration : continue until patient is afebrile and
Low risk	aerobic gram-	q12hr	nig i O q24iii	ANC>500 cells
(ANC >100,	positive cocci	q12		Three 500 cens
normal CXR,		PLUS		Obtain appropriate cultures
normal liver				and radiological
function tests and	1	Amoxicillin-		investigations to identify the
creatinine, no clinical IV		clavulanate 500/125 mg PO		focus of infection. Adjust antibiotics according
site/tunnel		q8hr		to susceptibility profiles
infection,		75		le susceptionity promos
Temperature <39),			
no abdominal				
pain,				
no comorbidities	•			
Neutropenia <7				
days)				

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All He

TABLE 12: GUIDELINES FOR TREATMENT OF SYSTEMIC INFECTIONS				
ANATOMIC	ETIOLOGIES	SUGGESTED	REGIMENS	COMMENTS
SITE /DIAGNOSIS		FIRST LINE	SECOND LINE	
Febrile neutropenia High Risk: Clinically stable (anticipate >7 days, profound neutropenia & active comorbidities Renal and liver impairment, pneumonia, mucositis). Initial fever Same as above	Aerobic Gram- negative bacilli, aerobic gram- positive cocci Pseudomonas Fungi (candida) Viral (HSV, VZV, Respiratory viruses)	Monotherapy with: Piperacillin- tazobactam 4.5g IV q 6hr. Consider Vancomycin if indicated (see comments)	-Cefepime OR Piperacillin/tazoba ctam PLUS, Aminoglycoside OR -Cefepime PLUS Ciprofloxacin). Consider Vancomycin if indicated (see comments)	Consider adding Vancomycin if: history of MRSA infection OR colonization OR suspected CRBSI, skin and soft tissue infection or pneumonia or mucositis or positive blood culture with Gram-positive organisms. -If suspected ESBL consider Meropenem
Febrile neutropenia Persistent fever or new fever after 4–7 days in clinically stable patient without established bacterial infection	Candida spp., Aspergillus, VRE Gram- negative bacilli	Continue antibiotics as above and add antifungal coverage: -if receiving Fluconazole as prophylaxis or no fungal prophylaxis, start Voriconazole or Caspofungin -if receiving Voriconazole or Posaconazole as prophylaxis then start Amphotericin B liposomal.		Prior to antifungal: obtain cultures, biopsy suspected skin lesions, CT chest/abdomen/sinuses, galactomannan assay, consult ID
Febrile neutropenia Clinically unstable patient despite appropriate antibiotic and antifungal coverage		Meropenem PLUS Vancomycin PLUS Aminoglycoside PLUS Antifungal		Obtain cultures and radiological workup. Consult ID

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

References:

Clinical practice guideline for the use of antimicrobial agents in neutropenic patients with cancer: 2010 update by the infectious diseases society of america.

Freifeld AG, Bow EJ, Sepkowitz KA, Boeckh MJ, Ito JI, Mullen CA, Raad II, Rolston KV, Young JA, Wingard JR, Infectious Diseases Society of America. Clin Infect Dis. 2011;52(4):e56

TABLE 13: GUIDELINES FOR TREATMENT OF COMMON VIRAL INFECTIONS					
ANATOMIC SITE /DIAGNOSIS	FIRST LINE	SECOND LINE	COMMENTS		
Varicella-zoster virus (VZV) (Chickenpox)	Valacyclovir 1g q8hr PO For 7 days	Acyclovir 20 mg/kg PO q6hr OR Acyclovir 10 mg/kg IV q8hr for 5 days	Treatment best started within 24 hrs from onset of rash The following situations should be treated anytime: adults, Immunocompromised, patients on steroid, pregnancy, chronic skin or lung disease, Hospitalisation and IV Rx should be offered for the following patients with: -respiratory symptoms -CNS complication - Haemorrhagic rash -Sever disease -Immunocompromised		
Varicella-zoster virus (VZV), Post exposure	(VZIG). Target indiv -Immunocompromise -Pregnant women who -Newborns of mother -Hospitalised prematu evidence of immunity -Hospitalised prematu birth, regardless of ma Timing: should be giv Dosing of VZV IVIG <2 kg − 62.5 internati -2.1 to 10 kg − 125 in 10.1 to 20 kg − 250 in 20.1 to 30 kg − 375 in 30.1 to 40 kg − 500 in ≥40 kg − 625 internati	viduals: d patients of any age who lack evidence of immus who develop varicella are infants born at ≥28 who, are infants born at <28 whaternal evidence of immusen as soon as possible as based on weight: onal units ternational units atternational units atternational units	five days before to two days after delivery. weeks of gestation whose mothers do not have weeks of gestation or who weigh ≤1000 g at unity to varicella and within 10 days of exposure		

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

			VIRAL INFECTIONS
ANATOMIC SITE /DIAGNOSIS	FIRST LINE	SECOND LINE	COMMENTS
Shingles	Valacyclovir 1g PO q8hr for 7 days	Mild-Moderate: Acyclovir 800 mg PO 5 x a day continue for 2 days after lesions are crusted Severe infections (patients with ocular, neurological and disseminated (> one dermatome) Acyclovir IV 10 mg/kg q8hr for 7-14 days	for severe and pregnant patients Consult ID Adjust the dosage for renal failure
Oral HSV (first episode)	Valacyclovir 1g PO q12hr	Acyclovir: 400 mg PO q8hr or 200 mg five times daily (For smaller children 15mg/kg 5 times/day) OR Famciclovir: 250 mg PO q8hr or 500 mg PO q12hr	Duration of treatment for 7-10 days, best within 72 hr but also beneficial within the first week of onset to improve course of infection
Oral HSV (recurrent) Rx is only indicated for severe recurrence that happens occasionally especially if there is a prodrome	Valacyclovir 2 g PO q12hr for one day)	Acyclovir 400 mg PO q8hr for five days OR Famciclovir 750 mg PO q12hr for one day OR 1500 mg as a single dose)	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All He

TABLE 13: GUII	TABLE 13: GUIDELINES FOR TREATMENT OF COMMON VIRAL INFECTIONS				
ANATOMIC SITE /DIAGNOSIS	FIRST LINE	SECOND LINE	COMMENTS		
Genital herpes simplex infection (first episode)	Valacyclovir 1g PO q12hr OR Acyclovir PO 400 mg q8hr OR Famciclovir PO 250 mg q8hr	Acyclovir IV (5 mg/kg every 8 hrs) for complicated cases with CNS or disseminated infection	Treatment should be started as soon as possible. duration 7-10 days Pregnancy: -Consult ID to assess the need for suppressive therapy and guide on the mode of deliveryPrimary HSV: increased risk of dissemination, including severe hepatitis, Risk greatest in 3rd trimester		
Recurrent genital herpes simplex infection	Valacyclovir 1g PO q12hr for 5 days OR Acyclovir 800 mg PO q8hr a day for 2 days, alternatively 200 mg PO 5 times a day for 5 days, alternatively 400 mg PO q8hr a day for 3–5 days.	Famciclovir:125 mg q12hr for 5 days, alternatively 1g q12hr for 1 day	Consult ID for the mode of delivery and the need for suppressive (longer term) therapy (can be considered for frequent recurrences with severe infection)		
Influenza	-Annual influenza vaccination is essential for all those at risk of influenza infectionAntiviral drugs are not a substitute for vaccination, which remain the most effective way of preventing illness from influenza. This is particularly important in pregnant women. -Testing for influenza, RSV and SARS-CoV-2 are essential and according to our national respiratory infection surveillance protocol (NARI). PCR tests are preferred -Empiric therapy should be started for all patients who are hospitalised, have severe or progressive influenza or are at higher risk of complications due to age or underlying medical conditionsCheck for concomitant bacterial pneumoniaNo antibiotic therapy or prophylaxis is indicated for uncomplicated influenza infectionEmpiric treatment for bacterial co-infection is recommended in influenza patients who: Present with respiratory failure or hemodynamic instability. Fail to improve or worsen after 3–5 days of antiviral therapy and supportive care				

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

TABLE 13: GUID	TABLE 13: GUIDELINES FOR TREATMENT OF COMMON VIRAL INFECTIONS					
ANATOMIC SITE /DIAGNOSIS	FIRST LINE	SECOND LINE	COMMENTS			
Influenza Treatment	Oseltamivir 75 mg PO q12hr for 5 days		Give for 10 days if immunocompromised For children and people with body weight <40 Kg, the dose should be adjusted to weight			
Influenza (prophylaxis)	Oseltamivir 75 mg PO q24hr for 10 days		This is only given to high-risk groups after close contact with influenza cases in the setting where influenza vaccination is contraindicated or not administered yet. This is not substitute for flu vaccination			

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 14 A: GUIDELINES FOR EMPERIC TREATMENT OF PEDIATRIC INFECTIONS

Access, Watch and Reserve antibiotics definitions

Access antibiotics are antibiotics with a narrow spectrum of activity, generally with less side-effects, a lower potential for the selection of antimicrobial resistance and of lower cost. They are recommended for the empiric treatment of most common infections and should be widely available.

Watch antibiotics generally have a higher potential for the selection of antimicrobial resistance and are more commonly used in sicker patients in the hospital facility setting. Their use should be carefully monitored to avoid overuse.

Reserve antibiotics are last-resort antibiotics that should only be used to treat severe infections caused by multi-drug-resistant pathogens.

Access, Watch and Reserve antibiotics in the 2021 WHO Model list of essential medicines and WHO Model list of essential medicines for children

Access group		Watch group		Reserve group	
Amikacin	Clindamycin	Azithromycin	Piperacillin/	Cefiderocol	Plazomicin
Amoxicillin	Cloxacillin	Cefixime	Tazobactam	Ceftazidime/	Polymyxin
Amoxicillin/	Doxycycline	Cefotaxime	Vancomycin	avibactam	В
Clavulanate	Gentamicin	Ceftazidime		Colistin	
Ampicillin	Metronidazole	Ceftriaxone		Fosfomycin	
Ampicillin/	Nitrofurantoin	Cefuroxime		Linezolid	
Sulbactam	Penicillin	Ciprofloxacin		Meropenem*	
Cefalexin	Trimethoprim/	Clarithromycin		Meropenem/	
Cefazolin	Sulfamethoxazole	Erythromycin		Vaborbactam	

^{*}For our local needs in Oman, within the pediatric context, we have opted to list meropenem as a reserve group antibiotic.

NEONATAL INFECTIONS (for babies admitted in the neonatal units)				
SYSTEM/ DIAGNOSIS	SUSPECTED PATHOGENS	INITIAL THERAPY	ALTERNATIVE THERAPY/ COMMENTS	
Early Onset Sepsis (first week of life)	Group B streptococci, Listeria, E. coli	Ampicillin AND Gentamicin	Consider addition of Cefotaxime if there is evidence or high suspicion for meningitis. See meningitis below. Consult ID for meningitis or refractory septic shock. Caution: early and prolonged antibiotic use in neonates has been associated with increased risk of necrotizing enterocolitis.	
Late Onset Sepsis (after first week of life)	Staphylococcus, Group B streptococci, Listeria, E. coli, other gram negatives	Hemodynamically stable: Cloxacillin AND Gentamicin OR Amikacin If central line is present: Vancomycin AND Amikacin	For septic shock or meningitis, use Ceftazidime instead of Cloxacillin, continue aminoglycoside, consider ID consult (Meropenem needed in more critical cases). Piperacillin/ Tazobactam is an option when meningitis is unlikely. Consider local susceptibility patterns. Monitor renal function carefully with Vancomycin, Gentamicin, Amikacin.	
Meningitis	Group B streptococci, Listeria, E. coli For Meningoencephalitis, focal seizures, skin or mucosal lesions in baby or mother: suspect HSV	Cefotaxime with OR without Gentamicin OR Amikacin Listeria suspected: Add Ampicillin HSV suspected: Add Acyclovir	Consult ID for meningitis. Addition of Gentamicin may have beneficial synergistic effect against some bacterial organisms (GBS). For Gram Negative Meningitis: use Meropenem AND Amikacin while awaiting culture results	
Necrotizing Enterocolitis Color Cod	Enteric gram negatives, anaerobes, enterococcus	Ampicillin AND Metronidazole AND Gentamicin	Consider ID consult for refractory cases. otic, Reserve Group Antibiotic	

NEONATAL INFECTIONS, continued (for babies admitted in the neonatal units)				
SYSTEM/ DIAGNOSIS	SUSPECTED PATHOGENS	INITIAL THERAPY	ALTERNATIVE THERAPY/ COMMENTS	
Candida sepsis	Candida species	Amphotericin B (first line) OR Fluconazole (acceptable alternative if not previously on prophylaxis)	Consult ID for Candida sepsis. Conventional Amphotericin B deoxycholate is the preferred formulation for neonates (better rena penetration). Liposomal Amphoterici B is an acceptable alternative, if no renal involvement. Note difference in dosing. Coordinate with pharmacy fo	
Ophthalmia neonatorum (conjunctivitis)	Neisseria gonorrhoeae, Chlamydia trachomatis, Staphylococcus aureus, Haemophilus influenzae Viral causes: HSV	N. gonorrhoae: Cefotaxime 100mg/kg IV or IM single dose C. trachomatis: Erythromycin (12.5mg/kg/dose every 6 hours orally for 14 days) OR Azithromycin (20mg/kg/dose once daily orally for 3 days)	Send testing for <i>N. gonorrhoeae</i> and of trachomatis (swab for NAAT), send swab for bacterial culture (pus swab). If HSV suspected, send testing (PCF from swabs, blood, CSF), and start IV Acyclovir.	

	COMMON PEDIATRIC INFECTIONS				
		Lower Respiratory Tract			
SYSTEM/	SUSPECTED	INITIAL THERAPY	ALTERNATIVE THERAPY/		
DIAGNOSIS	PATHOGENS		COMMENTS		
Bronchiolitis	Respiratory	No antibiotics or	Secondary bacterial infection is		
(<2 years of age)	Syncytial Virus,	antivirals are indicated	uncommon and should only be		
	Rhinovirus,	for the vast majority of	considered in select cases (worsening		
	Parainfluenza virus,	cases.	symptoms after 4-5 days, high grade		
	human		fevers with elevated inflammatory		
	Metapneumovirus		markers, lobar infiltrate). Influenza virus		
			is less commonly associated with		
			bronchiolitis, empiric Oseltamivir is <u>not</u>		
			indicated.		
Community	Respiratory viruses.	Most cases:	For patients with a simple pleural		
Acquired	Streptococcus	High dose Amoxicillin	effusion: use Ceftriaxone		
Pneumonia	pneumoniae,	OR IV Ampicillin			
(>2 months of age)	Haemophilus	D 1 771 1	For patients with loculated empyema or		
	influenza,	Requires High	necrotizing pneumonia: use Clindamycin		
	Staphylococcus	Dependency, HFNC or	and Ceftriaxone. Consult ID and surgery.		
	aureus,	NIV, or Aspiration	Desire tiet en marite (marie et en estado en e		
	Mycoplasma	Pneumonia:	During high community transmission of		
	pneumoniae.	IV Amoxicillin/ Clavulonate	Influenza virus, consider adding empiric Oseltamivir. Send RVP/PCR test.		
		Ciavuloliate	Oseitainivii. Seilu KVF/FCK test.		
		Septic Shock or Requires	Consider adding Azithromycin for		
		Mechanical Ventilation:	school-aged children with findings of		
		Vancomycin AND	atypical pneumonia (prolonged		
		Ceftriaxone	symptoms, bilateral chest findings,		
			extrapulmonary manifestations).		
Hospital Acquired	Streptococcus	Mild and low risk for	For septic patients, patients with central		
and Healthcare	pneumoniae,	Pseudomonas:	lines, and patients with previous MRSA		
Associated	Haemophilus	IV Amoxicillin/	colonization/infection: add Vancomycin		
Pneumonia	influenza,	Clavulonate			
(>2 months of age)	Staphylococcus		Risk factors for <i>Pseudomonas</i>		
	aureus,	Moderate/Severe,	aeruginosa include: mechanical		
	Pseudomonas	Intubated/	ventilation, immunodeficiency,		
	aeruginosa	Tracheostomized/	tracheostomy, bronchiectasis, previous		
		Immunocompromised:	colonization/infection with		
		IV Piperacillin/	Pseudomonas.		
Calar C	do: A apose Crown And	Tazobactam	Octio Pagarria Grana Antihisti		
Color Code: Access Group Antibiotic, Watch Group Antibiotic, Reserve Group Antibiotic					

COMMON PEDIATRIC INFECTIONS						
CY/CENTAL/	ENT and Upper Respiratory Tract					
SYSTEM/ DIAGNOSIS	SUSPECTED PATHOGENS	INITIAL THERAPY	ALTERNATIVE THERAPY/ COMMENTS			
Pharyngitis/ Tonsillitis	Streptococcus pyogenes (GAS)	Amoxicillin 25mg/kg/dose every	Most cases of pharyngitis are viral. GAS infection should be confirmed by			
(streptococcal)	pyogenes (OHS)	12 hours	the rapid antigen test, NAAT, or culture, to prevent overuse of			
		Penicillin allergy: Clindamycin OR Azithromycin	antibiotics.			
Acute Otitis	Streptococcus	Amoxicillin	Consider 48 hr observation before			
Media (AOM)	pneumoniae, Haemophilus	(5-10 days)	starting antibiotics for non-severe cases in children >2 years.			
	influenzae, Moraxella	Mild, non-IgE				
	catarrhalis	Penicillin allergy:	Amoxicillin dose:			
		<mark>Cephalexin</mark> IgE-mediated or	30-45mg/kg/dose every 12 hrs (high dose preferred for AOM)			
		severe Penicillin	(flight dose preferred for AOM)			
		allergy:	Use Amoxicillin/Clavulonate for			
		Clindamycin (5-10	patients not responding to Amoxicillin,			
		days) OR	or experiencing recurrence after recent			
		Azithromycin (3-5	treatment with Amoxicillin.			
		days)				
Acute Sinusitis	Streptococcus	Amoxicillin	For standard dose formulation of			
	pneumoniae,	15-30mg/kg/dose	Amoxicillin/Clavulonate (7:1) give 15-			
	Haemophilus	every 8 hours	25mg/kg/dose every 12 hours			
	influenzae, Moraxella catarrhalis	(10 days) OR	For autre strongth formulation (high			
	Catarrians	Amoxicillin/	For extra strength formulation (high dose) of Amoxicillin/Clavulonate			
		Clavulonate	(14:1) give 45mg/kg/dose every 12			
		(10 days)	hours			
Dental Abscess	Streptococcus	Amoxicillin/	Alternative: Clindamycin			
	pyogenes (GAS), mixed	Clavulonate				
	oral flora		Tooth extraction is often necessary.			
Retropharyngeal	Streptococcus	IV Amoxicillin/	Consult ID team. Consider early			
abscess	pyogenes (GAS), mixed	Clavulonate	surgical management by ENT. Send			
	oral flora	OR	pus for culture.			
		IV Clindamycin AND				
		Ceftriaxone				
Color Cod	le: Access Group Antibiot		tic, Reserve Group Antibiotic			

	COMMON PEDIATRIC INFECTIONS Eyes					
SYSTEM/ DIAGNOSIS	SUSPECTED PATHOGENS	INITIAL THERAPY	ALTERNATIVE THERAPY/ COMMENTS			
Conjunctivitis (>3 months of age)	Often is viral or allergic. Bacterial causes: Staphylococcus aureus, Haemophilus influenzae, Streptococcus pneumoniae	Viral: topical antihistamine, supportive Purulent/Bacterial: Topical Ofloxacin OR Ciprofloxacin ophthalmic drops for 5 to 7 days	Consult Ophthalmology if red flags are present: - Reduced visual acquity - Headache and nausea - Photophobia - Foreign body sensation - Ciliary flush, corneal opacity - Fixed pupil - Profuse purulent discharge			
Periorbital (Preseptal) Cellulitis	Skin origin: Staphylococcus aureus, Streptococcus pyogenese Sinus origin: respiratory flora	IV Cefazolin OR Cloxacillin If MRSA suspected: Clindamycin	If originating from sinusitis: IV Amoxicillin/Clavulonate Transition to oral therapy recommended in mild cases with significant improvement.			
Orbital Cellulitis	Streptococcus pneumoniae, Streptococcus pyogenes, Haemophilus influenzae, Staphylococcus aureus, Anaerobes	IV Ceftriaxone AND IV Clindamycin	Consider CT to assess the need for surgical intervention. Consider ID, ENT and ophthalmology consultations. otic, Reserve Group Antibiotic			

COMMON PEDIATRIC INFECTIONS Urinary Tract Infections				
SYSTEM/	SUSPECTED	INITIAL	ALTERNATIVE THERAPY/	
DIAGNOSIS	PATHOGENS	THERAPY	COMMENTS	
Urinary Tract Infection (>3 months of age)	E. coli	Oral <mark>Amoxicillin/</mark> Clavulonate	Always obtain appropriate urine specimen for culture prior to initiating antibiotics (catheter specimen for infants	
Uncomplicated		Oral Trimethoprim/ Sulfamethoxazole	<2 years of age, clean-catch specimen for toilet trained children >2 years). Bag specimens are only suitable for	
		Afebrile cystitis: consider	urinalysis, <u>never send for culture</u> .	
		Nitrofurantoin	Diagnosis of UTI requires evidence of pyuria and significant bacterial growth	
		Duration for febrile UTI in otherwise	with compatible symptoms.	
		healthy children: 7-10 days.	Obtain renal ultrasound for first-time UTI in infants <2 years of age.	
		Duration for afebrile UTI (cystitis): 3-5 days.	Nitrofurantoin is <u>contraindicated</u> in patients with G6PD deficiency.	
Urinary Tract	E. coli,	IV Ampicillin AND	Always obtain appropriate urine	
Infection	Enterococcus, other	Gentamicin	specimen for culture prior to initiating	
(>3 months of age)	enteric gram		antibiotics (catheter specimen for infants	
	negatives	OR	<2 years of age, clean-catch specimen for	
Complicated by:		IV <mark>Ceftriaxone</mark> AND	toilet-trained children >2 years). Bag	
urosepsis		Gentamicin	specimens are only suitable for	
or			urinalysis, never send for culture.	
immunodeficiency				
or			Review results of prior cultures. Consult	
failure of outpatient			ID for multi-drug resistant organisms.	
therapy				
			For patients with septic shock,	
			hemodynamic instability, inotropic	
			support requirement, use	
			Piperacillin/Tazobactam or Meropenem	
Colon Co. 1	o: Aggas Grave Antibio	Watah Craye Agtili	with <mark>Amikacin</mark> . otic, Reserve Group Antibiotic	

	COMMON PEDIATRIC INFECTIONS					
	Sepsis					
SYSTEM/	SUSPECTED	INITIAL	ALTERNATIVE THERAPY/			
DIAGNOSIS	PATHOGENS	THERAPY	COMMENTS			
Sepsis	Streptococcus	IV Vancomycin AND	Addition of Gentamicin STAT dose is			
(>3 months of age)	pneumoniae,	Ceftriaxone	especially important for patients with			
	Streptococcus	AND (if signs of	signs of shock, as it significantly			
Community	pyogenese,	shock) Gentamicin	improves coverage for enteric gram			
Acquired	Staphylococcus	(7.5mg/kg STAT	negative organisms. The decision to			
	aureus, Haemophilus	dose)	continue Gentamicin for subsequent			
	influenzae, enteric		doses depends on clinical status, renal			
	gram negatives		function, and culture results. Monitor			
			renal function carefully.			
Sepsis	Streptococcus	IV Vancomycin AND	Review previous microbiology results			
(>3 months of age)	pneumoniae,	Piperacillin/	to guide optimal antibiotic choices.			
	Streptococcus	Tazobactam				
Hospital Acquired	pyogenese,	AND (if signs of	Consult ID immediately for patients			
or Related	Staphylococcus	shock) Amikacin	with history of multi-drug resistant			
	aureus, Haemophilus	(15mg/kg STAT	(MDR) organisms, and patients			
Children with	influenzae, enteric	dose)	requiring PICU care.			
central venous	gram negatives,		The decision to continue Gentamicin			
access device	Pseudomonas		for subsequent doses depends on			
	aeruginosa		clinical status, renal function, and			
			culture results. Monitor renal function			
			<u>carefully</u> .			
Fever and	Pseudomonas	Stable patient:	Upgrading Piperacillin/Tazobactam to			
Neutropenia	aeruginosa, Viridans	IV Piperacillin/	Meropenem is restricted to patients			
(>3 months of age)	streptococci,	Tazobactam	who require inotropic support or who			
	Streptococcus		have proven ESBL infection.			
(absolute neutrophil	pneumoniae,	Central venous access				
count $< 0.5 \times 10^9 / L$ or	Streptococcus	device, recent	Consult ID immediately for patients			
$<1 \times 10^9/L$ with	pyogenese,	Cytarabine, previous	with history of multi-drug resistant			
predicted decline	Staphylococcus	MRSA:	(MDR) organisms, and patients			
over the next 48	aureus, Haemophilus	add IV Vancomycin	requiring PICU care.			
hours)	influenzae, enteric					
	gram negatives	Septic patient, signs				
		of shock:				
		Add IV Amikacin				
Color Code	: Access Group Antibio	tic, Watch Group Antibio	tic, Reserve Group Antibiotic			

COMMON PEDIATRIC INFECTIONS				
Central Nervous System				
SYSTEM/	SUSPECTED	INITIAL	ALTERNATIVE THERAPY/	
DIAGNOSIS	PATHOGENS	THERAPY	COMMENTS	
Meningitis	Enteroviruses,	IV Ceftriaxone	Consult with ID team immediately (<1	
(>3 months of age)	other respiratory	with OR without	hr) regarding need for steroids and	
	viruses.	IV Vancomycin	other management choices.	
	Streptococcus			
	pneumoniae,			
	Haemophilus			
	influenzae,			
	Neisseria			
	meningitides.			
Encephalitis or	In addition to	IV Ceftriaxone AND	Consult ID and neurology teams	
Meningoencephalitis	meningitis	IV Acyclovir	immediately. Consider autoimmune	
(>3 months of age)	pathogens,	with OR without	etiologies as well.	
	Mycoplasma	IV Vancomycin	-	
	pneumoniae,		During high community transmission	
	Influenza viruses,		of Influenza virus, consider adding	
	Dengue viruses,		empiric Oseltamivir. Send RVP/PCR	
	Herpes Simplex		test.	
	virus (HSV),			
	Malaria.			
Brain Abscess	Mixed respiratory	IV Ceftriaxone AND	Consult ID and Neurosurgery. Consider	
	tract flora	IV Vancomycin AND	Cefepime or Ceftazidime in patients at	
	v	IV Metronidazole	risk for <i>Pseudomonas</i> . Consider	
			Meropenem in patients at risk for	
			resistant gram negative organisms.	
Cerebrospinal Fluid	Coagulase-	IV Vancomycin	Obtain CSF culture for all patients,	
Shunt Infection	negative	AND	preferably before antibiotic	
	staphylococcus,	IV Cefepime OR IV	administration. Shunt	
	Cutibacterium	Ceftazidime	removal/externalization is	
	acnes,		recommended. Consult ID and	
	Staphylococcus		neurosurgery.	
	aureus,			
	Pseudomonas		Consider Meropenem in patients at risk	
	aeruginosa,		for resistant gram negative organisms	
	enteric gram		(e.g. ESBL).	
	negatives.			
Color Code: A		tic, Watch Group Antibio	tic, Reserve Group Antibiotic	

COMMON PEDIATRIC INFECTIONS Skin and Soft Tissue				
SYSTEM/	SUSPECTED	INITIAL	ALTERNATIVE THERAPY/	
DIAGNOSIS	PATHOGENS	THERAPY	COMMENTS	
Cellulitis	Staphylococcus	Oral Flucloxacillin	Alternative: oral Cephalexin	
	aureus,	25mg/kg/dose every 6	25mg/kg/dose every 6 hours	
Outpatient therapy	Streptococcus	hours	Duration: typically 5-7 days for	
	pyogenes		uncomplicated cases.	
Cellulitis	Staphylococcus	IV Cefazolin	Indications for admission include: signs	
	aureus,	33mg/kg/dose every 8	of systemic inflammation, rapid	
Inpatient therapy	Streptococcus	hours	progression, underlying medical	
	pyogenes	OR	conditions, inability to tolerate oral	
		IV Cloxacillin	medication.	
		50mg/kg/dose every 6	If at risk for MRSA (previous	
		hours	infection/colonization, recent	
T 4*	C. 1 1	Mild and localized:	hospitalization): use IV Clindamycin	
Impetigo	Staphylococcus		If MRSA suspected: use Clindamycin	
	aureus,	topical Mupiricin		
	Streptococcus	Extensive: oral		
	pyogenes	Flucloxacillin or		
		Cephalexin		
Infected bite wound	Pasteurella	Amoxicillin/	Alternative for hospitalized patients	
	multocida, Eikenella	Clavulonate (oral for	(penicillin allergy, sepsis): IV	
	corrodens,	mild cases, IV for	Ceftriaxone AND Metronidazole.	
	Streptococci,	patients requiring		
	Staphylococci,	hospitalization)	If MRSA suspected: add Vancomycin	
	Anaerobes		OR Clindamycin.	
Necrotizing fasciitis	Streptococcus	IV Ceftazidime OR	This is a life-threatening surgical	
	pyogenes,	Piperacillin/	emergency, and immediate surgical	
	Staphylococcus	Tazobactam AND IV. Clin 1	intervention is warranted without	
	aureus,	AND IV Variation	delay. Consult surgical services and ID	
	Pseudomonas, Vibrio	AND IV Vancomycin	immediately.	
	spp, Aeromonas spp, anaerobes			
Acute Cervical		IV Amoxicillin/	Alternative: IV Cloxacillin	
Lymphadenitis	Streptococci, anaerobes,	Clavulonate OR	Consider trial of oral therapy for mild	
Lymphauemus	Staphylococcus	Cefazolin	cases. Ultrasound and ENT	
	aureus	If MRSA suspected:	consultation to look for drainable	
		use Clindamycin	collection.	
Color Code	e: Access Group Antibio		tic, Reserve Group Antibiotic	

COMMON PEDIATRIC INFECTIONS				
Bone and Joint SYSTEM/ SUSPECTED INITIAL ALTERNATIVE THERAP				
DIAGNOSIS	PATHOGENS	THERAPY	ALTERNATIVE THERAPY/ COMMENTS	
Acute	Staphylococcus	IV Cefazolin	Alternative for children >5 years of	
Hematogenous	aureus,	50mg/kg/dose every 8	age: IV Cloxacillin	
Osteomyelitis	Streptococcus	hours, monotherapy	Consult orthopedics and ID for all	
(>3 months of age)	pyogenes, Kingella		cases. Send blood culture before	
_	kingae	Cefazolin provides	initiation of antibiotics. MRI is	
In children without		good coverage for 80-	recommended. Urgent early surgical	
Sickle Cell Disease		90% of cases.	intervention is recommended when	
(SCD).		Consider adding IV	abscess or collection is present. CRP	
(f 1. ! 1 1		Clindamycin	measurement is recommended to help	
(for children with SCD, see the		(13mg/kg/dose every 8 hours) for	with diagnosis and monitor response to	
pediatric SCD table)		disseminated or	treatment. For patients with good response to treatment, and good	
pediatric SCD (abic)		severe cases, or if	adherence and follow-up, transition to	
		MRSA is suspected.	oral therapy (e.g. Cephalexin 33-	
			50mg/kg/dose every 8 hours) is	
		Add IV Vancomycin	recommended in coordination with ID.	
		in cases of septic	Discussing treatment duration with ID	
		shock or MRSA	is advised for all cases.	
		bacteremia.		
Acute Bacterial	Staphylococcus	IV Cefazolin	Consult orthopedics and ID for all	
Arthritis	aureus,	50mg/kg/dose every 8	cases. Send blood culture before	
(Septic Arthritis)	Streptococcus	hours	initiation of antibiotics. Up to 50% of	
(>3 months of age)	pyogenes, Kingella kingae,	Cefazolin provides	cases are associated with osteomyelitis, MRI should be considered in most	
	Streptococcus	good coverage for 80-	cases to rule out osteomyelitis.	
	pneumoniae,	90% of cases.	Synovial fluid culture is recommended	
	Haemophilus	Consider adding IV	for all cases. Yield of synovial fluid	
	influenzae B	Clindamycin	specimens can be increased by	
	ŭ	(13mg/kg/dose every	inoculation into a blood culture bottle,	
		8 hours) for	and by targeted PCR tests.	
		disseminated or		
		severe cases, or if	Transition to oral antibiotics is	
		MRSA is suspected.	recommended for patients with early	
		Use IV Ceftriaxone if	and sustained response to treatment, and good adherence and follow-up.	
		Haemophilus	Treatment duration is typically 2-4	
		influenzae B is	weeks.	
		suspected (e.g.	5345.	
		unvaccinated child).		
		,		
Color Code	: Access Group Antibio	tic. Watch Group Antibio	tic, Reserve Group Antibiotic	

COMMON PEDIATRIC INFECTIONS Gastrointestinal				
SYSTEM/ DIAGNOSIS	SUSPECTED PATHOGENS	INITIAL THERAPY	ALTERNATIVE THERAPY/ COMMENTS	
Acute Gastroenteritis	Rotavirus, norovirus, adenovirus, sapovirus, astrovirus.	Hydration, supportive care. Antibiotics not recommended.	Do NOT prescribe antimotility agents (such as loperamide) in children (potential severe side effects such as toxic megacolon).	
Acute Dysentery (bloody diarrhea)	Salmonella spp, Shigella spp., Campylobacter jejuni, verotoxin-producing E. coli (including 0157:H7), Yersinia enterocolitica, Toxin- producing C. difficile, E. histolytica	Empiric antibiotics generally not recommended (risk of toxin release). Antibiotic treatment is based on positive microbiology results.	Send for stool culture and parasitology. Molecular (PCR) testing may help return faster results. Consider <i>C. diff</i> testing in at risk children >2 years of age (testing for <i>C. diff</i> not recommended before 2 years of age). Consider empiric Azithromycin or Ciprofloxacin, with caution, in select patients who are severely ill or appear toxic.	
Salmonella Gastrointestinal Infection	Nontyphoidal Salmonella species.	Antibiotics not recommended for most cases (self-limited, mild to moderate disease). If indicated, use oral Azithromycin for uncomplicated disease.	Indications for antibiotic treatment: severe illness, age <3 months, immunocompromised, sickle cell disease, bacteremia or invasive disease. For invasive disease (e.g., bacteremia, osteomyelitis), use IV Ceftriaxone initially. Alternatives include Ciprofloxacin and Co-trimoxazole.	
Acute Surgical Abdomen (including perforated appendicitis)	Enteric gram negatives, anaerobes, enterococcus	IV Ampicillin AND IV Metronidazole AND IV Gentamicin	Alternative: IV Piperacillin/Tazobactam otic, Reserve Group Antibiotic	

COMMON PEDIATRIC INFECTIONS Sickle Cell Disease			
SYSTEM/ DIAGNOSIS	SUSPECTED PATHOGENS	INITIAL THERAPY	ALTERNATIVE THERAPY/ COMMENTS
SCD with Fever Low risk: - Not septic appearing - Not surgically splenectomised - Not suspected to have meningitis, osteomyelitis or acute chest syndrome	Respiratory viruses, other viruses. Streptococcus pneumoniae, Salmonella species.	IV Ampicillin (50mg/kg/dose every 6 hrs) During high community transmission of Influenza virus: consider adding empiric Oseltamivir. Send RVP/PCR test.	Always send a blood culture prior to initiating antibiotics. Consider other targeted microbiologic investigations in accordance with symptoms (e.g. respiratory virology, stool culture). Consider upgrading to IV Ceftriaxone if worsening or not improving after 48 hours
SCD with Fever High Risk: Septic appearing, or h/o surgical splenectomy, or suspicion of meningitis, osteomyelitis, or acute chest syndrome.	Respiratory viruses. Streptococcus pneumoniae, Salmonella species, Staphylococcus aureus, Haemophilus influenzae.	IV Ceftriaxone If showing signs of septic shock: add IV Vancomycin AND STAT dose of IV Gentamicin	If showing signs of meningitis: use IV Ceftriaxone with OR without IV Vancomycin If allergic to Ceftriaxone, use Ciprofloxacin instead.
SCD with Pneumonia or Acute Chest Syndrome	Respiratory viruses. Streptococcus pneumoniae, Mycoplasma pneumoniae, S. aureus, H. influenzae	IV Ceftriaxone Presence of empyema, or requiring NIV or Mechanical Ventilation: add IV Clindamycin	Consider adding Azithromycin for school age children while awaiting Mycoplasma PCR results. During high community transmission of Influenza virus, consider adding empiric Oseltamivir. Send RVP/PCR test.
SCD with Osteomyelitis	Salmonella species, Staphylococcus aureus,	IV Ceftriaxone (50mg/kg/dose every 12 hours)	Obtain MRI. Consult ID and orthopedics. Consider adding IV Clindamycin if no improvement after 48-72 hours, consider need for surgical debridement. iotic, Reserve Group Antibiotic

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 14-B: PEDIATRIC ANTIMICROBIAL DOSAGE GUIDE (for infants, children and adolescents. Doses for neonates \leq 28 days of life often differ, and are <u>not</u> covered in this table. The doses in the table are for patients with normal renal and hepatic function.)

ANTIMICROBIAL	RECOMMENDED DOSAGE
	PENICILLINS
Amoxicillin	Standard dose regimen: 40-45 mg/kg/ day orally divided every 8hrs; max dose 500mg/dose
	High dose regimen 80-90 mg/kg/ day orally divided every 8-12 hr; max daily dose 4000mg/day
Amoxicillin-Clavulanate	Immediate-release formulations:
	Infants, Children, and Adolescents:
	4:1 formulation : Oral: 20 to 40 mg amoxicillin/kg/day in divided doses every 8 hours; maximum daily dose: 1,500 mg/ day
	7:1 formulation : Oral: 25 to 45 mg amoxicillin/kg/day in divided doses every 12 hours; maximum daily dose: 1,750 mg/ day
	14:1 formulation : Oral: 90 mg amoxicillin/kg/day in divided doses every 12 hours; maximum daily dose: 4,000 mg/ day
Ampicillin	IM, IV: 50 to 200 mg/kg/ day divided every 6 hours; maximum daily dose: 8 g/day ;
	higher doses (300 to 400 mg/kg/day divided every 4 to 6 hours; maximum daily dose: 12 g/day) are recommended for some infections (e.g., meningitis).
Penicillin V	25-50 mg/kg/ day orally divided every 6 hrs or every 12 hrs; maximum daily dose 2000 mg/day
Penicillin G	100,000-300,000 units/kg/day IV divided every 4-6 hrs; Maximum daily dose 24 million units/day. 250,000 – 400,000 units/kg/day IV divided every 4-6 hrs for severe infections

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

ANTIMICROBIAL	RECOMMENDED DOSAGE
	PENICILLINS
Cloxacillin	Oral:
	Children ≤20 kg: 25 to 50 mg/kg/day in divided doses every 6 hours. For osteomyelitis, use 100 mg/kg/ day in divided doses every 6 hours.
	Children and Adolescents >20 kg: Refer to adult dosing.
	IM, IV:
	Children ≤20 kg: 25 to 50 mg/kg/day in divided doses every 6 hours. For septicaemia or osteomyelitis, use 200 mg/kg/day in divided doses every 4 to 6 hours
	Children and Adolescents >20 kg: Refer to adult dosing
Piperacillin-Tazobactam	All doses based on piperacillin component: Infants ≤6 months: IV: 240 to 300 mg piperacillin/kg/day in divided doses every 6 to 8 hours; maximum daily dose: 16 g/day.
	Infants >6 months, Children, and Adolescents: IV: 240 to 300 mg piperacillin/kg/day in divided doses every 6 to 8 hours; maximum daily dose: 16 g/day
	Cystic fibrosis IV: 450 mg piperacillin/kg/day divided every 4 to 6 hours or 600 mg piperacillin/kg/day divided every 4 hours has usual maximum daily dose: 18 to 24 g piperacillin/day
	CARBAPENEMS
Meropenem	General dosing, susceptible infection (non-CNS): Infants, Children, and Adolescents: IV: 20 mg/kg/dose every 8 hours; maximum dose: 1,000 mg/dose Meningitis or septic shock: 40 mg/kg/dose IV every 8 hours; maximum dose: 2000 mg/dose
	-
	Cephalosporins
Cephalexin	Mild to moderate infection: Oral: 25 to 50 mg/kg/ day divided every 6 to 12 hours; maximum daily dose: 2,000 mg/ day .
	1

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

ANTIMICROBIAL	RECOMMENDED DOSAGE	
Cephalosporins		
	Osteoarticular or severe infection: Oral: 100 to 150	
	mg/kg/day divided every 6 to 8 hours; maximum daily dose:	
	4,000 mg/day	
Cefazolin	IM, IV: 25 to 100 mg/kg/day divided every 8 hours; usual	
	maximum dose: 2,000 mg/ dose .	
	For osteoarticular or serious infections: 150 mg/kg/day	
	divided every 6 to 8 hours, not to exceed 12 g/day.	
Cefuroxime	20-30 mg/kg/ day orally divided every 12hrs	
	IV, IM: 100-150 mg/kg/ day in divided doses every 8 hrs; max	
	daily dose 6000mg/day	
Cefixime	8mg/kg/ day orally divided every 12-24hrs maximum daily	
	dose; 400mg/day	
Cefotaxime	IV, IM: 150 to 180 mg/kg/day in divided doses every 4 to 8	
	hours; maximum dose: 2,000 mg/ dose ; higher daily doses up to	
	300 mg/kg/ day are recommended for some indications (eg,	
	meningitis)	
Ceftriaxone	50-100 mg/kg/ day IV divided every 12-24 hrs	
Ceftazidime	Non-Pseudomonas spp. infections:	
	90 to 150 mg/kg/ day divided every 8 hours; maximum daily	
	dose: 6 g/day.	
	Pseudomonas spp. infections:	
	Mild to moderate infections: 90 to 150 mg/kg/day divided every	
	8 hours; maximum daily dose: 6 g/day.	
	Severe infections: 200 to 300 mg/kg/ day divided every 8	
	hours; maximum daily dose: 12 g/day	
Cefepime	Non-Pseudomonas spp. infections: IM, IV: 50 mg/kg/ dose every 12 hours; maximum dose: 2,000 mg/ dose	
	Pseudomonas spp. infections (suspected or proven): IM, IV:	
	50 mg/kg/ dose every 8 hours; maximum dose: 2,000 mg/ dose	
	Aminoglycosides	
Amikacin	IV: 15-30 mg/kg/ dose every 24 hrs.	
	Monitoring of serum concentrations recommended.	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All He Applies to: All Healthcare Facilities in Oman

ANTIMICROBIAL	RECOMMENDED DOSAGE
	Aminoglycosides
Gentamicin	IV: 5 to 7.5 mg/kg/ dose every 24 hrs
	Monitoring of serum concentrations recommended.
Tobramycin	IV: 5 to 7.5 mg/kg/ dose every 24 hours
	Monitoring of serum concentrations recommended.
	Macrolides
Erythromycin	Oral: Base, ethylsuccinate, stearate: 40 to 50 mg/kg/day divided
	every 6 to 8 hours; maximum daily dose: 4,000 mg/ day ;
	IV. I actabiometer 15 to 20 mg/kg/downdivided arrange (house)
	IV: Lactobionate: 15 to 20 mg/kg/ day divided every 6 hours; maximum daily dose: 4,000 mg/ day
	maximum dany dose. 4,000 mg/day
Azithromycin	Oral: 5 to 12 mg/kg/ dose ; typically administered as 10 to 12
	mg/kg/ dose on day 1 (usual maximum dose: 500 mg/dose)
	followed by 5 to 6 mg/kg once daily (usual maximum dose: 250
	mg/dose) for remainder of treatment duration.
	IV: 10 mg/kg once daily; maximum dose: 500 mg/ dose
Clarithromycin	15-30mg/kg/ day orally divided every 12hrs
	Others
Clindamycin	IM, IV: 20 to 40 mg/kg/day divided every 6 to 8 hours;
	maximum daily dose: 2,700 mg/day.
	Oral: 10 to 25 mg/kg/day divided every 8 hours; higher doses of
	30 to 40 mg/kg/day divided every 6 to 8 hours recommended
	for some infections (e.g. severe, osteoarticular); maximum daily
	dose: 1,800 mg/ day
Metronidazole	Oral: 15 to 50 mg/kg/day in divided doses every 8 hours;
with omazoic	maximum daily dose: 2,250 mg/day.
	IV: 22.5 to 40 mg/kg/day in divided doses every 6 or 8 hours;
	maximum daily dose: 4,000 mg/ day .
	C. difficile:
	Non severe infection, initial or first recurrence:

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

ANTIMICROBIAL	RECOMMENDED DOSAGE	
Others		
	Oral: 7.5 mg/kg/ dose every 6 to 8 hours for 10 days; maximum dose: 500 mg/ dose .	
	Severe/fulminant infection, initial:	
	IV: 10 mg/kg/ dose every 8 hours for 10 days; maximum dose: 500 mg/ dose	
	<i>H. pylori</i> : oral :10-15 mg/kg/ dose twice daily for 14 days	
Co-trimoxazole (TMP/SMX, trimethoprim/sulfamethoxazole)	Calculate dose based on TRIMETHOPRIM (TMP) component.	
	UTI treatment:	
	Oral: Infants ≥2 months, Children, and Adolescents: 6 to 12 mg TMP/kg/day in divided doses every 12 hours; maximum dose: 160 mg/dose.	
	IV: Infants ≥2 months, Children, and Adolescents: 8 to 10 mg TMP/kg/ day in divided doses every 6 to 12 hours.	
	<i>UTI Prophylaxis:</i> Infants ≥2 months, Children, and Adolescents: Oral: 2 to 3 mg TMP/kg/ dose once daily	
Doxycycline	General dosing: Children and Adolescents:	
	Oral, IV: 2.2 mg/kg/ dose every 12 hours; maximum dose: 100 mg/ dose	
Nitrofurantoin	UTI treatment: 5-7mg/kg/day orally divided every 6 hrs	
	UTI prophylaxis: 1-2 mg/kg/day orally at bedtime	
Vancomycin	40-60mg/kg/day IV divided every 6 to 8hrs	
	Monitoring of serum concentrations recommended.	
Linezolid	<12years old: IV, oral 10mg/kg/ dose every 8hrs; max dose: 600 mg/ dose ≥12years old: IV, oral 600 mg/ dose OR 10 mg/kg/ dose every 12hrs; max dose: 600 mg/ dose	

ANTIMICROBIAL		RECOMMENDED DOSAGE
Antivirals		
Acyclovir	Herpes	simplex virus encephalitis, treatment:
	mg/kg/d used und beyond neuroto	and Children 3 months to <12 years: IV: 10 to 15 lose every 8 hours. Note: higher doses (20 mg/kg) are der 3 months of age, but <u>not</u> routinely recommended 3 months of age due to risk of nephrotoxicity and xicity. n ≥12 years and Adolescents: IV: 10 mg/kg/ dose every 8
		or 14 to 21 days.
	Immuno Treatm IV: 5 m Oral: 20	simplex virus, mucocutaneous infection: ocompetent host: Infants, Children, and Adolescents: ent (if indicated): g/kg/dose every 8 hours. omg/kg/dose 4 times daily for 5 to 7 days; maximum on mg/dose
	Immuno Ambula Children hours (5 Hospita	zoster (shingles), treatment: cocompetent host: ntory therapy: n ≥12 years and Adolescents: Oral: 800 mg/dose every 4 doses per day) for 5 to 7 days. dized patient: and Children <2 years: IV: 10 mg/kg/dose every 8 hours 10 days.
	8 hours	n ≥2 years and Adolescents: IV: 500 mg/ m²/dose every for 7 to 10 days; some experts recommend 10 lose every 8 hours
	Begin tr Immuno Ambula	la (chickenpox), treatment (if indicated): reatment within the first 24 hours of rash onset: recompetent host: atory therapy: fants, Children, and Adolescents: 20 mg/kg/dose 4 times
	daily for Hospita 10 mg/k days; so	r 5 days; maximum daily dose: 3,200 mg/ day . dized patient : IV: Infants, Children, and Adolescents: 1/2/dose or 500 mg/m²/dose every 8 hours for 7 to 14 me experts recommend 15 to 20 mg/kg/dose for severe nated or CNS infection
Oseltamivir	neonate	ent of Influenza A&B : 3mg/kg/dose oral q12hr x 5 days 1yr: 3mg/kg/dose oral q12hr x 5 days

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

ANTIMICROBIAL	RECOMMENDED DOSAGE	
Antifungals		
	>1 year of age: 10-15kg: 30 mg/dose oral q12h for 5 days 16-23 kg: 45 mg/dose oral q12h for 5 days 24-40 kg: 60 mg/dose oral q12h for 5 days >40 kg: 75mg/dose oral q12h for 5 days (a longer duration can be considered in severely ill patients, e.g. encephalitis) Prophylaxis after exposure to Influenza A&B neonate: 3mg/kg once daily for 7 days 1 month- 1yr: 3mg/kg oral once daily for 7 days >1 year of age: 10-15kg: 30 mg oral daily for 7 days 16-23 kg: 45 mg oral daily for 7 days 24-40 kg: 60 mg oral daily for 7 days >40 kg: 75 mg oral daily for 7 days	
Amphotericin B deoxycholate (conventional)	0.5-1 mg/kg/ day IV once daily	
	max daily dose 1.5mg/kg/day	
Amphotericin B Lipid Complexed (ABLC, Abelcet)	5 mg/kg IV once daily	
Amphotericin B Liposomal (AmBisome)	3-5 mg/kg IV once daily	
Caspofungin	Children 1–17 years	
	Loading dose 70 mg/m ² once daily (max. per dose 70 mg) for 1 day, then maintenance 50 mg/m ² once daily (max. per dose 70 mg); increased if necessary to 70 mg/m ² once daily (max. per dose 70 mg), dose may be increased if lower dose tolerated but inadequate response.	
Fluconazole	3-12 mg/kg/day IV/oral once daily	
Itraconazole	Infants, Children, and Adolescents:	
	Oral: 5 mg/kg/ dose every 12 hours; maximum dose: 100 mg/ dose ; higher maximum doses may be appropriate for some indications	
Nystatin	400,000 to 600,000 units 4 times daily	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

ANTIMICROBIAL	RECOMMENDED DOSAGE	
Antifungals		
Voriconazole	Infants and Children <12 years: Loading dose: IV: 9 mg/kg/dose every 12 hours for 2 doses. Maintenance: IV: 8 mg/kg/dose every 12 hours. Oral: 9 mg/kg/dose every 12 hours; maximum dose: 350 mg/dose. Children ≥12 years and Adolescents ≤14 years: IV: <50 kg: Loading dose: 9 mg/kg/dose every 12 hours for 2 doses, followed by maintenance dose of 8 mg/kg/dose every 12 hours. ≥50 kg: Loading dose: 6 mg/kg/dose every 12 hours for 2 doses, followed by maintenance dose of 4 mg/kg/dose every 12 hours. Oral: Maintenance doses: <50 kg: 9 mg/kg/dose every 12 hours; maximum dose: 350 mg/dose. ≥50 kg: 200 mg every 12 hours. Monitoring of serum concentrations recommended.	
	monitoring of serum concentrations recommended.	

References:

UpToDate Inc. (2024). Lexi-Drugs, UpToDate Lexidrug. Available at: https://online.lexi.com (Accessed: 26 November 2024)

Joint Formulary Committee (2024), *British National Formulary for Children*. Available at: https://www-medicinescomplete-com.apollo.worc.ac.uk (Accessed: 26 November 2024).

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 15: GUIDELINES FOR THERAPEUTIC DRUG MONITORING (TDM):

CLINICAL GUIDE FOR ADULTS

Therapeutic drug monitoring is required for patients on aminoglycoside (e.g. gentamicin, amikacin) and glycopeptides (e.g. vancomycin). Serum concentration monitoring aims to avoid both excessive and sub-therapeutic concentration thereby preventing toxicity and ensuring efficacy.

DRUG	CONVENTIONAL DOSING	HIGH-DOSE EXTENDED	REMARKS
		INTERVAL DOSING	
GENTAMICIN	• Non-CNS gram- positive infections (serum Levels):	-Initial Monitoring: Measure random serum level between 8-12 hours after the dose. Use Hartford Nomogram to determine dosage interval by plotting level on graph. Target Trough: < 1 μg/mL (ideally 0) - Follow-up Trough Level Monitoring: For patients of acute renal function changes, early serum trough level (6 hours prior to	• Dose calculation based on weight: ○ Underweight patients: calculate the dose based on Total Body weight (TBW) ○ Non-obese patients: calculate the dose based on TBW or Ideal Body Weight (IBW) ○ Obese patients:
	• Peak: 3-4 µg/mL (measure 30 min after 3 rd dose is infused) • Trough: <1 µg/mL (measure 30 min before 4 th dose, unless renal toxicity/dysfunction is suspected)	next dose) should be considered (ideally 0 µg/mL) to ensure drug free windows to avoid accumulation in proximal tubules.	o Obese patients: calculate the dose based on Adjusted Body Weight (ABW) • When high-dose extended- Interval IV therapy is continued for more
AMIKACIN	• Peak: 15-30 µg/mL (measure 30 min after 3 rd dose is infused). Use upper-level ranges for life threatening infections. • Trough: 5-10 µg/mL (measure 30 min before 4 th dose, unless renal toxicity/dysfunction is suspected)	o Initial Monitoring: Measure random serum level between 8-12 hours after the dose. Divide the level by 2 and use Hartford Nomogram to determine dosage interval by plotting level on graph. Target Trough: <1 μg/mL (ideally 0) • Peak: 56-64 μg/ml. May be measured approximately 4	than 5 days, monitor levels once or twice weekly. • Concurrent use of penicillin/aminoglyc osides therapy in patients with renal dysfunction may require separation of doses
		hours after dose to account for distribution phase.	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

DRUG	CONVENTIONAL	HIGH-DOSE	REMARKS
	DOSING	EXTENDED INTERVAL	
		DOSING	
VANCOMYCIN		Steady state levels of Continuous	• Not needed in short
	Parameters/Goals:	infusion:	course (<3 days) or
	•Target AUC/MIC: 400- 600	• AUC = 24 x Steady State	lower intensity dosing
	μg/mL.hr using dose, dosing	Concentration.	for uncomplicated
	interval, Cmax, Cmin, infusion	• Timing of serum sample: 10-12	infection in non-obese
	time, time difference between	hours after the start of infusion.	patient with normal renal
	infusion starts and times for	Hemodynamically stable patient:	function.
	collecting samples for measuring	draw random levels once weekly	AUC/MIC based
	C _{max} & C _{min} .	Hemodynamically unstable	monitoring is preferred
	■C _{max} - post-distributional peak	patient: frequent or daily.	over trough level
	serum concentration is		monitoring either in
	determined 1 hour after infusion		continuous infusion or
	is completed by collecting		intermittent infusion
	sample.		methods.
	C min - Trough serum concentration is measured drawn		
	30 minutes before next dose by		
	collecting sample. • Use AUC/MIC Sanford online		
	calculator to adjust dose as dose is		
	proportional to AUC/MIC.		
	Timing for AUC measurement:		
	measure C_{min} before 3^{rd} dose and		
	C _{max} before 4 th dose.		
	• Continuous infusion		
	parameters/Goals:		
	• Target AUC/MIC: 400- 600		
	μg/mL.hr (where MIC value is		
	1).		
	• Timing of serum sample: 10-12		
	hour after the 3 rd dose.		
	■ AUC = 24 x Steady State		
	Concentration (µg/mL.hr).		

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

DRUG	CONVENTIONAL DOSING	HIGH-DOSE EXTENDED INTERVAL DOSING	REMARKS
	 Hemodynamically stable patient: draw trough and peak once weekly when steady state plateau concentration is achieved (AUC/MIC is within range). Hemodynamically unstable patient: frequent or daily 		

Please consider the following:

- These are guidelines only; if you need more advice on the appropriateness of the sampling time, and the
 interpretation of the levels, contact the clinical pharmacist.
- TDM results must be interpreted in conjunction with the clinical status of the patient.
- Always use actual body weight for dose calculations.
- Recording the **sampling time** (e.g. sample was taken at 6.30 am) is **a MUST** in order to interpret the results and modify the dose accordingly.

Tips assist in interpreting TDM results

- Was the sample taken at steady state?
- Was the sample taken at the right time?
- Was the drug administered at the right time?
- Was the sample taken is peak or trough?
- Are there any interacting drugs/foods?
- Drug compliance?
- Is the result what you would expect?
- If any of the following clinical conditions is present:

Ascites, burns, CHF, Gram-negative sepsis, hepatic/renal failure, neonate.

References:

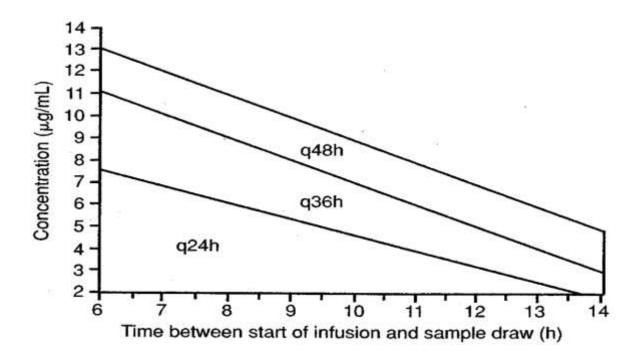
- Surrey and Sussex Healthcare NHS trust. Therapeutic Drug Monitoring (TDM). Gentamicin prescribing guidelines updated 27th Mar 2014, AL.
- BNF, 2010.
- Rybak M, Lomaestro B, Rotschafer JC, Moellering R Jr, Craig W, Billeter M, *et al.* Therapeutic monitoring of vancomycin in adult patients: a consensus review of the American Society of Health-System Pharmacists, the Infectious Diseases Society of America, and the Society of Infectious Diseases Pharmacists. Am J Health Syst Pharm 2009; 66:82–98.
- Pharmacy Bulletin. SQUH. Vol.4, No 1.
- Therapeutics: A Handbook for prescribers. NHS Greater Glasgow and Clyde, UK. August 2010.
- Stanford Health Care Aminoglycoside Dosing Calculation, 2021

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

HARTFORD HOSPITAL ONCE DAILY GENTAMICIN NOMOGRAM

FIG 2



Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

16-GUIDELINES FOR SURGICAL ANTIMICROBIAL PROPHYLAXIS

Rationale

Antibiotics are administered prior to surgical procedures to prevent surgical site infections.

Aims

- 1. To provide antimicrobial recommendations for surgical prophylaxis in adults and children undergoing surgical procedures taking into consideration the type of surgery, most common organisms involved, international guidelines, expert opinion and cost.
- 2. To optimize antimicrobial use and patient outcome in prevention of surgical site infections in a rational way to prevent the emergence of resistance among bacteria.

Antimicrobial surgical prophylaxis is generally indicated for the following type of surgery:

- 1. Clean wounds are uninfected operative wounds in which no inflammation is encountered and the wound is closed primarily. By definition, a viscus (respiratory, alimentary, genital or urinary tract) is not entered during a clean procedure.
- 2. Clean-contaminated wounds are operative wounds in which a viscus is entered under controlled conditions and without unusual contamination.

Antimicrobial prophylaxis is not indicated for an operation classified as dirty or contaminated **as treatment is rather required.**

General considerations

When prescribing an antimicrobial surgical prophylaxis, the following points should be considered:

- 1. Selection of an appropriate agent for specific patients, should take into account not only comparative efficacy but also adverse-effect profiles and patient drug allergies.
- 2. For most procedures, cefazolin 1 g or cefuroxime should be the agent of choice because of their relatively long duration of action, their effectiveness against the organisms most encountered in surgery and their relatively low cost.
- 3. Clindamycin or vancomycin should be used in penicillin-allergic patients.
- 4. Clindamycin may be preferable for patients not at risk for infections due to resistant Gram-positive organisms secondary to its narrower spectrum and a more rapid infusion time.
- 5. Routine vancomycin use is discouraged.
- 6. Modification of a surgical prophylaxis regimen may be necessary in patients with pre-existing infections prior to surgery, significant length of hospital stay prior to surgery and previous positive cultures/colonisation. Consult the infectious diseases unit for specific recommendations. Targeted antibiotic prophylaxis based on previous colonisation, for example by multi-drug resistant organisms may be considered on a case-by-case basis.
- 7. The recommendations in this guideline are provided for adult and paediatric (1–12 years) patients. They do not specifically address infants.
- 8. Decolonization therapy for MRSA is recommended prior to surgery and antibiotic prophylaxis should include cover for MRSA. Please refer to infection prevention protocol for decolonization.
- 9. Hospital-based guidelines should be developed in accordance with surgical site surveillance, the most frequently isolated pathogens implicated and their local antibiogram.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Timing

- 1. Administration of antibiotics for surgical prophylaxis should be as near to the incision time as possible. Infusion of antibiotics for surgical prophylaxis should begin within 1 hour prior to skin incision (i.e. at induction of anaesthesia in case of general anaesthesia).
- 2. Vancomycin may begin within 2 hours prior to incision due to the longer infusion time and to ensure adequate tissue levels at the time of incision.
- 3. All antibiotic infusions should be completed prior to incision.

Duration

- The optimal duration of perioperative prophylaxis is unknown. It is unlikely that further benefit is attained by the administration of additional doses beyond wound closure and postoperative prophylaxis is not recommended. Therefore, with few exceptions (see table 2), post operative prophylaxis is not recommended for most surgical cases.
- Single prophylactic doses +/- additional intraoperative doses in prolonged procedures are strongly recommended. If prophylaxis is extended beyond the operative period, antibiotics should be discontinued within 24 hours unless otherwise specified.
- Additional intraoperative doses are strongly recommended in prolonged procedures at intervals approximately 2 times the half-life of the drug. This roughly corresponds with redosing antimicrobials at a frequency of one interval shorter than usual (see Table 1). Additional intraoperative doses may not be warranted in patients for whom the half-life of the antimicrobial is prolonged, such as those patients with renal insufficiency.
- The continuation of prophylaxis until all catheters and drains have been removed is not appropriate and not recommended.

Responsibility for application

The attending surgeon should ensure that the appropriate dose, timing, and duration are followed.

NATIONAL	ANTIMICROBIAL	GUIDELINES
TILLIANDIAL		

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies t Applies to: All Healthcare Facilities in Oman

Table-1 Recommended redosing intervals at which a supplemental dose is required if surgery is prolonged.

ANTIBIOTICS	ADULT DOSE(IV)	PAEDIATRI C DOSE (IV)	HALF- LIFE (Hour)	RECOMMENDED REDOSING INTERVAL (FROM INITIATION OF THE FIRST PREOPERATIVE DOSE) (Hour)
Cefazolin	2gm (3 gm for patients weighing >120 kg)	30 mg/kg	1.2–2.2	4
Cefuroxime	1.5 gm	50 mg/kg	1–2	4
Clindamycin	900 mg	10 mg /kg	2–4	6
Vancomycin	15 mg/kg	15 mg/kg/dose	6.0	6–12
Gentamicin	1.5 mg/kg	2.5 mg/kg	2.0	NA
Metronidazole	500 mg	15 mg/kg	8.0	8

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

TABLE 16: SURGICAL PR	TABLE 16: SURGICAL PROCEDURES AND THE RECOMMENDED DRUGS		
SURGICAL	LIKELY	SUGGESTED	REGIMENS
PROCEDURE	PATHOGEN	FIRST LINE	SECOND LINE
Cardiac: -Median sternotomy -pacemaker & implant -prosthetic valve -coronary artery bypass	Coagulase- negative Staphylococcus, S. aureus, enteric Gram- negative bacilli	Adult: Cefazolin 2g IV pre-op dose (then q8hr x 24 hrs post-op) Paediatric: Cefazolin 30 mg/kg/dose IV pre-op and q8hr x 24 hrs post-op.	Adult: Cefuroxime 1.5 g pre-op Paediatric: Cefuroxime 50 mg/kg pre-op Adult: Vancomycin 1 g pre- op and continued q12hr x 1 days Paediatric: Vancomycin 15 mg/kg/dose IV pre-op and continued q12hr 1 days (Consider use of intranasal mupirocin evening before, day of surgery & q12hr for 5 days, post-op in patients who are colonized with MRSA preoperatively)
-Thoracic non-cardiac -lung resections -Thoracoscopy -Thoracotomy	S. aureus, coagulase- negative Staphylococcus, Enteric Gram- negative bacilli	Adult: Cefazolin 2gm IV pre-op Paediatric: Cefazolin 30 mg/kg/dose IV pre-op	Adult: Vancomycin 1 g IV pre-op OR Clindamycin 900 mg IV pre-op Paediatric: Vancomycin 15 mg/kg/dose IV pre-op OR Clindamycin 10 mg/kg IV pre-op
Breast: -Reduction mammoplasty -Mammoplasty -Lumpectomy - Prophylactic mastectomy		None	
Breast cancer procedures (eg, axillary node dissection, mastectomy for known breast cancer)	Staphylococcus aureus, Staphylococcus epidermidis, streptococci	Adult dose: Cefazolin 2gm IV pre-op	Adult: Vancomycin 1 gm IV pre-op OR Clindamycin 900 mg IV pre-op
Vascular: -Arterial surgery abdominal aorta -Any vascular procedure that inserts prosthesis, or foreign body -Procedures on the leg that involve a groin incision	S. aureus, Coagulase- negative Staphylococcus, Enteric Gram- negative bacilli	Adult: Cefazolin 2 gm IV pre- op and q8hr x 1 days Paediatric: Cefazolin 30 mg/kg/dose IV pre-op (Intranasal Mupirocin as per cardiac surgery)	Adult: Vancomycin 1 IV g q12hr x 1 d OR Clindamycin 900 mg IV pre-op Paediatric: Vancomycin 15 mg/kg/dose IV continued q12hr x1d OR Clindamycin 10 mg /kg IV pre-op

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

TABLE 16: SURGICAL PROCEDURES AND THE RECOMMENDED DRUGS				
SURGICAL	LIKELY	SUGGESTED REGIMENS		
PROCEDURE	PATHOGEN	FIRST LINE	SECOND LINE	
-Lower extremity amputation for ischemia				
Prophylaxis is not indicated for carotid endarterectomy or brachial artery repair without prosthetic material				
Neurosurgery: -Craniotomy -Skull fracture -CSF leak -Penetrating trauma -Spine -CSF shunt	S. aureus, Coagulase- negative Staphylococcus	Adult: Cefazolin 2gm IV pre-op Paediatrics: Cefazolin 30 mg/kg pre-op	Adult: -Vancomycin 1gm IV pre-op OR Clindamycin 900 mg IV is alternative for Vancomycinallergic or beta-lactam allergic pt Paediatrics: Vancomycin 15 mg/kg pre-op	
Orthopaedic -Hip arthroplasty -Hip fracture repair -Implantation of internal fixation devices (e.g. nails, screws, plates, wires) -Total joints replacement -Spinal fusion -Spinal procedures with and without instrumentation	S. aureus, Coagulase- negative Staphylococcus	Adult: Cefazolin 2g IV pre-op (for 24 hrs post-op) Paediatric: Cefazolin 30 mg/kg/IV pre-op PLUS q8hr for 2 doses post-op In patients colonized with MRSA and not decolonized: consider use of intranasal Mupirocin 2% ointment evening before, day of surgery & q12hr for 5 days post op.	Adult: Vancomycin 1g IV q12hr for 1 day Paediatric: Vancomycin 15 mg/kg pre-op PLUS q12hr x 2 doses post-op	
Ophthalmic	S. aureus, Staphylococcus epidemidis. Streptococci, Enteric, Gram- negative bacilli, Pseudomonas spp.	Topical: Gentamicin, OR Tobramycin OR Ciprofloxacin, Ofloxacin OR Gramicidin-polymyxin Gram B ophthalmic multiple drops topically over 2–24 hrs	Addition of Cefazolin 100 mg by subconjunctival injection OR intracameral Cefazolin 1–2.5 mg OR Cefuroxime 1 mg at the end of the procedure is optional	

SUBCICAL PROCEDURE LIKELY		SUGGESTED REGIMENS		
SURGICAL PROCEDURE	PATHOGEN	FIRST LINE	SECOND LINE	
Head/neck: -Incision through oral, sinus or pharyngeal mucosa -Major neck dissection -Parotid surgery Note that prophylaxis is not recommended for tonsillectomy or functional endoscopic sinus procedure or tympanostomy tube insertion	S. aureus, Streptococci, oral Anaerobes, enteric Gram- negative bacilli	Adult: Cefazolin 2g IV PLUS Metronidazole 500 mg IV pre-op Paediatric: Cefazolin 30 mg/kg/dose IV pre-op IV single dose PLUS IV Metronidazole 15 mg/kg pre-op	Adult: Clindamycin 600 mg IV pre-op Paediatric: Clindamycin 10 mg/kg/dose IV *Addition of Gentamicin to Clindamycin is recommended if Gram-negative contamination of procedure is likely	
Gastrointestinal oesophageal, gastroduodenal (high risk only: morbid obesity, oesophageal obstruction, decreased gastric acidity or motility Biliary tract: In high-risk patients: -Age over 70 yrs -Common duct stones -Obstructive jaundice -Acute cholecystitis -Non-functioning gallbladder	Enteric Gramnegative bacilli, Grampositive cocci Enteric Gramnegative bacilli, Clostridia, Enterococcus	Adult: Cefazolin 1–2g IV pre-op Paediatric: Cefazolin 30 mg/kg/dose IV pre-op single dose Adult: Cefazolin 1–2g IV pre-op x 1 dose Paediatric: Cefazolin 30 mg/kg/dose IV pre-op single dose	Adult: Gentamicin 1.5 mg/Kg/ IV plus Clindamycin 900 mg IV pre-op Paediatric: Gentamicin 2.5 mg/kg/dose PLUS Clindamycin 10 mg/kg/dose IV pre-op Adult: Gentamicin 1.5 mg/kg IV plus Clindamycin 900 mg IV pre-op x 1 dose Paediatric: Gentamicin 2.5 mg/kg/dose PLUS Clindamycin 10 mg/kg/dose IV pre-op	
-ERCP Inguinal hernia complicated or recurrent, mesh placement	Gram-positive cocci, Gram-negative bacilli	Adult: Cefazolin 2gm IV pre-op x 1 dose Paediatric: Cefazolin 30 mg/kg pre-op x 1 dose	Adult: Gentamicin 1.5 mg/kg/IV PLUS Clindamycin 900 mg IV pre-op x 1 dose Paediatric: Gentamicin 2.5 mg/kg/dose IV PLUS Clindamycin 10 mg/kg dose IV pre-op	
Appendectomy, Non-perforated If perforated treat as secondary peritonitis	Enteric Gram- negative bacilli, anaerobes, Enterococci	Adult: Cefazolin 2gm IV PLUS Metronidazole 500 mg IV pre-op single dose Paediatric: Cefazolin 30 mg/kg pre-op PLUS Metronidazole	Adult: Gentamicin 1.5 mg/kg IV PLUS Clindamycin 900 mg IV pre-op Paediatric: Gentamicin 2.5 mg/kg/dose IV PLUS Clindamycin	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

TABLE 16: SURGICAL PROCEDURES AND THE RECOMMENDED DRUGS				
SURGICAL	LIKELY	SUGGEST	TED REGIMENS	
PROCEDURE	PATHOGEN	FIRST LINE	SECOND LINE	
Colorectal: -Whipple procedure -Pancreatectomy -Small bowel	Enteric Gram- negative bacilli, anaerobes, Enterococci	Adult: Cefazolin 2g IV PLUS Metronidazole 500 mg IV pre-op single dose Paediatric: Cefazolin 30 mg/kg/IV pre-op PLUS Metronidazole 15 mg/kg/dose IV pre-op single dose	Adult: Gentamicin 1.5 mg/kg/IV PLUS Clindamycin 900 mg IV Pre-op Paediatric: Gentamicin 2.5 mg/kg/dose IV PLUS Clindamycin 10 mg/kg dose IV pre-op	
Gynaecologic vaginal, abdominal, or laparoscopic hysterectomy	Enteric Gramnegative anaerobes, group B Strept.,	Adult: Cefazolin 2g pre-op 2gm pre-op	Adult: Gentamicin 1.5 mg/kg IV PLUS	
Oncology procedures	Enterococcus	PLUS Metronidazole 500 mg IV pre-op single dose	Clindamycin 600 mg IV pre-op	
Caesarean Section	Enteric Gram- negative anaerobes, group B Strept., Enterococcus	Adult: Cefazolin 2gm IV pre-op	Adult: Gentamicin 1.5mg/kg IV PLUS Clindamycin 600 mg IV both as pre-op	
Surgical abortion		1st trimester: Doxycycline 100 mg 1 hr before procedure + 200 mg post- procedure.		
Urology: -Genitourinary preoperative catheter -Transrectal prostate-biopsy -Placement of prosthetic material (Patients with preoperative bacteria should be treated to sterilize the urine before surgery or receive antibiotic active against the bacteria	Enteric Gram- negative bacilli, Enterococci	Adult: Ciprofloxacin .500 mg PO 2 hrs pre-op OR 400 mg IV pre-op 1–2 hrs pre-op Paediatric: Trimethoprim-sulfamethoxazole 6 mg/kg 2 hrs pre-op PO OR Cefazolin 30 mg/kg IV pre-op	Gentamicin 1.5 mg/kg IV pre-op +/- Clindamycin 600 mg IV pre-op	

TABLE 16: SURGICAL PROCEDURES AND THE RECOMMENDED DRUGS				
SURGICAL	LIKELY	SUGGEST	TED REGIMENS	
PROCEDURE	PATHOGEN	FIRST LINE	SECOND LINE	
pre-op and continued until catheter removal or for 10 days)		OR , Gentamicin 1.5 mg kg x 1 dose		
TURP, TURBT -Ureteroscopy -Rigid cystoscopy -Visual Internal urethrotomy -Lithotripsy -Nephrectomy -Pyeloplasty -Adrenalectomy	Enteric Gram-negative bacilli, Enterococci	Cefazolin 2gm pre-op	Ciprofloxacin 500 mg PO OR 400 mg IV Pre-op OR Gentamicin 1.5 mg/kg IV pre-op	
Cystoscopy alone		High-risk only: Ciprofloxacin Adult dose: 500 mg PO OR 400 mg IV	Adult dose: Trimethoprim- sulfamethoxazole: One DS (160/800 mg) PO OR Gentamicin (5 mg/kg IV)	
Open or laparoscopic surgery		Adult dose: Cefazolin 2gm IV pre- op		
Ileal conduit	Enterobacteriaceae, anaerobes	Adult: Cefazolin 2 gm IV pre- op PLUS Metronidazole 500 mg IV pre-op	Adult: Clindamycin 900 mg IV pre-op PLUS Gentamicin 1.5 mg/kg IV pre-op	
Renal transplantation	S. aureus, coagulase-negative Staph, Streptococci, Enterobacteriaceae	Adult: Cefazolin 2gm IV pre-op Paediatric: Cefazolin 30 mg/kg IV pre-op	Adult: Clindamycin 900 mg IV pre-op PLUS Ciprofloxacin 400 mg IV pre-op Paediatrics: Clindamycin 10 mg/kg IV PLUS Gentamicin 2 mg/kg IV pre-op	
Plastic surgery Reconstructive surgery, clean with risk factors or clean with contaminated Tissue expander insertion/ implants/ all flaps+	Staphylococcus aureus, streptococci	Adult dose: Cefazolin 2g IV pre-op	Adult: Clindamycin 600 mg IV pre-op Pediatric: Clindamycin 10 mg/kg IV pre-op	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

SURGICAL	LIKELY	SUGGESTED REGIMENS		
PROCEDURE	PATHOGEN	FIRST LINE	SECOND LINE	
Transplantation:				
Renal transplantation	Staphylococcus aureus, Streptococci, enteric Enterobacterales	Adult dose: Cefazolin 2g IV (Adjust according to renal function)	Adult: Clindamycin 600 mg IV pre-op PLUS Ciprofloxacin 400 mg IV pre-op Paediatrics: Clindamycin 10 mg/kg IV pre-op PLUS Gentamicin 2 mg/kg IV pre-op	
Liver transplantation	Staphylococcus aureus, Enterobacteriaceae, Enterococcus	Adult dose: Piperacillin-tazobactam 3.375 g IV pre-op PLUS q6hr x 48 hrs post op	Adult: Clindamycin 600 mg IV pre-op PLUS Ciprofloxacin 400 mg IV pre-op Paediatrics: Clindamycin 10 mg/kg IV pre-op PLUS Gentamicin 2 mg/kg IV pre-op	
Radiological procedure	•			
Biliary/ GI procedures including radio ablation or splenic embolization	Staphylococcus aureus, S. epidermidis, streptococci Gram negative bacili	Adult dose : Cefazolin 2gm IV PLUS Metronidazole 500mg IV	Clindamycin 600 mg IV pre-op Gentamicin 1.5 gm IV pre-op	
Urological procedures (no ablation)		Adult dose:	Clindamycin 600 mg IV pre-op	
Implantable venous access port		Cefazolin 2g IV Adult dose: Cefazolin 2g IV	Clindamycin 600 mg IV pre-op	
Lymphangiogram, vascular malformation ablation, fibroid treatment		Adult dose: Cefazolin 2g IV	Clindamycin 600 mg IV pre-op	
chemoembolization: fibroid, uterine embolization Percutaneous liver//renal/ lung ablation Vascular malformation embolization		None		

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

References:

- 1. Bratzler DW, Dellinger EF, Olsen KM, Perl TM, Auwaerter PG, Bolon MK, et al. Clinical practice guidelines for antimicrobial prophylaxis in surgery. Am J health Syst Pharm 2013; 70:195–283
- 2. Gulf Cooperation Council. Infection prevention and control manual. 3rd edition. Riyadh, KSA: National Guard Health Affairs; 2018.
- 3. Garey KW, Dao T, Chen H, Amrutkar P, Kumar N, Reiter M, et al. Timing of vancomycin prophylaxis for cardiac surgery patients and the risk of surgical site infections. J Antimicrobial Chemotherapy 2006; 58:645–650.
- 4. Weber WP, Marti WR, Zwahlen, Misteli H, Rosenthal R, Reck S, et al. Annals of Surgery 2008;247: 918–926.
- Stuart Wolf, Jr., Chairman; Carol J. Bennett; Roger R. Dmochowski, Brent K. Hollenbeck; Margaret S. Pearle, Anthony J. Schaeffer, American Urological Association Best Practice Policy on Antibiotic prophylaxis for Urological Procedures (2008).
- 6. Global Guidelines for the Prevention of Surgical Site Infection, second edition. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.
- 7. Righi E, Mutters NT, Guirao X, et al. ESCMID/EUCIC clinical practice guidelines on perioperative antibiotic prophylaxis in patients colonized by multi-drug-resistant Gram-negative bacteria before surgery. Clin Microbiol Infect. 2023 Apr;29(4):463-479.
- 8. Brocard E, Reveiz L, Régnaux J-P, Abdala V, Ramón-Pardo P, del Rio Bueno A. Antibiotic prophylaxis for surgical procedures: a scoping review. Rev Panam Salud Publica. 2021; 45: e62.
- 9. Berríos-Torres SI, Umscheid CA, Bratzler DW, et al. Healthcare Infection Control Practices Advisory Committee. Centers for Disease Control and Prevention Guideline for the Prevention of Surgical Site Infection, 2017. JAMA Surg. 2017 Aug 1;152(8):784-791.
- 10. Ierano C, Nankervis JM, James R, Rajkhowa A, Peel T, Thursky K. Surgical antimicrobial prophylaxis. Aust Prescr. 2017 Dec;40(6):225-229.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 17: ANTIMICROBIAL IN PREGNANCY AND LACTATION

PREGNANCY & BREASTFEEDING- SAFE USE OF ANTI-INFECTIVE AGENTS

• In 2015 the FDA replaced the former pregnancy risk letter categories (A, B, C, D, X). The new labelling system (**The Pregnancy and Lactation Labelling Final Rule (PLLR)** allows better patient-specific counselling and informed decision making for pregnant women seeking medication therapies The PLLR also requires the label to be updated when information becomes outdated. Refer to product literature for newly approved or non -approved antimicrobials not listed in the guideline.

Antibacterial agents			
Name of the Agent	Pregnancy	Breastfeeding	Former FDA Pregnancy category
	Aminoglycosic	les	
Amikacin Gentamycin	 Avoid unless potential benefit outweighs risk. Risk of auditory or vestibular nerve damage in the infant 	Safe during breastfeeding	Category D
Tobramycin	when used in pregnancy When used by		
Streptomycin	 inhalation: avoid, no information available. The risk is greatest with streptomycin. The risk is probably very small with gentamicin and tobramycin, but their use should be avoided unless essential. Consider monitoring TDM 		
	Penicillins		
Ampicillin Cloxacillin Penicillin G Amoxicillin-Clavulanic acid Piperacillin/Tazobactam	 Safe during pregnancy Amoxicillin-Clavulanic acid should be avoided Due to risk of preterm delivery that increased risk of neonatal necrotizing enterocolitis. 	Safe during breastfeeding Concentration of milk is low, Monitor infant GI toxicity	FDA Category 1 insufficient human data, evidence of fetotoxicity in animals. Other Penicillins: No evidence of toxicity in humans or animals.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All He

Name of the Agent	Pregnancy	Breastfeeding	FDA Pregnancy category
	Cephalospori	ns	
Cefazolin Ceftazidime Ceftriaxone Cefuroxime Cephalexin Cefepime Ceftazidim/Avibactam	- Safe during pregnancy - Ceftriaxone should be used with caution at term due to potential risk of kernicterus in neonates.	Safe during breastfeeding Concentration of milk is low, Monitor infant GI toxicity	Category 1 No evidence of toxicity in humans or animals.
	Carbapenem	ls	
Ertapenem (Not approved) Meropenem	Use only if potential benefit outweighs risk	Probably safe with monitoring but no data available (Sanford guideline)	Category 1 Human insufficient data to establish risk, animals no evidence of toxicity
	Monobactan	1	<u> </u>
Azetronem (Not approved)	Should be restricted to severe Penicillin allergy for whom beta-lactam therapy is contraindicated and in MDROs.	 Safe during breastfeeding. Concentration of milk is low, Monitor infant for GI toxicity. 	Category D

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All He

Name of the Agent	Pregnancy	Breastfeeding	FDA Pregnancy
			category
	Macrolides		
Azithromycin	Safe during pregnancy	Safe during breastfeeding	Category B
Clarithromycin		8	Category C
Erythromycin			Category B
	Quinolones		L
Ciprofloxacin Levofloxacin	Use only if potential benefit outweighs risk Avoid in G6PD deficiency	 Safe during breastfeeding Avoid breast feeding an infant 	Category C
moxifloxacin	patients.	with G6PD deficiency. • Avoid with Moxifloxacin	
	Sulfonamide	es s	
Co-trimoxazole (trimethoprim + sulfamethoxazole)	 Avoid during 1st trimester as it can cause cardiovascular effects, malformation in fetus & Neural tube defects (NTDs); add folic acid to minimize its risk. Small risk of kernicterus in jaundiced infants and haemolysis in G6PD-deficient infants 	 Safe during breastfeeding in healthy and full-term infants Use with caution in premature infants or neonates with hyperbilirubine mia Avoided in infants with G6PD deficiency. 	Category C

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H

Name of the Agent	Pregnancy	Breastfeeding	FDA Pregnancy category
	Tetracycline	es	
Doxycycline Minocycline Tetracycline	 Should not be given to pregnant women; effects on skeletal development have been documented in the 1st trimester in animal studies. In 2nd or 3rd trimester may cause discoloration of the child's teeth & maternal hepatotoxicity was reported with large parenteral doses. For Doxycycline: Public Health England (PHE) advises avoid—when travel to malarious areas is unavoidable and other regimens are unsuitable, Doxycycline can be used for malaria prophylaxis if the entire course can be completed before 15 weeks' gestation. 	 Short term therapy (≤ 3 weeks) during breastfeeding is safe. Prolonged treatment courses during nursing should be avoided Black discoloration of breast milk has been reported with Minocycline. 	Minocycline & Tetracycline: Category D -Doxycycline: Avoid in 2 nd & 3 rd trimester due to risk of permanent teeth discoloration or inhibition of bone growth. No evidence of substantial of teratogenic risk if used in 1 st trimester but insufficient data to conclude no risk

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

Name of the Agent	Pregnancy	Breastfeeding	FDA Pregnancy category
	Miscellaneous Antibacte	rial Agants	Category
Clindamycin	Safe during pregnancy	Avoid use, if possible, otherwise monitor infant for GI toxicity.	-Humans no evidence of toxicity in 2 nd or 3 rd trimester useInsufficient data with 1 st trimester use. No evidence of toxicity in animals.
Daptomycin (Not approved)	Avoid during 1 st trimester Use only if potential benefit outweighs risk.	Safe during breastfeeding	Category B
Linezolid	Use only if potential benefit outweighs risk. An alternate agent would be preferred.	Probably safe with monitoring GI toxicity	No evidence of toxicity in humans: Embryo-fetal lethality in animals.
Nitrofurantoin	 Safe during pregnancy Avoid- g6PD deficiency cases. An alternate agent should be used after 37 weeks of gestation 	Avoid in infant <8 days of age or if G6PD- deficient (any age)	Contraindicated at term (38-42) weeks gestation during labour & delivery or when the onset of labour is imminent.
Rifampicin	 Pre-natal exposure to Rifampicin has been related to haemorrhagic disease to new born. Prophylactic administration of vitamin K is recommended to prevent this complication. 	 Safe during breastfeeding Monitor infant for toxicity. Breast milk may be stained with yellow or orange, red or brown colour. 	Category 1 Humans: No well controlled studies, does not appear to be teratogenic. Animals: teratogenic in rodents, embryotoxic in rabbits.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

Name of the Agent	Pregnancy	Breastfeeding	FDA Pregnancy category			
	Miscellaneous Antibacterial Agents					
Tigecycline	Should be avoided after 15 weeks of gestation. Use an alternative agent with known safety profile is recommended.	 Concentration of milk is low, poor absorption of drug expected (calcium in milk). Short term use is safe; monitor infant for GI toxicity. 	 Category 1 Humans: possible fetus toxicity. Animals: fetal toxicity. 			
Vancomycin	 Avoid unless potential benefit outweighs risk. Consider monitoring TDM 	Safe during breastfeeding	Category C			
Colistin	 Limited data on increased risk of PTB, low birth weight or congenital abnormalities. In animals: polymyxin B demonstrated toxic effects to the embryo in a dosedependent manner. Due to the limited use in pregnant women and high potential for adverse events, strong caution is advised prior to use. 	Probably safe with monitoring, data limited.	Category C			

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All H Applies to: All Healthcare Facilities in Oman

Name of the Agent	Pregnancy	Breastfeeding	FDA Pregnancy
			category
	ANTIFUNGAL AG	ENTS	
Amphotericin B	Not known to be harmful but manufacturers advise avoid unless potential benefit outweighs risk.	Probably safe with monitoring, no data.	Category B
Caspofungin	Not safe during pregnancy Should be used only when benefit outweighs risk unknown risk to the fetus (should be avoided in 1st trimester, whenever possible)	Probably safe, concentration in milk is low; ADR not expected.	 Category 1 Insufficient human data. Animal data suggest potential for fetal harm.
Fluconazole	Not safe during pregnancy. Should be used only when benefit outweighs unknown risk to the fetus.	Safe during Breastfeeding	Category 1 -Avoid, if possible, especially high doses (6-12 mg/kg/day) for a prolonged period during 1st trimester -The risk of miscarriage or congenital abnormalities with low doses (e.g., 150 mg x1) is unclear; CDC recommends topical azoles for Vulvovaginal candidiasis.
Itraconazole	Not safe during pregnancy. Should be used only when benefit outweighs; unknown risk to the fetus	Limited data available; avoid if possible.	Category 1 No human data. Fetal harm in animals.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All He Applies to: All Healthcare Facilities in Oman

Name of the Agent	Pregnancy	Breastfeeding	FDA Pregnancy		
			category		
ANTIFUNGAL AGENTS					
Pentamidine isetionate	Not safe during pregnancy.	Not safe during Breastfeeding	Category 1 -Data on pregnant women are limitedUse only if the potential benefit justifies the potential risk to the fetus. WHO: May be administered to humans after the first trimester		
Posaconazole	Not safe during pregnancy. Should be used only when benefit outweighs the unknown risk to the fetus.	Not safe during Breastfeeding	Category 1 May cause fetal harm, based on animal data. Human data insufficient.		
Voriconazole	Not safe during pregnancy Should be avoided in 1 st trimester unless other treatments have failed and the benefit outweighs the unknown risk to the fetus	Not safe during Breastfeeding	Category 1 Can cause fetal harm. No data on voriconazole use in pregnancy are available. Advise use of effective contraception during treatment. Evidence of embryo mortality, fetotoxicity, and teratogenicity in animals exist.		
	ANTIVIRAL AGENTS				
Acyclovir	Safe during pregnancy	Safe during Breastfeeding (Need monitoring)	Category B		

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All He Applies to: All Healthcare Facilities in Oman

Name of the Agent	Pregnancy	Breastfeeding	FDA Pregnancy category			
	ANTIVIRAL AGENTS					
Valacyclovir			Category 1 Humans: no known drugassociated risk of major birth defects. Animals: no evidence of toxicity.			
Famciclovir	Avoid unless potential benefit outweighs risk	Not safe during Breastfeeding	Category 1 No evidence of toxicity in humans or animals			
Foscarnet sodium (Not approved)	Avoid unless potential benefit outweighs risk in 2nd and 3nd trimester	Not safe during Breastfeeding	Category C			
Ganciclovir	Avoid unless potential benefit outweighs risk-teratogenic risk, ensure effective contraception	Not safe during Breastfeeding	Category C			
Valganciclovir		Not safe during Breastfeeding	Category 1 No human data. Embryofetal toxicity in animal.			
Oseltamivir	Avoid unless potential benefit outweighs risk (e.g., during a pandemic)	safe during Breastfeeding	Category 1 limited human data suggest no embryo-fetal toxicity. No evidence of toxicity in animals.			
	ANTIMALAR	IAL AGENTS				
Chloroquine phosphate	Use if benefit overweight risk	safe during Breastfeeding	Category C			
Primaquine phosphate	Risk of neonatal haemolysis and methemoglobinemia in 3 rd trimester	Probably safe, monitor infant for toxicity	Category 1 Avoid in pregnancy (risk of haemolysis if fetus G6PD-deficiency)			
Quinine sulfate	High doses are teratogenic in 1 st trimester, but in malaria benefit of treatment outweighs risk	Safe during Breastfeeding	Category 1 Use only if other effective antimalarials are unavailable			

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Name of the Agent	Pregnancy	Breastfeeding	FDA Pregnancy
			category
	ANTIMALARIAL A	GENTS	
Artemether with lumefantrine	Safe during pregnancy, recommended by WHO and CDC in all trimesters	Avoid breast feeding for at least 1-week after last dose	Category 1 Recommended by WHO and CDC in all trimesters. No increase in major birth defects, miscarriage, or adverse maternal or fetal outcomes.

Appendix A- Dose adjustment in Pregnancy- General Considerations.

There are some physiological changes that may occur in pregnancy may affect the pharmacokinetics of drugs taken during the gestational period and post-partum. Depending on the clinical significance of these changes, adjustment of the doses and /or dosing interval may warrant consideration. Below are some examples of altered drug distribution and elimination in pregnancy.

- Increased maternal plasma volume may increase the volume of distribution of the same drug, which may require a dose increase.
- Decreased plasma protein concentration, specifically albumin, may increase the free fraction of highly protein bound drugs, which may require a dose reduction.
- Increased renal blood flow and glomerular filtration rate may increase the elimination of drugs that are excreted primarily in the urine. This may require use of an increased dose and /or a shorter dosing interval.
- Alteration in the activity of hepatic drug metabolizing enzymes may require dosage adjustment as follows:
 - Decreased activity (e.g., CYP1A2 and CYP2C19). For drugs that are dependent on these enzymes for elimination, a dose reduction may be required. For drugs that require these enzymes for conversion to their active form, a dose increase may be appropriate.
 - Increased activity (e.g., CYP3A, CYP2D6 and CYP2CP). For drugs that are dependent on these enzymes for elimination, a dose increase may be required. For drug that require these enzymes for conversion to their active form, a dose reduction may be required.
- Consider therapeutic drug monitoring (TDM) for some agents such as Vancomycin, Gentamicin ... etc in order to achieve therapeutic level and avoid toxicity.
- Refer to product literature for newly approved or non-approved antimicrobials not listed in the guideline.

Applies to: All Healthcare Facilities in Oman

Appendix-B -Pregnancy Category chart			
Pregnancy category A	Adequate research has been done with the conclusion that drugs in this category are not likely to cause any harm to the foetus in the first trimester as well as later in pregnancy.		
Pregnancy Category B	Studies carried out on animals have shown no adverse effects on the foetus; however, there is a lack of controlled studies on human pregnancy.		
Pregnancy category C	Animal studies have shown evidence of harmful effects on the foetus; however, no controlled study has been done on a human pregnancy. The medicines may be prescribed in cases where the potential benefits outweigh the possible adverse effects.		
Pregnancy category D	Studies done on human pregnancy have shown positive risks to the foetus. However, doctors might prescribe them in certain cases where the potential benefits outweigh the risks.		
Pregnancy category X	Both human and animal studies have shown positive risks to the foetus, with the adverse effects extending to serious birth defects, miscarriage and fetal death. The possible risks of using these medicines outweigh any potential benefits.		

References:

- Antimicrobial Prescribing Guidelines for Primary Care. Updated June 2023. Next review: June 2026. Nottinghamshire Area Prescribing Committee.
- British national Formulary (88) September, 2024 March, 2025.
- Pregnancy and Post Natal Empirical Treatment of Infection Guidance When male and female are stated within this
 policy, it refers to sex assigned at birth NHS Tayside. Developed by: Obstetrics/ TSRH/AMG Dec 2012 Updated and
 approved by AMG: Dec 2017 Last updated: Apr 2021
- www.Drugs.com
- Women's Antimicrobial Guidelines Summary V: 6 Approved by: UHL Antimicrobial working party, Maternity guideline group, Maternity Governance Committee, Gynaecology Governance Committee; September 2021
- Sandford Guide for Antimicrobials 2024

Applies to: All Healthcare Facilities in Oman

PENICILLIN ALLERGY

Adverse drug reactions (ADR) are defined as any noxious, unintended, undesired effect of a drug that occurs at doses used for prevention, diagnosis, or treatment.

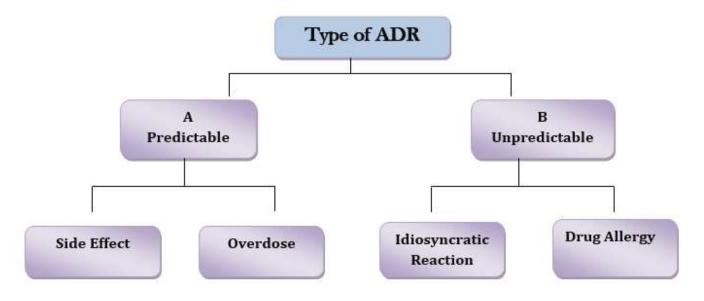


FIG-3

Drug Allergy is immunologically mediated reactions either antibody mediated or cell mediated.

Penicillin:

- Belongs to β-lactam antibiotics.
- Generally effective at eradicating common bacterial infections such as skin, ear, sinus and upper respiratory tract infections.

Allergy to penicillin is the most commonly-reported medication allergy but true penicillin allergy is rare.

• Estimated frequency of anaphylaxis 1–5 per 10,000 cases of penicillin therapy.

Allergic reactions to penicillin categorized based on time of onset of symptoms:

• Immediate reactions:

- o Begin within an hour of the first administered dose.
- o Reactions are usually type I (IgE-mediated) reactions but can be also non IgE mediated.
- o May escalate to life-threatening anaphylaxis.
- Severe Symptoms include Anaphylaxis, compromised airway, laryngeal edema, stridor, cough, throat tightness, wheezing, hypotension, collapse. Gastrointestinal symptoms (severe crampy abdominal pain, repetitive vomiting) together with cutaneous features.,
- Non severe symptoms include: Mild urticaria, itching or rash, Mild angioedema (eg.lip swelling).
- Moderate symptoms include: Generalized urticaria, significant pruritus, significant angioedema (excluding laryngeal edema). Persistent abdominal pain and/or vomiting.

The diagnosis of immediate allergic reactions to penicillin is based on clinical history, skin testing

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

when available, and sometimes graded challenge.

- O Delayed reactions:
- Occur at least 6 hours after dosing, with the majority occurring at 1-2 weeks after drug initiation.
- Severe Symptoms include severe cutaneous drug reaction (e.g., DRESS, SJS/TEN (DRESS= Drug rash with eosinophilia and systemic symptoms, SJS/TEN = Stevens-Johnson Syndrome/Toxic Epidermal Necrolysis)
- Non-Severe symptoms include benign maculopapular Rash

Usually mild and often related to a concomitant viral infection, especially in children.

- o Rare delayed systemic reactions also exist and can be severe.
- Patients with past delayed systemic reactions, such as Stevens-Johnson syndrome, toxic
 epidermal necrolysis, hypersensitivity syndrome, or other exfoliating dermatoses should not
 receive penicillin again under any circumstances.

Risk of recurrent reactions depends on the time elapsed since the patient's last reaction.

- ~ 50% lose sensitivity after 5 years.
- ~ 80% lose sensitivity after 10 years.

Thorough history is an essential component in the evaluation of patients with suspected drug allergy:

- Why was the medication prescribed?
- How long ago did the reaction occur?
- Which systems (e.g., cutaneous, respiratory, GI) were involved in the reaction and what were the characteristics?
- Characterization of the cutaneous lesions important in determining the cause, further diagnostic tests and management decisions
- When during the course did the reaction occur?
- Was the patient taking concurrent medications at the time of the reaction?
- What was the therapeutic management required secondary to the reaction?
- Had the patient taken the same or cross-reacting medication before the reaction?
- Has the patient been exposed to the same or similar medication since the reaction?
- Does the patient have an underlying condition that favours reactions to certain medications?

Cross reactivity among B-lactams i.e., "penicillin, cephalosporins, carbapenems and monobactams".

- o **Cephalosporins**: cross reactivity occurs because of the B-lactams ring and also the R chain side group.
 - Cross reactivity can be as high as 10%.
 - Avoid drugs with a similar R side chain.
- o Carbapenems:
 - >99% of penicillin-allergic patients tolerate carbapenems e.g., meropenem.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

Monobactams:

- No immune cross reactivity, therefore penicillin-allergic patients may receive aztreonam normally.
- Not to be administered to patients who are allergic to ceftazidime (due to aztreonam and ceftazidime sharing an identical R1 side chain)

Diagnostic tests in drug allergy:

- Testing for immediate reactions:
 - Markers of anaphylaxis: tryptase.
 - Skin testing. Over 90% of reported penicillin allergies can be excluded by skin testing and oral provocation.
 - In vitro tests (specific IgE).
- Drug Provocative graded challenge:
 - Purpose: To confirm or exclude an allergy to a specific drug. (It does not mean that the patient will not experience an immediate adverse reaction in the future)
 - Administration of progressively increasing doses of a medication until a full dose is reached.
 - Medication is introduced in a controlled manner to a patient who has a low likelihood of reacting to it.

Drug desensitization:

- o A procedure that modifies a patient's immune response to a drug allowing him/her to take the drug temporarily in a safe manner.
- o Done in case of:
- Immediate reactions (IgE-mediated and non-IgE mediated) drug allergy.
- When no other alternative exists.
- Contraindicated in severe exfoliative drug eruption (SJS, TEN, DRESS) and in reactions resulting in end organ damage.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

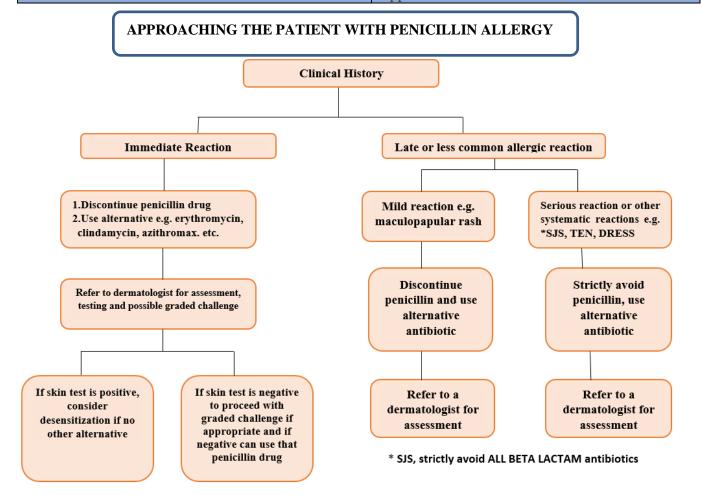


FIG-4

References:

- Khan DA, Solensky R. Drug allergy. J Allergy Clin Immunol 2010; 125(2 Suppl 2): S126–137.
- o Daulat S, Solensky R, Earl HS, Casey W, Gruchalla RS. Safety of cephalosporin administration to patients with histories of penicillin allergy. J Allergy Clin Immunol 2004; 113:1220–1222.
- o Kula B, Djordjevic G, Robinson JL. A systematic review: can one prescribe Carbapenems to patients with IgE-mediated allergy to penicillin or cephalosporins? Clin Infect Dis 2014; 59:1113–1122.
- Caubet JC, Eigenmann PA. Managing possible antibiotic allergy in children. Curr Opin Infect Dis 2012;
 25:279–285.
- Blanca M, Romano A, Torres MJ, Férnandez J, Mayorga C, Rodriguez J, et al. Update on the evaluation of hypersensitivity reactions to beta lactams. Allergy 2009; 64:183–193.

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 18: SUGGESTED DURATION OF ANTIBIOTIC THERAPY IN COMMON INFECTIONS

Early change from IV to oral regimens is cost effective in many infections. The recommended duration is a minimum or average time and should not be considered as absolute.

	minimum or average time and should not be considered as absolute.					
CLIN	NICAL DIAGNOSIS	DURATION OF THERAPY	COMMENTS			
		(DAYS)				
(GNB)	e to Gram negative Bacilli th removable focus (no	Duration: 7-14 days				
Osteomyelitis	Adult; acute	42 -56 days	Depends on the location of the infection			
	Adult; chronic	 42 if surgical debridement, > 42 days or longer if surgical intervention cannot be done or in case of atypical pathogens e.g., TB, Coxiella 	Optimal duration of therapy unknown: A prolonged course of therapy is typically recommended but 6 weeks is probably adequate if surgical debridement is performed.			
	Child; acute; <i>Staph</i> ylococcus and Enterobacteriaceae	Minimum 21-28 day MRSA may need longer duration, consult ID)	Duration to be guided by clinical response and normalisation of inflammatory markers			
	Child; acute; <i>Strept</i> . meningococci, <i>Haemophilus</i>	14-21				
Infective endocarditis,	Enterococci	28 or minimum 42 (resistant enterococcus)	Refer to Table 4 for specific pathogen related duration			
native valve	S. aureus	14 (uncomplicated right-sided only) or 28				
	Viridians streptococci	14 (uncomplicated IE) or 28				
Bacillary dysen	tery (Shigellosis)	Single dose, up to 3 days if no response	Infection due to S. dysenteriae type 1/ HIV co- infection: 5-7 days			
Typhoid fever	Ceftriaxone	7–14				
(Typhi):	Ciprofloxacin	7–10				
	Azithromycin	5-7				
H. pylori		14 For triple-drug regimes				
Pseudomembra (Clostridioides	nous enterocolitis difficile)	10	Longer duration might be needed in severe cases depending on response to therapy and clinical course.			

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 18: SU	UGGESTED DURATION OF A	ANTIBIOTIC THERAPY IN CO	MMON INFECTIONS
CLINICAL DIAGNOSIS	DURATION OF THERAPY (DAYS)	COMMENTS	CLINICAL DIAGNOSIS
Genital disease	Non-gonococcal urethritis or mucopurulent cervicitis Pelvic inflammatory disease	7 days Doxycycline or single dose Azithromycin 14	
Septic arthritis (non- gonococcal)	Adult Infant/child	14–28 101-4	Duration to be guided by: clinical response to antibiotics, surgical intervention and normalisation of inflammatory markers
Cystitis	Cotrimoxazole, Ciprofloxacin Nitrofurantoin	5	
Pyelonephritis	Fosfomycin	ranges from 5 to 10 days, depending on the clinical response and the antimicrobial chosen. (e.g Fluoroquinolones for 5-7 days, TMP-SMX 7-10 days, beta-lactam for 7-10 days) used)	
Pneumonia, pne CAP	eumococcal	minimum 5 days provided the patient is clinically stable and afebrile for 48-72 hrs	
Pneumonia, sta	phylococcal	21-28	Variable, based on presence or absence of complication (e.g. endocarditis or metastatic infection) and until biomarkers normalise
Legionella, myo	coplasma, chlamydia	7–10 minimum of five days until the patient is clinically stable and afebrile for at least 48 hours. Patients with severe pneumonia or chronic comorbidities may be slow to respond to therapy and often require 7 to 14 days of treatment.	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

TABLE 18: SUGGESTED DURATION OF ANTIBIOTIC THERAPY IN COMMON INFECTIONS					
CLINICAL DIAGNOSIS	DURATION OF THERAPY (DAYS)	COMMENTS	CLINICAL DIAGNOSIS		
Lung abscess		Usually 28–48			
Meningitis	N. meningitidis	7			
	H. influenzae	minimum 7			
	S. pneumoniae	10–14			
	Listeria	21(longer in immunocompromised)			
	meningoencephalitis, group B <i>Strept</i> ,	21			
	coliform				
Group A <i>Strept</i> . phar Also see pharyngitis	yngitis	10 days if Penicillin (Azithromycin 5 days in children & 3 days in adults)			
Acute sinusitis		5–7 (mild to moderate) 14 or longer therapy if severe infection			
Cellulitis		5-7 (up to 14 if severe infection, slow response, immunocompromised patient)	Until 3 days after acute inflammation disappears		
Otitis media with eff	usion	<2 yrs: 10 >2 yrs: 5-7			

References:

- $1. THE \ SANFORD \ GUIDE \ To \ Antimicrobial \ The rapy \ 2024$
- 2. J.D Nelson, APID 6:59, 1991
- 3. Ln351:197,1998
- 4. CID 44: S55,2007: AJM 120:783,2007

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

19 GUIDELINES FOR ANTIMICROBIAL IN HAEMATOLOGY/ONCOLOGY IN ADULTS

19 A. Management of Febrile Neutropenia

Definition: Temperature of ≥ 38.3 °C once or ≥ 38.0 °C sustained for more than 1 hour AND ANC of <500 /mm3 or ANC of 1000/mm3 but expected to drop to <500 mm3 in the next 48 hours

Initial Assessment and Investigations:

- · Detailed history and physical examination (type of chemotherapy, prior prophylactic antibiotics, immunosuppression, recent surgeries, any allergies)
- · Recent cultures results including resistant bacteria
- · Routine laboratory investigations including full blood count
- · Two sets of blood cultures (one from central line if it is present) before antibiotics are started
- · Chest imaging if any respiratory signs or symptoms

Empirical Treatment:

Piperacillin-tazobactam 4.5 g every 8 hours OR 4.5 g every 6 hours (If *Pseudomonas spp*. is highly suspected)

Penicillin allergy:

- · Mild (itching, or mild rash without organ involvement): IV cefepime 2 g every 8 hours
- Severe (e.g., anaphylaxis, angioedema, severe cutaneous reaction such as, but not limited to, Steven Johnsons Syndrome -SJS):

(IV Aztreonam 2g q8h or IV Ciprofloxacin 500 mg q12h PLUS IV Vancomycin)

Add IV Vancomycin in the following conditions:

- · Hemodynamic instability
- · Bacteremia with gram positive organism pending susceptibilities
- · Central venous catheter infection is suspected
- Soft tissue and skin infection
- · Pneumonia

Stop After 48 hours if no growth of MRSA on blood cultures or a negative MRSA nasal swab (except if there is purulent soft tissue and skin infection or use of aztreonam as empirical therapy

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

Unstable hemodynamics /Septic shock: Infectious Diseases Consultation

Empirical Treatment:

Meropenem 1g every 8 hours <u>plus</u> IV Vancomycin plus (consider IV Amikacin)

Add empiric echinocandin (Anidulafungin 200 mg loading dose then 100 mg daily or Caspofungin

70 mg loading dose then 50 mg daily) in the following:

- · Presence of central venous catheter for more than 7 days
- · Total parenteral nutrition (TPN)
- · Colonisation with *candida* species
- · Severe neutropenic enterocolitis or intra-abdominal infection
- · Broad spectrum antibiotics for more than 7 days duration

De-escalation and Discontinuation of Antimicrobials:

Antimicrobials can be discontinued if:

- \cdot ANC > 500 /mm3 for at least 48 hours
- · Afebrile for 72 hours.
- · Completion of appropriate duration of antimicrobial therapy if there is a documented source of infection

Patients with ANC <500 /mm3 who have clinically improved and have been afebrile for 72 hours and received at least 5 days of empiric antimicrobials and no clear source of infection:

- De-escalate antibiotics to oral fluoroquinolone (Levofloxacin 500-750 mg PO once daily **OR** Ciprofloxacin 500mg PO q12hr) prophylaxis until ANC recovery **OR**:
- · Continuing IV antibiotics until ANC recovery (case by case depending on benefit and risk)

Applies to: All Healthcare Facilities in Oman

19 B. Antimicrobial Prophylaxis in Specific Immunocompromised Populations

Table 19 B - 1: Antimicrobial Prophylaxis in Patients with Acute Leukaemia				
Type of prophylaxis	Population	Recommendations	Comments	Doses / monitoring
Antibacterial prophylaxis	Patients at high risk of febrile neutropenia (Temperature of ≥ 38.3°C and ANC < 0.5 × 10 ⁹ /L) OR profound protracted neutropenia (ANC < 0.1 × 10 ⁹ /L, lasts for ≥ 7 days)	No bacterial prophylaxis is recommended. Follow above guide if febrile neutropenia developed.	Clinician must be mindful of the risk to select not only for fluoroquinolone-resistant, gramnegative bacilli, but also for <i>Clostridium difficile</i> and Enterococci	
Antifungal prophylaxis	Patients at high risk of febrile neutropenia (temperature of ≥ 38.3°C and ANC < 0.5 × 10°/L) OR profound protracted neutropenia (ANC < 0.1 × 10°/L, lasts for ≥ 7 days) Not recommended for patients at low risk of profound, protracted neutropenia	Patient with ALL or AML lymphoid blast crisis: -If incidence of mold is low; Fluconazole is recommended -If the risk of mold infection exceeds 6%; 'mold active' triazole such as Voriconazole OR Posaconazole are recommended In patients with ALL; 'Mold active' triazole is not recommended In patients with CLL or CML; primary antifungal prophylaxis is not recommended	- Prophylaxis to be given during period of neutropenia - Prophylaxis to be started 24 hrs after last Anthracycline dose or on first day of chemotherapy in patients not receiving anthracycline based treatment -Prophylaxis to be re-started with each consolidation chemotherapy and continue until resolution of neutropenia	Fluconazole PO 400 mg q24hr OR Posaconazole* 300 mg PO q12hr on day 1, then 300 mg PO q24hr OR Voriconazole* 200 mg PO q12hr *TDM recommended for Posaconazole and Voriconazole

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 A

Table 19 B - 1: Antimicrobial Prophylaxis in Patients with Acute Leukaemia				
Type of prophylaxis	Population	Recommendations	Comments	Doses / monitoring
Anti-PJP	Patients receiving	Trimethoprim	-G6PD screening	TMP-SMX
	chemotherapy	Sulfamethoxazole	-Initial	1 SS tablet
	regimens	(TMP-SMX)	prophylaxis for	(80/400 mg) PO
	associated with >		most patients	q24hr for CrCl30-
	3.5% risk for	In patients with	until completion of	50 mL/min)
	pneumonia from	hypersensitive to	anti-leukemic	OR
	Pneumocystis	Sulfonamides or unable to	therapy	1 DS tablet
	jirovecii	tolerate TMP-SMX for other	-Atovaquone with	(160/800 mg) PO
		reasons, alternative options are	meals to reduce	thrice /week
		dapsone, atovaquone or	diarrhoea and GI	OR
		aerosolized pentamidine	adverse effects	Dapsone 100 mg
				PO q24hr
				OR
				Atovaquone
				1500 mg PO
				q24hr
Antiviral	Neutropenic	Prophylaxis with nucleoside	To be given until	Acyclovir 400-
(HSV/VZV)	patient undergoing	analogue such as Acyclovir,	recovery of WBC	800 mg PO q12hr
	induction	Valacyclovir, Famciclovir	count or resolution	OR
	chemotherapy		of mucositis,	Valacyclovir 500
			whichever occurs later	mg PO q12hr OR
			later	Famciclovir 250
				mg PO q12hr
Antiviral	Patient with	Prophylaxis with nucleoside		Entecavir
(Hepatitis B)	substantial risk of	reverse transcription inhibitor		0.5mg
	reactivation of	such as entecavir or tenofovir		PO daily
	HBV such as			1 O daily
	HBsAg positive			OR
	treated with			
	tyrosin Kinase			Tenofovir
	inhibitors			200ma
				300mg PO daily
				1 O dairy

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Table 19 B - 2 a: Antimicrobial Prophylaxis in Stem Cell Transplantation Recipients						
I. Antiba	I. Antibacterial prophylaxis					
	Autologous / Allogenic stem cell transplant	Comments				
Antibacterial prophylaxis	Not indicated unless patient develops fever during period of neutropenia (Refer to febrile neutropenia guideline)					
Prophylaxis for encapsulated organisms	If patient is not on Sulfamethoxazole/trimethoprim for PJP prophylaxis add: Penicillin VK: - Adults and Children (> 60 kg): 500 mg PO q12hr - Adults (< 60 kg) and Children (> 3 years and < 60 kg): 250 mg PO q12hr - Children (< 3 years): 125 mg PO q12hr	Indications: - High dose steroids (>20 mg prednisone equivalents daily for more than 1 month) or other immunosuppressive therapy - Chronic GVHD on immunosuppression - Asplenia (medically or surgically) - > 65 year post allogeneic stem cell transplant - Start from engraftment until 12 months post-transplant and at least 6 months after discontinuation of all immunosuppressive medications for chronic GVHD. - In asplenic patients: continue prophylaxis for 1 year after transplantation or until age of 6- or 2-years post splenectomy (whichever occurs later)				

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

II. Antifungal Prophylaxis:			
Pre-engraftment During neutropenia and steroids therap		Post-engraftment: Cord blood, T cell depleted transplant, GVHD, high dose corticosteroids	Comments
Fluconazole Adult dose: 400 mg IV/PO Paediatric dose: 6 mg/kg/day (max 40 mg) Duration (From day -1 until engraftment)	Paediatric dosing: IV/PO - < 20 kg: 50 mg twice daily	Posaconazole OR Voriconazole Duration: (From engraftment until 100+ or longer depending on risk factors for invasive fungal infections)	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

III. PJP Prophylaxis:			
Condition			Duration
Autologous stem cell transplant		From engraftment unt	til 90 +
Allogeneic Stem Cell Transplantation			til 6 months post-transplant
Anti-thymocyte globulin use		From engraftment un	· · · · ·
Drug		Adult dosing	Paediatric Dosing
First line:		0/160 mg PO/IV ce a week	2.5 mg/kg PO/IV twice daily x 2 days/week (max 800/160 mg)
Sulfamethoxazole/trimethoprim*	O 1	R 0/80 mg daily	
Dapsone		mg q12hr O daily	2–4 mg/kg/day PO (maximum 100 mg)
Atovaquone	15	00 mg PO daily	· 4-24 months: 45 mg/kg daily (max 1500 mg)
			· 2-13 years: 30 mg/kg daily (max 1500 mg)
			· ≥13 years: 1500 mg daily
Pentamidine (Inhalation)	30 moi	0 mg once per nth	 ≥ 5 years old: 300 mg monthly < 5 years old: 9 mg/kg monthly (max 300 mg)
Pentamidine (Intravenous)		ng/kg every 4 eeks	4 mg/kg (maximum 300 mg) every 4 weeks

^{*}In case of severe allergy to Sulfamethoxazole/trimethoprim, acceptable alternatives are atovaquone, inhaled pentamidine, and intravenous pentamidine

Applies to: All Healthcare Facilities in Oman

IV. HSV/VZV Prophylaxis:						
	Adult dosing	Paediatric dosing				
Acyclovir	Oral: 400 mg q12hr Intravenous: 200 mg q12hr	Oral: 30-40 mg/kg twice daily (max 800 mg/dose) Intravenous: 250 mg/m2 every 12 hours (max 200 mg/dose)				
	Start with conditioning regimen and then continue for one year after stem cell transplantation					

V. CMV Preemptive Therapy:

- -A pre-emptive approach consists of regular monitoring of CMV reactivation with a CMV qPCR assay
- CMV viral load monitoring is done weekly starting from engraftment until Day 100 post transplantation

Threshold for CMV Viral Load For a pre-emptive Therapy

CMV Risk	Day 0-100	Day > 100
High Risk Cord blood recipients Haploidentical HLA-Mismatched T-cell depleted ≥ 1 mg/kg corticosteroids	≥ 50 IU/ mL (1.70 log10)	≥ 500 IU/ mL (2.70 log10)
Low Risk All transplants that do not meet above criteria	≥ 150 IU/mL (2.18 log 10)	

Induction: Duration is 2 weeks with one negative CMV PCR at the end of induction

Preferred:

- · IV Ganciclovir 5 mg/kg q12hr **OR**
- · Valganciclovir PO (Avoid in patient with poor oral intake, active gut GVHD, liver disease, diarrhoea or severe myelosuppression)

Dosing:

Adults and Peds > 50 kg: 900 mg PO q12hr

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

Peds \geq 40 to<50 kg:

675 mg PO Q 12 hrs

Peds \geq 30 to \leq 40 kg:

450 mg PO q12hr

Peds \geq 20 to \leq 30 kg:

450 mg PO q12hr or Liquid 14 mg/kg Q 12 hrs Peds \geq 15 to \leq 20 kg:

225 mg PO q12hr (= 1/2 pill) or Liquid 14 mg/kg q12hr

Peds \geq 10 to \leq 15 kg:

Liquid 14 mg/kg q12hr

(For patient with impaired renal functions consult pharmacist)

<u>Alternative:</u> Foscarnet 90 mg/kg q12hr (Consult Infectious Diseases)

Maintenance: duration at least 2-3 weeks after induction therapy and/or until an undetectable CMV viral load is documented by CMV qPCR.

Preferred:

- · IV Ganciclovir 5 mg/kg q24hr **OR**
- · Valganciclovir PO (Avoid in patient with poor oral intake, active gut GVHD, liver disease, diarrhoea or severe myelosuppression)

Dosing:

Adults and peds > 50 kg: 900 mg PO q24hr

Peds \geq 40 to \leq 50 kg: 675 mg PO q24hr

Peds >30 to < 40 kg: 450 mg PO q24hr

Peds ≥20 to <30 kg: 450 mg PO q24hr *or* Liquid 14 mg/kg q24hr

Peds \geq 15 to \leq 20 kg: 225 mg PO q24hr (= 1/2 pill) or Liquid 14 mg/kg q24hr

Peds ≥10 to < 15kg: Liquid 14 mg/kg q24hr (For patient with impaired renal functions consult pharmacist)

Alternative: Foscarnet 90 mg/kg q24hr (Consult Infectious Diseases)

For CMV Invasive Disease (Pneumonitis, colitis, hepatitis etc.) consult Infectious Disease

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Table 19 B - 2 b	Table 19 B - 2 b : Management of Common Infections in Stem Cell Transplantation Recipients			
	Preferred	Alternative	Comments	
Pneumocystis pneumonia	TMP-SMX: (PO or IV) • Treatment dose : Trimethoprim component 15 mg/kg/day given q8hr or q6hr	In non-severe cases: Clindamycin iv 600 mg q6hr PLUS Primaquine 30 mg daily (Check G6PD status) Atovaquone 750 mg PO q12hr	Adjunctive steroids therapy for severe PCP (PaO2 <70 mmHg on room air) Day 1 to 5: Prednisolone 40 mg PO. q12hr	
	(divided doses) • Duration: 21 days Secondary prophylaxis to be considered for patients	In severe cases: Pentamidine 4 mg/kg/day IV	Day 6 to 10: Prednisolone 40 mg PO OD Day 11 to 21: Prednisolone 20 mg PO OD	
	with ongoing immunosuppression	Duration : 21 days		
Invasive aspergillosis	Voriconazole 6 mg/kg IV or PO q12hr x 2 days, followed by 4 mg/kg q12hr Duration: till resolution of symptoms, signs and radiologic changes (minimum of 6 weeks)	- Posaconazole Delayed release tablets 300 mg q12hr for 2 doses then 300 mg daily -Posaconazole suspension 200 mg q6hr then 400 mg q12hr - Liposomal Amphotericin B 3-5mg/KG/day IV	· ID consult · CT scan looking for: macronodules, halo sign or cavitation · Request BLA and or Serum Galactomannan antigen · Monitor Voriconazole serum level (target 1.0-5.5 mg/L)	
Invasive mucormycosis	Liposomal Amphotericin B 5-10 mg/kg/day IV till resolution of symptom, signs and radiologic changes	Isavuconazonium sulfate 372 mg PO/IV q8hr x 6 doses and then 372 mg PO/IV daily	Surgical debridement Hyperbaric oxygen therapy Consider changing to oral Isavuconazole or Posaconazole delayed release tablet as a step-down oral therapy after IV Liposomal Amphotericin B or IV Isavuconazole in patients with good clinical response . Review or consider reduction of immunosuppressive therapy when possible	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies t Applies to: All Healthcare Facilities in Oman

Table 19 -B- 3: Antimicrobial Prophylaxis in Haematology/Oncology Patients on Specific
Biological Agents

Agents	Antibacterial	Antifungal	Antiviral	PJP
Preferred	Not recommended routinely	Fluconazole 400 mg PO/IV daily (candida prophylaxis only) Posaconazole 300 mg PO/IV q12hr x2 load, then 300 mg daily (mold-active prophylaxis)	For HSV/VZV Acyclovir 400 mg PO q12hr OR 2 mg/kg IV q12hr 2 mg/ (adjusted body weight in obese) For HBV -Screening before the start of cancer treatmentsHbsAg positive patients should receive antiviral prophylaxis during treatment and for at least 12 months after its completion. Entecavir 0.5mg PO daily OR Tenofovir 300 mg PO	TMP/SMX 480mg PO daily OR 960mg PO three times per week
Alternative	Not recommended routinely	Caspofungin70 mg IV x1 load, then 50 mg IV daily OR Isavuconazole 372 mg PO/IV q8h x6 load, then 372 mg daily OR Liposomal amphotericin B 3-5 mg/kg IIV daily (AdjBW in obese) OR Voriconazole 400 mg PO q12hr x2 load, then 200 mg q12hr OR Voriconazole 6 mg/kg IV q12hr x 2 loading doses, then 4 mg/kg q12hr (AdjBW in obese)	Famciclovir 250 mg PO OR Valacyclovir 500 mg PO	If drug interaction, intolerance, allergy, or contraindication to TMP/SMX: Dapsone100 mg PO daily OR inhaled Pentamidine 300 mg inhaled every 4 weeks

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Table 19 -B- 3: Antimicrobial Prophylaxis in Haematology/Oncology Patients on Specific Biological Agents

Specific Biological and immunosuppressive agents and recommended prophylaxis

Agents	Antibacterial	Antifungal	Antiviral	PJP
Proteasome inhibitors	No routine prophylaxis	No routine prophylaxis	Prophylaxis for HSV/VZV during treatment	No routine prophylaxis
Daratumumab	No routine prophylaxis	No routine prophylaxis	Prophylaxis for HSV/VZV during treatment and 3 months after	No routine prophylaxis
High-dose Steroids	No routine prophylaxis	Mold-active prophylaxis if≥ 1 mg/kg/day prednisone equivalents for 2 weeks (threshold not well defined, consider patient-specific risk factors)	Prophylaxis for HSV/VZV during treatment if given ≥ 10 mg/day prednisone equivalents	Prophylaxis if ≥ 20 mg/day prednisone equivalents for 4 weeks Prophylaxis should be continued while steroids are being weaned and/or for a period of 6 weeks after cessation
Purine Analogs (Fludarabine, cladribine, clofarabine, pentostatin)	No routine prophylaxis	Consider mold-active prophylaxis if ANC <500 cells/mm3 for >7 days	Prophylaxis for <i>HSV/</i> during treatment	Consider during treatment course (Especially if CD4 <200 cells/mm3), may consider continuing up to 6 months after treatment
Alemtuzumab	No routine prophylaxis	No routine prophylaxis	HSV prophylaxis until minimum of 2 months after treatment and CD4 > 200 cell mm ³ CMV surveillance	PJP prophylaxis until minimum of 2 months after treatment and CD4 > 200 cells/mm3

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Table 19 -B- 3: Antimicrobial Prophylaxis in Haematology/Oncology Patients on Specific Biological
Agents

Agents	Antibacterial	Antifungal	Antiviral	РЈР
BTK inhibitors (e.g. ibrutinib)	No routine prophylaxis	No routine prophylaxis	Higher infection risk in first 6 months. Consider VZV prophylaxis: Acyclovir 400 mg q12hr OR Valacyclovir 500 mg q12hr	Higher infection risk in first 6 months Consider PJP prophylaxis: TMP/SMX 480mg PO daily OR 960mg PO three times per week
PI3K inhibitors (e.g. idelalisib)	No routine prophylaxis	No routine prophylaxis	CMV surveillance	Consider PJP prophylaxis: TMP/SMX 480mg PO daily OR 960mg PO three times per week

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Table 19 B-4: Antimicrobial Prophylaxis in Patients with Multiple Myeloma Treated with CAR-
T Cell Therapy or Bispecific Antibodies

	y of Dispecific Antibodies			
Pathogen Intervention		Indication/Duration		
Bacterial	Levofloxacin 500 mg PO daily OR Augmentin 875/125 mg PO twice a day if allergy or intolerance to fluoroquinolone	CAR T-cell: Start when ANC < 500 ion and continue until neutrophil recovery BsAb: Start with onset of therapy and administer during the first month		
	Immunoglobulin replacement: suggested 400 mg/kg once every 4 weeks	CAR T-cell: Day +30 through 1 year. After 1 year continue until serum IgG >400 mg/dL BsAb: Start at second month of therapy and continue until end of therapy or serum IgG >400 mg/dL (whichever is longer)		
	Pneumococcal conjugate vaccine (PCV)	Revaccination can begin 3–6 months after CAR T-cell therapy. administer 1 dose of PCV15 followed by 1 dose of PPSV23 at least 1 year later. Update vaccination status prior to starting BsAb		
Herpes Simplex	Acyclovir 400–800 mg PO twice a day	Universal and indefinite prophylaxis		

Table 19 B- 5: Antimicrobial Prophylaxis of Patients with Inflammatory Arthritis Treated with Disease-Modifying Antirheumatic Drugs (DMARD)

(Abatacept ABA, Adalimumab ADA, Certolizumab pegol CZB, Etanercept ETN, Golimumab GOL, Infliximab INF, Rituximab RTX, Tocilizumab TCZ, Ustekinumab UST)

Pathogen	Recommendation
Mycobacterium tuberculosis All patients require screening for tuberculosis (TB) before starting a biologic agent After consultation with ID, Patients should be treated with prophylactic anti-TB treatment prior to commencing a biologic agent; therapy may be commenced after completing at least 1 month of anti-TB treatment and patients should be monitored every 3 months Patients who have had previous inadequate treatment for active TB should be investigated for active TB Patients with evidence of active TB should be treated before starting a biologic agent; therapy may be commenced after completing at least 3 months of anti-TB treatment and there is evidence that the patient is improving with evidence of culture negativity. Special attention should be given to anti-TB interactions with drugs commonly used to treat AIIRD	 Options include: Preferred: Isoniazid 300 mg PLUS Pyridoxine (12.5-25 mg) PO q24hr Duration: 6- months OR - Isoniazid 15mg/kg (maximum dose 900 mg PO once weekly + Pyridoxine (12.5-25 mg) once weekly PLUS -Rifapentine: Adults and children, dosed once weekly PO: - 10.0-14.0 kg dose = 300 mg - 14.1-25.0 kg = 450 mg - 25.1-32.0 kg = 600 mg - 32.1-49.9 kg = 750 mg - > 50.0 kg = 900 mg - Duration for 12 weeks. OR - Rifampicin 450 mg-600 mg PO q24hr PLUS Isoniazid 300 mg PO q24hr PLUS Pyridoxine (12.5-25 mg) PO q23hr - Duration: for 3-4 months _ OR - Rifampicin for 450 mg-600 mg PO q24hr -Duration: 4 months
HBV and HCV	Screen for hepatitis B and C viral infection · Start pre-emptive anti-viral treatment for HBV during therapy (regardless of HBV DNA levels) and for 12 months after cessation of therapy Entecavir 0.5mg PO daily OR Tenofovir 300 mg PO daily · Use biologic therapy with caution in patients with HCV infection
HIV	Screen for HIV prior to commencing a biologic · Anti-TNF therapy can be given in combination with Highly Active Antiretroviral therapy after ID consultation; if CD4+ count >200 cells/mm3 and viral load undetectable

	NATIONAL ANTIMICROBIAL GUIDELINES		
	Issued by: National Antimicrobial Stewardship Sub Committee		
Effective Date:01/01/2025 Apr		Applies to: All Healthcare Facilities in Oman	

Table 19 B- 5: Antimicrobial Prophylaxis of Patients with Inflammatory Arthritis Treated with Disease-Modifying Antirheumatic Drugs (DMARD)		
Pathogen Recommendation		
	Consider primary prophylaxis in patients on Rituximab	
Pneumocystis jirovecii Pneumonia	TMP-SMX 480mg PO daily	
	OR	
	TMP-SMX 960mg three times per week	

References:

- 1. Antimicrobial Prophylaxis for Adult Patients with Cancer-Related Immunosuppression: ASCO and IDSA Clinical Practice Guideline Update, September 04, 2018. Journal of Clinical Oncology. Volume 36, Number 30
- 2. European guideline for primary antifungal prophylaxis in adult haematology patients: summary of the updated recommendations forms the European conference on infections in leukaemia. *JAC*, Volume 73, Issue 12, Dec 2018. Pages 3221-3230
- 3. Prevention and management of infectious complications in patients with chronic lymphocytic leukaemia (CLL) treated with BTK and BCL inhibitors, focus on current guidelines. Blood reviews, volume 65, May 2024, 101180
- 4. Recommendation from European conference on infections in leukaemia 9 (ECIL 9), 15-17 Sept 2022
- 5. Updates in infection risk and management in acute leukaemia. Hematology Am Soc Hematol Educ Program. 2020 Dec 4; 2020(1): 135–139
- 6. Hermann Einsele, Per Ljungman, Michael Boeckh; How I treat CMV reactivation after allogeneic hematopoietic stem cell transplantation. *Blood* 2020; 135 (19): 1619–1629. doi: https://doi.org/10.1182/blood.2019000956
- 7. Antimicrobial prophylaxis in Hematopoietic Stem Cell Transplant Recipient Clinical Practice Guidelines University of Wisconsin Hospitals and Clinics Last revised August 2019
- 8. Ljungman P, de la Camara R, Robin C, Crocchiolo R, Einsele H, Hill JA, Hubacek P, Navarro D, Cordonnier C, Ward KN; 2017 European Conference on Infections in Leukaemia group. Guidelines for the management of cytomegalovirus infection in patients with haematological malignancies and after stem cell transplantation from the 2017 European Conference on Infections in Leukaemia (ECIL 7). Lancet Infect Dis. 2019 Aug;19(8):e260-e272. doi: 10.1016/S1473-3099(19)30107-0. Epub 2019 May 29. PMID: 31153807.
- 9. ECIL 8 Programme 2019 Update on fungal and bacterial infections Group (pediatric antifungal guidelines)
- 10. SQUH Febrile Neutropenia Management Guidelines 2024
- 11. Maertens J, Cesaro S, Maschmeyer G, Einsele H, Donnelly JP, Alanio A, Hauser PM, Lagrou K, Melchers WJ, Helweg-Larsen J, Matos O, Bretagne S, Cordonnier C; 5th European Conference on Infections in Leukaemia (ECIL-5), a joint venture of the European Group for Blood and Marrow Transplantation (EBMT), the European Organisation for Research and Treatment of Cancer (EORTC), the Immunocompromised Host Society (ICHS) and the European LeukemiaNet (ELN). ECIL guidelines for preventing Pneumocystis jirovecii

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

pneumonia in patients with haematological malignancies and stem cell transplant recipients. J Antimicrob Chemother. 2016 Sep;71(9):2397-404. doi: 10.1093/jac/dkw157. Epub 2016 May 12. PMID: 27550992.

- 12. Johan A Maertens, Corrado Girmenia, Roger J Brüggemann, Rafael F Duarte, Christopher C Kibbler, Per Ljungman, Zdeněk Racil, Patricia Ribaud, Monica A Slavin, Oliver A Cornely, J Peter Donnelly, Catherine Cordonnier, European Conference on Infections in Leukaemia (ECIL), a joint venture of the European Group for Blood and Marrow Transplantation (EBMT), the European Organization for Research and Treatment of Cancer (EORTC), the Immunocompromised Host Society (ICHS) and the European LeukemiaNet (ELN), European guidelines for primary antifungal prophylaxis in adult haematology patients: summary of the updated recommendations from the European Conference on Infections in Leukaemia, *Journal of Antimicrobial Chemotherapy*, Volume 73, Issue 12, December 2018, Pages 3221–3230, https://doi.org/10.1093/jac/dky286
- 13. Neofytos D. Antimicrobial Prophylaxis and Preemptive Approaches for the Prevention of Infections in the Stem Cell Transplant Recipient, with Analogies to the Hematologic Malignancy Patient. Infect Dis Clin North Am. 2019 Jun;33(2):361-380. doi: 10.1016/j.idc.2019.02.002. PMID: 31005133.
- 14. Isabel Echavarria et al. Clinical and Translational Oncology (2022) 24:724–732
- 15. Randy A. Taplitz et al. J Clin Oncol 2018; 36:3043-3054
- 16. Stanford Antimicrobial Safety and Sustainability Program 2020
- 17. Meera Mohan et al. British Journal of Hematology 2023
- 18. Jun Won Park et al. Chest 2022; 161(5):1201-1210
- 19. Christopher R. Holroyd et al. Rheumatology 2019;58: e3-e42

Issued by: National Antimicrobial Stewardship Sub Committee

Category	Etiology	Recommendation		
Hospital Acquired infections:	-Usually occurs 48 hours or more after admission or within 30 days of receiving healthcarePreventing hospital-acquired infections requires strict hand hygiene, proper sterilization of equipment, adherence to aseptic techniques, minimizing invasive device use, and following infection control protocols			
A) Surgical Site Infection (SSI)	Please refer to Table: 9 Guidelines for Treatment of Skin and Soft tissue infection			
B) Ventilator Associated Infection (VAP)	Please refer to Table: 1 Guidelines for Treatment of Respiratory Infections in Adults			
C)Catheter related Urinary tract Infection (CUTI)	Please refer to Table # 10			
D)Catheter Related Bloodstream Infection (CLABSI)	 Bloodstream infections directly related to an intravascular catheter Clinical signs of infection. Blood cultures:(Obtained before antibiotic administration): Paired peripheral and catheter-drawn cultures. Time to positivity (catheter culture positive >2 hours earlier than peripheral). Quantitative or semi-quantitative culture of catheter tip (>15 CFUs for significance). Empirical therapy; could be started based on the severity of illness, the risk 			
Organisms	factors for infection, and the likely pathogens Gram-positive: Staphylococcus aureus, coagulase-negative staphylococci (S. epidermidis). Gram-negative: Klebsiella spp., Pseudomonas aeruginosa, Enterobacter spp. Fungi: Candida spp. (in immunocompromised patients)			
Empiric Therapy	Low MDR Risk setting:	Vancomycin: 15–20 mg/kg IV q8–12hr (adjust for renal function).		
	High MDR Risk: Add Gram-negative coverage	Piperacillin-Tazobactam: 4.5 g IV q6hr OR Meropenem: 1 g IV q8hr		

Issued by: National Antimicrobial Stewardship Sub Committee

Table 20 : Hospital Acquired Infection (HAI)			
Category	Etiology	Recommendation	
	Fungal Risk Factors (use candida score or if the patient is having neutropenia, TPN use for > 72 hours)	- Add Echinocandins (e.g., Caspofungin 70 mg loading, then 50 mg daily or anidulafungin 200 mg loading then 100 mg daily).	
Definitive Therapy	Gram-Positive Pathogens: - MSSA:	- Cloxacillin 2g IV q4hr OR Cefazolin 2g IV q8hr for 14 days.	
	MRSA	- Vancomycin 15–20 mg/kg IV q8–12hr OR Daptomycin 6–10 mg/kg IV daily Duration of therapy: -Uncomplicated: 14 daysComplicated: At least 4–6 weeks (e.g., endocarditis, osteomyelitis, metastatic infections	
	Coagulase-Negative Staphylococci (CoNS)	-Vancomycin 15-20 mg/kg q8-12hr • Uncomplicated CLABSI: ○ Duration: 5–7 days (if the catheter is removed). ○ Up to 10–14 days if the catheter is retained, with antibiotic lock therapy. • Complicated CLABSI: ○ 4–6 weeks (e.g., endocarditis, osteomyelitis	
	Enterococcus	-If susceptible: Ampicillin 1-2g IV q4-6hr OR Vancomycin 15–20 mg/kg IV q8–12hr; for -VRE: Linezolid 600 mg IV/PO q12hr OR Daptomycin 8–12 mg/kg IV dq24hr Duration of therapy: 7-14 days.	
	Gram-Negative Pathogens:	Tailor therapy based on pathogen susceptibility e.g.: Ceftriaxone OR Piperacillin-Tazobactam, OR Carbapenems	

Issued by: National Antimicrobial Stewardship Sub Committee

Table 20 : Hospital Acquired Infection (HAI)				
Category Etiology		Recommendation		
		Duration of therapy:		
		Generally: 7–14 days.		
		-Shorter courses (7 days) may be appropriate for		
		patients who respond rapidly to treatment and		
		have no complications.		
		-Longer course (10-14 days) for non-fermenters		
		(e.g., Pseudomonas aeruginosa		
	Fungal Pathogen	- Start Echinocandins, transition to Fluconazole		
		400 mg q24hr IV if susceptible		
		Duration of therapy:		
		14 days from the first negative culture.		
Central Line Management		Remove central line if infection is		
		caused by S. aureus, Candida spp., or		
		Pseudomonas aeruginosa.		
		- Use antibiotic lock therapy		
		alongside systemic therapy if line		
		removal is not feasible.		
		- Get Echocardiogram for all patients		
		with persistent bacteremia or		
		complications, or fungal pathogens		
Prevention		- Use aseptic technique during catheter insertion		
		and care.		
		- Apply chlorhexidine for skin antisepsis.		
		- Review the necessity of central lines daily;		
		remove unnecessary lines promptly.		

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Anti-rabies prophylaxis schedule

• Pre exposure prophylaxis:

Pre-exposure prophylaxis is recommended for those at permanent risk of exposure such as laboratory workers, veterinarians and animal handlers. The WHO and MoH recommends a 3 dose schedule at Day 0, 7 and 21 or 28. Check for antibodies every 6 months. If the titer falls below 0.5 IU/L, offer a booster dose.

• Post exposure prophylaxis (PEP) for Immunologically naïve individuals of all age groups:

Category	Contact with suspected rabid animal	PEP measures	
I	Touching or feeding animals, licks on the skin	• Local wound treatment *	
II	Nibbling of uncovered skin, minor scratches or abrasions without bleeding, licks on broken skin	Local wound treatmentPEP **	
III Single or multiple transdermal bites or scratches contamination of mucus membrane with saliva from licks, exposure to bat bites or scratches		Local wound treatmentPEPHRIG ***	

- * Local wound treatment: Immediate flush and washing by soap and running water.
- ** **PEP:** 4 doses anti-rabies vaccine (ARV), Intramuscular into deltoid muscle on days 0, 7, 14 and 28. Vaccine should not be given in the gluteal region.
- *** Human rabies immune globulin (HRIG): 20 IU/kg body weight, half dose should be infiltrated into the depth and around the wound and other half should be given intra-muscularly at a site distant from that of vaccine inoculation. If case seen after 48 hours of bite but within 8 days of bite, offer full dose intra-muscularly.

Note: Please refer to the manufacturer instructions for the currently used vaccine and HRIG.

• Post exposure prophylaxis for previously immunized individuals of all age groups:

- Local wound treatment
- If animal bite is within 6 months of completed PEP, there is no need of further vaccination
- If 6 months have elapsed after the last dose of the complete PEP then offer 2 doses (day 0 and 3) for category II bites and 3 doses for Category III bites (Day 0, 3 and 7)
- After 3 years of previous vaccination, offer full course of PEP

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

• Post exposure prophylaxis in immunocompromised host:

HIV-infected individuals receiving ART who are clinically well and immunologically stable (i.e., normal CD4 percentage > 25% for children aged <5 years and CD4 >200 for aged > 5 years)	Local wound treatmentPEP
HIV-infected persons not receiving ART or do not meet minimum CD4 cell count criteria with WHO category II and III exposure	 Local wound treatment PEP HRIG

Applies to: All Healthcare Facilities in Oman

Vaccination Schedule for Tetanus

WHO recommends that an individual receives **6 doses** (3 primary and 3 booster doses) of tetanus-toxoid-containing vaccines (TTCV) for life long protection:

1. Primary Doses:

- o **Dose 1:** At 2 months of age (Hexa-DTaP)
- o **Dose 2:** At 4 months of age (Hexa-DTaP) (At least 4-6 weeks after the previous dose)
- o **Dose 3:** At 6 months of age (Penta-DTwP) (At least 4-6 weeks after the previous dose)

2. Booster Doses:

- o **Booster 1:** At 13 months of age (DTP)
- o **Booster 2:** > 7 years of age (Class/Grade 1). (DT/DTap)
- o **Booster 3:** Above 12-13 years of age (Class/Grade 6) (Tdap)

Types of Vaccines:

- Diphtheria and tetanus (DT) vaccines.
- Diphtheria, tetanus, and acellular pertussis (DTaP) vaccines.
- Tetanus and diphtheria (Td) vaccines.
- Tetanus, diphtheria, and pertussis (Tdap) vaccines
- Diphtheria, tetanus, and whole cell pertussis (DTwP) vaccines.
- Diphtheria, tetanus, and pertussis (DTP) vaccines.

Post-Exposure Prophylaxis (PEP) guidelines for Tetanus:

1. Risk Assessment of the Wound:

- Clean, Minor Wounds: Minimal risk (superficial cuts, surgical wounds in sterile settings).
- o **High-Risk Wounds:** Increased risk includes wounds contaminated with dirt, feces, soil, saliva, puncture wounds, crush injuries, burns, frostbite, necrotic, or avascular tissue.

2. PEP Recommendations Based on Immunization Status:

Vaccination History	Clean, Minor Wounds	High-Risk Wounds	
Fully Vaccinated (≥3 doses, with last dose within the past 10 years)	No action required	Booster dose of Td or Tdap (if last dose >5 years ago).	

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

Vaccination History	Clean, Minor Wounds	High-Risk Wounds	
Incomplete Vaccination (Less than 3 doses or unknown history)	1	Single dose of Td or Tdap AND Tetanus Immunoglobulin (TIG)	
		Single dose of Td or Tdap AND Tetanus Immunoglobulin (TIG)	

3. Dosage and Administration:

Tdap/Td Vaccine:

• **Dose:** 0.5 mL intramuscular (IM)

• Site: Deltoid muscle or anterolateral thigh

Tetanus Immunoglobulin (TIG):

- Indication: For high-risk wounds in partially vaccinated or unvaccinated individuals
- **Dose:** 250–500 IU IM (higher dose may be needed for large or heavily contaminated wounds)
- **Site:** Different anatomical site from the vaccine (to avoid interaction)

4. Wound Care:

- o Clean and debride the wound to remove necrotic tissue and contaminants
- Apply antiseptic agents as appropriate
- o Ensure follow-up for wound healing and infection monitoring

5. Follow-Up:

- Unvaccinated/Partially Vaccinated Individuals: Complete the remaining doses of the tetanus vaccination schedule as per national guidelines (typically at 4-week and 6-month intervals after the initial dose)
- Documentation: Record wound type, vaccination given, TIG administered, and patient's follow-up schedule

6. Special Situations:

- **Pregnant Women:** If at risk, administer a dose of Tdap (preferably during the third trimester, but at any time if exposure occurs)
- Immunocompromised Patients: TIG should always be given for high-risk wounds, regardless of vaccination status

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025

Applies to: All Healthcare Facilities in Oman

ANTIBIOTIC USE IN DENTISTRY

This guide has been developed to promote safe and effective antimicrobial prescribing and antibiotic stewardship by dental practitioners in Oman. The guide also aims to help rationalize and improve standards of antibiotic prescribing within dentistry and enhance patient care. The benefits of prescribing antibiotics to treat or prevent infections are limited by several problems associated with their use including development of microbial resistance, allergic reactions, drug interactions and other side effects. Prescription of antibiotics is mostly used as an adjunct to the primary active dental treatment. Therefore, antibiotics should not be used to delay or postpone the needed dental procedure.

Generally, irresponsible, or inappropriate use of antibiotics include:

- Prescribing in the absence of an infection or where local measures will suffice.
- Prescribing prophylactically when not indicated by evidence.
- An incorrect dose or inappropriate duration.
- Incorrect selection of antibiotics, according to indications and causative pathogens.
- Choosing an incorrect antibiotic for a patient with a known allergy.
- Not adjusting medication or dose considering age, pregnancy, allergies, underlying medical condition and drug interactions.
- Prescribing antibiotics without referring to the latest international updates and guidelines.

This section contains the latest recommended antibiotics to be used for treatment of bacterial infections, indications, and doses (Table 1). It also describes situations where antibiotics are used before dental procedures to prevent or minimize risk of bacterial infection (prophylaxis) [Table 2]. Finally, it lists the oral conditions (or symptoms) that do not require systemic antibiotics (Table 3).

	NATIONAL ANTIMICROBIAL GUIDELINES		
	Issued by: National Antimicrobial Stewardship Sub Committee		
Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman		Applies to: All Healthcare Facilities in Oman	

1- Infective conditions in dental, oral and maxillofacial region and antimicrobial guidelines used for treatment.

Table 1 Summary of dental, oral & maxillofacial conditions that **require** treatment by antimicrobial agents

CATEGORY OF ORAL AND MAXILLOFA- CIAL PATHOLOGY	ANATOMIC SITE / DIAGNOSIS	ETIOLOGIES	TREATMENT INDICATION	SUGGESTED (Adult FIRST LINE First line: Antibiotic used for non-allergic adult patient	doses) SECOND LINE or ALTERNATIVE	COMMENTS
Odontogenic and facial	Endodontic Infections (Pulpitis)	Viridans and other streptococci, Peptostreptoc occus spp, Bacteroides spp, and other oral anaerobes	Antibiotic treatment is not indicated, active dental treatment to remove the cause or root canal treatment.	Systemic antibiotics for pulpitis	are not indicated	Reversible pulpitis requires removal of cause, Irreversible pulpitis requires removal of dental pulp (pulp extirpation) followed by root canal treatment
space infection	Periapical abscess (collection of pus)	Peptostreptococcus, Fusobacterium nucleatum, Prevotella spp., Staphylococcus aureus	Indicated Only if associated with systemic Involvement (fever/malaise) or cellulitis / swelling.	Mild to moderate Amoxicillin 500mg orally TID for 5 days OR	Allergic to Penicillin patients: Clindamycin 150- 300 mg orally q6hr for 5 days	Antibiotics are used as an adjunct to active dental treatment to remove or treat source of infection.

Issued by: National Antimicrobial Stewardship Sub Committee

Facial Cellulitis (An infected inflammatory swelling)	Staphylococcus aureus, Streptococcus pyogenes, Streptococcus viridans, Anaerobic bacteria (Prevotella, Porphyromonas, and Fusobacterium), Peptostreptococcus spp.	Establish a drainage (Microbiological culture and sensitivity test for exudates) Remove or treat the cause Supportive care according to systemic involvement	Amoxicillin- clavulanate 500/125 mg or 875/125 mg every 8–12 hours If sever infection: Piperacillin- tazobactam 3.375 gm IV q 6 hr Amoxicillin 500mg orally TID for 5 days If necessary, for unresponsive infections, add Metronidazole 500 mg orally TID for 5 days OR Amoxicillin- clavulanate 625mg orally q8 hrs for 5 days OR 1g orally q12 hrs for 5 days	Allergic to penicillin patients: Clindamycin 150-300 mg orally q6hr for 5 days* Allergic to penicillin patients: Clindamycin 150-300 mg orally q6hr *	Must review patient in 24-72 hours to re-assess the response and the need to switch antibiotic for specific microorganism Switch to IV for deep infections compromising the airways, swallowing, raising floor of the mouth, trismus or with systemic involvements
--	---	--	--	---	---

Issued by: National Antimicrobial Stewardship Sub Committee

					Consult Oral and Maxillofacial Surgery as necessary. *Duration can be adjusted depending on the severity of disease or necessity of the case.
Spreading dento-facial abscesses and Ludwig's angi	Streptococcus spp., Staphylococcus aureus, Bacteroides spp., Fusobacterium spp. Prevotella spp.	Urgent / emergency referral is required: • Immediate assessment of airway, breathing, circulation including all vital signs • Supportive care according to systemic involvement • Urgent/ emergency Aggressive surgical drainage and removal or treatment of cause	Antibiotics (almost always IV) are recommended with other measures Ampicillin 500mg IV q8 hr for 5 days PLUS, Metronidazole 500 mg IV q 8hr OR Amoxicillin- clavulanate 1.2g orally TID	Allergic to penicillin patients: Adults Clindamycin 150-300mg orally QID Duration can be adjusted depending on the severity of disease or necessity of the case	Consult Oral and Maxillofacial Surgery as necessary. Admission, close observation and monitoring of progress. Re-assess every 1-6 hours after primary treatment and change accordingly Metronidazole can be used as

Issued by: National Antimicrobial Stewardship Sub Committee

			 Microbiological culture and sensitivity Blood workups 	for 5 days If severe infection: Piperacillintazobactam 3.375 gm IV q 6 hr		adjunct to a penicillin in severe spreading infections Intravenous infusion for inpatients
	Alveolar Osteitis Dry Socket)	Rare secondary infection by: Streptococcus spp., Actinomyces spp., Fusobacterium spp., Prevotella spp.	This is primarily a non- infective condition. Secondary infection may occur and progress.	Systemic antibiotics for dry socket	are not indicated	
(A) I. t.	Pericoronitis Definition: Inflammation of the soft tissues around a partially erupted tooth, usually an impacted mandibular third molar)	Streptococcus spp., Fusobacterium nucleatum, Prevotella spp.	Antibiotics are only recommended as an adjunct to local measures where there is evidence of systemic spread or with severe localized swelling and cellulitis	Amoxicillin 500mg orally TID for 5 days If necessary, add Metronidazole 500 mg orally TID for 5 days	Allergic to penicillin patients: Adults Clindamycin 150-300mg orally QID	Remove source of infection or causatives Irrigation and antiseptic mouthwash Consult Oral and Maxillofacial Surgery as necessary.

Issued by: National Antimicrobial Stewardship Sub Committee

	Other Dentoalveolar surgical infections Example, Infections that follow surgery (uncommon > 5%)	Staphylococcus aureus, Streptococcus spp., Fusobacterium spp., Prevotella spp.	Post-operative infection presenting with cellulitis/ fluctuation/ purulent discharge for more than 3 days, swelling and pain that did not subside after 48 hours post-surgery, persistent hyperpyrexia (not dry socket)	Amoxicillin 500mg orally TID for 5 days If necessary, add Metronidazole 500 mg orally TID for 5 days	Allergic to penicillin patients: Clindamycin 150-300 mg orally q6hr for 5 days	This is not a prophylactic treatment. Duration can be adjusted depending on the severity of disease or necessity of the case Cross-reference for indication of surgical prophylaxis
Periodontal diseases	Acute necrotizing (ulcerative) Gingivitis Only if systemic involvement	Fusobacterium nucleatum, Treponema spp., Prevotella intermedia, Porphyromonas gingivalis, Spirochetes	Only if systemic involvement	Metronidazole 500mg orally TID for 5 days* PLUS Amoxicillin 500mg orally TID for up to 5 days*	Allergic to penicillin patients: Clindamycin 150-300 mg orally q6hr for 5 days For immunocompromi sed/	Local measures of debridement and irrigation/mouth wash, Smoking cessation, Debridement/irrigation under LA. Consider recommending an antiseptic mouthwash

Issued by: National Antimicrobial Stewardship Sub Committee

recom only a to loca for new period disease	e where s evidence temic ement	Only if systemic	Duration can be adjusted depending on the severity of disease or necessity of the case Amoxicillin	unresponsive or severe cases Use combination Metronidazole / Amoxicillin Switch to IV for deep infections compromising the airways, swallowing, raising floor of the mouth, trismus or with systemic involvements Duration can be adjusted depending on the severity of disease or necessity of the case Allergic to	Provide or refer for smoking cessation support if indicated Review for further treatment and maintenance Consider systemic issues, especially in the presence of a limited response to treatment at review Local measures
absces (collect pus)	1 2 3 3	involvement or cellulitis	500mg orally TID for 5 days	penicillin patients: Clindamycin 150- 300 mg orally q6hr for 5 days	of periodontal tissue care or

Issued by: National Antimicrobial Stewardship Sub Committee

involvement or cellulitis Antibiotics are only recommended as an adjunct to definitive treatment for periodontal abscesses where there is an elevated temperature, evidence of systemic spread	Treponema denticola, Peptostreptococcus spp.		PLUS Metronidazole 500mg orally TID for 5 days Duration can be adjusted depending on the severity of disease or necessity of the case		Remove source of infection (local periodontal therapy or extraction)
and local lymph node involvement					
Gingivitis	Streptococcus spp., Fusobacterium nucleatum, Prevotella intermedia	Systemic antibiotics are	 not indicated for trea	 tment of gingivitis	
Antibiotic therapy is rarely required for periodontitis;	Porphyromonas gingivalis, Tannerella forsythia, Treponema denticola, Prevotella intermedia	Consult Specialist (0eriodontist) for non- responsive patient to local measures	Amoxicillin 500mg orally TID for up to 5 days PLUS	Allergic to penicillin patients: Clindamycin 150- 300 mg orally q6hr for 5 days	Systemic antibiotics are only recommended as an adjunct to effective mechanical
only consider					debridement, oral

Issued by: National Antimicrobial Stewardship Sub Committee

	antibiotic therapy for the following			Metronidazole 500mg orally TID		hygiene instruction and
	patients,			for 5 days		management
	preferably under					8
	the care of a			Duration can be		of modifiable
	periodontist:			adjusted depending		risk factors in
	periouonnes			on the severity of		patients aged
	1- Patients with			disease or necessity		<40-45 years
	rapidly			of the case		with rapidly
	progressing					
	periodontitis					progressing
						periodontal
	2- Patients with -					disease
	periodontitis that					
	has not responded					
	to dental					Seek care of
	treatment					specialized
	3-					periodontist as
	Immunocomprom					necessary.
	ised patients,					
	including patients					
	with poorly					
	controlled					
	diabetes.					
	Peri-implant	Porphyromonas gingivalis,	Antibiotics are not recor	 mmended for peri-im	l olant mucositis, ofter	n associated with
	mucositis	Tannerella forsythia, and	local factors including pla		,	
Implant related	(stomatitis)	Treponema denticola		•		
infections	,	-	Identifying and addressing the condition.	g these contributing fac	ctors is key to managi	ng and preventing

Issued by: National Antimicrobial Stewardship Sub Committee

	Peri-implantitis	Porphyromonas gingivalis,	Depending on the extent	Amoxicillin	Allergic to	Consult
	_	Prevotella intermedia,	of peri-implantitis	500mg orally TID	penicillin patients:	Specialist
	(Definition: an inflammatory	Fusobacterium nucleatum, Staphylococcus aureus	Antibiotics are used as	for up to 5 days	Clindamycin	-Elimination of
	disease of the soft		an adjunct to local	Duration can be	150-300 mg orally	cause
	tissues surrounding an implant, accompanied by bone loss and multifactorial pathogenesis)		measures for the treatment of peri-implantitis	adjusted depending on the severity of disease or necessity of case	q6hr for 5 days	-Nonsurgical / surgical management of the case Advice on improving oral
						hygiene and smoking cessation
Maxillary sinus infections	Uncomplicated acute sinusitis Chronis sinusitis	Kindly refer to the guidelines	for treatment of maxillary	sinus infections in EN	Section (Table 2).	
	Chronis sinusitis					
Salivary gland infection	Acute suppurative sialadenitis (Sialadenitis is inflammation and swelling of the parotid,	Staphylococcus aureus, Streptococcus pneumoniae, Streptococcus viridans, Haemophilus influenzae, Escherichia coli, Pseudomonas aeruginosa	Antibiotics with local measures are recommended for acute bacterial sialadenitis	Amoxicillin 500mg orally TID for 5 days* If necessary, add Metronidazole 500 mg orally TID for 5 days*	Allergic to penicillin patients: Clindamycin 150- 300 mg orally q6hr for 5 days	 Establish a drainage (Microbiologic al culture and sensitivity test for exudates) Remove or treat the cause Supportive care according to systemic involvement

Issued by: National Antimicrobial Stewardship Sub Committee

	submandibular, sublingual or minor salivary glands) Associated with enlarged hot and tense major salivary glands, pus expressed through the ducts.		and not recommended for chronic sialadenitis which can be managed with local measures	Amoxicillin 625mg orally TID for 5 days* or 1g orally BID for 5 days* *Duration can be adjusted depending on the severity of disease or necessity of the case	 For severe cases, see (Dento-facial space infection) Consult Oral and Maxillofacial Surgery
Bone infections	Osteomyelitis	Staphylococcus aureus, Streptococcus spp., Actinomyces spp.	Antibiotics are recommended for the management of osteomyelitis as an adjunct to surgical debridement. SIGNS & SYMPTOMS: • Deep-seated throbbing pain	Antibiotic treatment should be based on the identification of pathogens from bone cultures at the time of bone biopsy or debridement.	 Comprehensive clinical assessment Radiographs, CT/CBCT and MRI scans Microbiological sampling, culturing and antibiotic sensitivity testing

Issued by: National Antimicrobial Stewardship Sub Committee

Medication related osteonecrosis of the jaw (MRONJ) (MRONJ is where exposed necrotic bone in the maxillofacial region has persisted for more than 8 weeks in a patient who is, or has, undergone	Secondary infection with Actinomyces spp., Streptococcus spp., Staphylococcus aureus, Prevotella spp., Fusobacterium spp.	Swelling (initially soft because of oedema, later firm with involvement of the periosteum) Non-healing necrotic bone Sequestrum formation Trismus Fever Halitosis Extraoral draining sinuses Lymphadenopathy Antibiotics are recommended for MRONJ were secondary bacterial infection is present. Refer to local guideline for management of MRONJ		Removal of necrotic bone/sequestrum Surgical debridement Initially prescribe IV antibiotics followed by oral antibiotics until Resolution. Remove sources of irritation/trauma Ensure good oral hygiene Consideration must be given to why the MRONJ has occurred. If it is associated with terminal metastatic cancer, a very
---	--	--	--	--

Issued by: National Antimicrobial Stewardship Sub Committee

treatment with antiresorptive				conservative approach
or antiangiogenic agents without				to management is appropriate
current or previous radiotherapy to the area)				Microbiological sampling, culture and antibiotic sensitivity testing
				• Prescribe antiseptic oral rinses
				• Prescribe appropriate antibiotics where infection is evident
				• Surgical debridement of sequestra (with care) with non-responsive lesions
				• Review
Osteoradionecrosi s (ORN)	Secondary infection with	Antibiotics are recommended to control secondary bacterial		• Remove any possible sources of

Issued by: National Antimicrobial Stewardship Sub Committee

	Actinomyces spp.,	infections associated		irritation/trauma,
	Staphylococcus aureus,	with early-stage		e.g., denture
(a sequela of	Streptococcus spp.,	osteoradionecrosis		
radiation therapy	Prevotella spp.,			• Perform minor
in head and neck	Fusobacterium spp.	Refer to local guidelines		debridement,
cancer patients)		for management of ORN		eliminating sharp
				bone edges,
				sharp tooth
				surfaces
				• Advise patient
				to maintain local
				hygiene of the
				area of exposed
				bone
				with topical
				antibiotic agents
				. Misaskislasiasl
				• Microbiological
				sampling, culture and antibiotic
				sensitivity testing
				• Prescribe
				appropriate
				antibiotic
				 Conservative
				bone
				sequestromy may

Issued by: National Antimicrobial Stewardship Sub Committee

						be required in extensive cases • Surgical removal of large areas of necrotic bone may be required • Prescribe or advise analgesics
						to control pain and fever
	Primary herpetic gingivostomatitis	Kindly refer to the guidelines for treatment of viral infections (Table 13).				
Oral viral	Herpes zoster (Shingles)	Kindly refer to the guidelines	for treatment of viral infect	tions (Table 13).		
(herpes) infections	Herpes labialis (cold sores)	Herpes Simplex Virus Type 1 (HSV-1),	Topical agent of Acyclovir cream 5%, apply every 4 hours for 5 days	Systemic antiviral therapy is not indicated		
	Bell's palsy	Kindly refer to the guidelines for treatment of idiopathic facial nerve palsy VII in ENT Section (T			in ENT Section (Table	e 2).
Oral Candidal Infections	Pseudomembrano us candidiasis and erythematous candidiasis	Primarily candida albicans. Other species are implicated (C. glabrata C. tropicalis or C. krusei)	Indicated if there is no response to local measures (see comment)	Miconazole oral gel, Nystatin oral drops or Systemic Fluconazole		Advice patients on steroid inhaler to rinse mouth with water and

Issued by: National Antimicrobial Stewardship Sub Committee

	Denture			Same as above		brush teeth after use. Refer resistant cases to specialist for full medical assessment & care. Oral and denture	
	Angular cheilitis	Polymicrobial including candidal species and bacterial species (Staphylococcus aureus, Streptococcus species)	Topical treatment is required.	Miconazole cream 2% AND/OR Sodium Fusidate Ointment 2%	if not responsive, add Hydrocortisone 1% ointment. Systemic antifungals (Fluconazole) is recommended in severe or resistant cases	hygiene Adress underlying factors such as nutritional deficiencies or ill-fitting denture.	
Specific infections in oral cavity	e.g. Tuberculosis Oral Mucormycosis	Please refer to the local TB treatment manual and consult ID specialist Multifactorial & treatment is often multidisciplinary. Kindly refer to the guidelines for treatment of idiopathic facial nerve palsy VII in ENT Section (Table 2).					
	Oral Syphilis	Kindly refer to the guidelines	for sexually transmitted d	iseases Section (Table	11).		

Issued by: National Antimicrobial Stewardship Sub Committee

- o Prescription of antibiotics without active dental treatment and referral is not appropriate
- o If the patient is allergic, has had penicillin within the previous month (resistant bacteria) or has Meticillin-Resistant Staphylococcus Aureus (MRSA) a different antibiotic should be used.
- o Drainage must be established if there is pus; antibiotics will not remove pus.
- o (Dose of AMOXICILLIN in children is 12.5mg/kg up to 500mg)

NATIONAL ANTIMICROBIAL GUIDELINES		
Issued by: National Antimicrobial Stewardship Sub Committee		
Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman		

2- Antibiotics used before dental procedures to prevent or minimize bacterial infection

Antibiotic prophylaxis involves the administration of <u>single dose of antibiotic</u> before the dental procedure to minimize the risk of bacterial infection. This is recommended when the potential risk of is high, and the anticipated infection is serious, and evidence shows it can be prevented by pre-operative antibiotics.

Infections might occur at distant site (e.g., heart) or at local surgical site. Antibiotics prophylaxis is no longer recommended for distant sites such as prosthetic joint because the risk is low. Surgical prophylaxis aims at preventing an anticipated infection of the surgical/extraction site.

Table 2 Summary of dental, oral & maxillofacial conditions and the antibiotic prophylaxis requirement

PROPHYLACTIC PROTOCOL	CLINICAL SITUATION	ETIOLOGIES	PROCEDURES AND RECOMMENDATION	ANTIBIOTIC USED FOR NON- ALLERGIC ADULT PATIENT	ADDITIONAL
Prevention of infective endocarditis	Kindly refer to Prophylaxis of In	fective Endocarditis Secti			
Surgical prophylaxis	Minor oral surgery	Staphylococcus aureus, Streptococcus spp., Fusobacterium spp., Prevotella spp., Eikenella corrodens For maxillary sinus surgery: Streptococcus pneumoniae, Haemophilus influenzae, Staphylococcus aureus	Antibiotic prophylaxis is not recommended to prevent postoperative complications when performing periradicular surgery, minor surgical removal of soft tissue lesions, extraction of impacted wisdom teeth, surgical extractions of teeth or retained roots		Therapeutic antibiotics are not recommended for peri-radicular surgery in the absence of systemic infection

	NATIONAL ANTIMICROBIAL GUIDELINES		
	Issued by: National Antimicrobial Stewardship Sub Committee		
Ī	Effective Date:01/01/2025	Applies to: All Healthcare Facilities in Oman	

PROPHYACTIC PROTOCOL	CLINICAL SITUATION	ETIOLOGIES	PROCEDURES AND RECOMMENDATION	ANTIBIOTIC USED FOR NON- ALLERGIC ADULT PATIENT	ADDITIONAL
	In major oral, maxillofacial and craniofacial surgery including Head and neck surgery, Orthognathic surgery etc.	Mandibular surgery: Staphylococcus aureus, Streptococcus spp., Fusobacterium nucleatum Maxillary surgery: Staphylococcus aureus, Streptococcus spp., Haemophilus influenzae	Antibiotic prophylaxis is recommended	Cefazolin 2g (child: 30 mg/kg up to 2 g) intravenously, within the 60 minutes before surgical incision; intraoperative redosing may be required. Do not give additional doses once the procedure is completed PLUS Metronidazole 500mg (child: 12.5 mg/kg up to 500 mg) intravenously, within the 120 minutes before surgical incision; intraoperative redosing may be required. Do not give additional doses once the procedure is completed	If allergic to penicillin Clindamycin 600 mg IV pre-op

Issued by: National Antimicrobial Stewardship Sub Committee

PROPHYACTIC PROTOCOL	CLINICAL SITUATION	ETIOLOGIES	PROCEDURES AND RECOMMENDATION	ALLERGIC ADULT	ADDITIONAL
	Most facial or compound skull fractures	Staphylococcus aureus, Streptococcus spp., Fusobacterium spp., Peptostreptococcus, Prevotella spp., Actinomyces spp. Compound fractures: Streptococcus pneumoniae, Escherichia coli, Pseudomonas aeruginosa	Antibiotic prophylaxis is normally only recommended for open reduction of mandibular fractures	Regimen as above when indicated	
	Bone or soft tissue graft	Bone graft: Staphylococcus aureus, Streptococcus spp., Actinomyces spp., Peptostreptococcus, Prevotella spp. Soft tissue graft: Staphylococcus aureus, Streptococcus spp., Fusobacterium spp., Prevotella spp.	Antibiotic prophylaxis is recommended for intraoral bone grafts. Antibiotic prophylaxis is not recommended for soft tissue surgery and grafting	Regimen as above.	

NATIONAL ANTIMICROBIAL GUIDELINES Issued by: National Antimicrobial Stewardship Sub Committee Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

PROPHYACTIC PROTOCOL	CLINICAL SITUATION	ETIOLOGIES	PROCEDURES AND RECOMMENDATION	ANTIBIOTIC USED FOR NON- ALLERGIC ADULT PATIENT	ADDITIONAL
	Surgery involving bone in patients who have been taking bisphosphonates or antiresorptive medications Surgery involving bone following radiotherapy to the jaws Oral antral communications (OAC) and (OAF) fistula repair	Streptococcus pneumoniae, Haemophilus influenzae, Staphylococcus aureus, Streptococcus spp., Fusobacterium spp., Prevotella spp.	Antibiotic prophylaxis is not recommended to reduce the risk of medication-related osteonecrosis of the jaw. See below under ORN There is high risk of sinus infection immediately following an OAC. Antibiotics are recommended to prevent acute sinusitis.	To be given once OAC is confirmed: Penicillin V Adults 500mg orally four times a day for up to 5 days (Children 12-17yrs: 500mg orally four times a day for up to 5 days)	Second choice (Penicillin allergy) Doxycycline Adults Initially 200mg orally 1 dose for one day, then maintenance 100mg once a day for 4 days (Children 12-17 years: Initially 200mg orally 1 dose for one day, then maintenance 100mg once a day

NATIONAL ANTIMICROBIAL GUIDELINES Issued by: National Antimicrobial Stewardship Sub Committee Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

PROPHYACTIC PROTOCOL	CLINICAL SITUATION	ETIOLOGIES	PROCEDURES AND RECOMMENDATION	ANTIBIOTIC USED FOR NON- ALLERGIC ADULT PATIENT	ADDITIONAL
	Implantology	Staphylococcus aureus, Streptococcus viridans, Propionibacterium acnes, Prevotella spp.	Antibiotics prophylaxis is not routinely recommended for placing dental implants (alone) Antibiotic prophylaxis is recommended for intraoral bone augmentation when placing dental implants	For implants with intraoral bone augmentation: First choice Amoxicillin Adults: 2g orally one hour before surgery	For a further 4 days) Clarithromycin Adults 500mg orally twice a day for up to 5 days (Children 12-17yrs: 500mg orally twice a day for up to 5 days). Second choice (Penicillin allergy) Clindamycin Adults: 600mg orally one hour before surgery
Antibiotic	Prevention of infective		Unless stated above,		Kindly refer to
prophylaxis For	endocarditis in cardiac		antibacterial prophylaxis		Prophylaxis of
Medically	patients		is not routinely		Infective
compromised			recommended for the		Endocarditis Section
patients			prevention of infective		(Tables 5 A/B)

NATIONAL ANTIMICROBIAL GUIDELINES			
Issued by: National Antimicrobial Stewardship Sub Committee			
Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman			

PROPHYACTIC PROTOCOL	CLINICAL SITUATION	ETIOLOGIES	PROCEDURES AND RECOMMENDATION	ANTIBIOTIC USED FOR NON- ALLERGIC ADULT PATIENT	ADDITIONAL
			endocarditis in patients undergoing dental procedures		
	Joint replacements		Antibiotic prophylaxis is not recommended for dental procedures in patients with joint replacements		
	Patients with cardiac pacemakers, penile, breast or intra-ocular implants		Antibiotic prophylaxis is not recommended for dental procedures in patients with cardiac pacemakers, penile, breast or intra-ocular implants		
	Patients undergoing renal dialysis		Antibiotic prophylaxis for patients undergoing renal dialysis is not normally recommended for dental procedures		
	Patients with intravenous access devices		Antibiotic prophylaxis is not required for dental procedures in patients with intravenous access devices		

	NATIONAL ANTIMICROBIAL GUIDELINES		
	Issued by: National Antimicrobial Stewardship Sub Committee		
Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman			

PROPHYACTIC PROTOCOL	CLINICAL SITUATION	ETIOLOGIES	PROCEDURES AND RECOMMENDATION	ANTIBIOTIC USED FOR NON- ALLERGIC ADULT PATIENT	ADDITIONAL
	Diabetic patients		Antibiotic prophylaxis is not routinely recommended for diabetic patients undergoing dental procedures		
	HIV patients undergoing dental procedures		Antibiotic prophylaxis is not routinely recommended for HIV patients undergoing dental procedures		
	Patients undergoing chemotherapy		Antibiotic prophylaxis for dental procedures is not normally recommended for patients undergoing chemotherapy		Refer to local guidelines
	Risk of developing osteoradionecrosis (ORN)		Antibiotic prophylaxis may be recommended for dental extractions following an assessment of the risk of developing ORN		Refer to local guidelines

NATIONAL ANTIMICROBIAL GUIDELINES		
Issued by: National Antimicrobial Stewardship Sub Committee		
Effective Date:01/01/2025	Applies to: All Healthcare Facilities in Oman	

PROPHYACTIC PROTOCOL	CLINICAL SITUATION	ETIOLOGIES	PROCEDURES AND RECOMMENDATION	ANTIBIOTIC USED FOR NON- ALLERGIC ADULT PATIENT	ADDITIONAL
	Prevent medication related osteonecrosis of the jaws (MRONJ)		Antibiotic prophylaxis is not recommended for dental procedures to prevent MRONJ		
	Solid organ transplants prior to interventive dental procedures		Antibiotic prophylaxis is not routinely required for patients with solid organ transplants prior to interventive dental procedures		
	haemopoietic or lymphoid tumours		Antibiotic prophylaxis for dental procedures is not routinely recommended for patients with haemopoietic or lymphoid tumours		

NATIONAL ANTIMICROBIAL GUIDELINES		
Issued by: National Antimicrobial Stewardship Sub Committee		
Effective Date:01/01/2025	Applies to: All Healthcare Facilities in Oman	

LIST OF ORAL CONDITIONS (OR SYMPTOMS) THAT DO NOT REQUIRE SYSTEMIC ANTIBIOTICS

Table 3 List of oral conditions (or symptoms) that do not require systemic antibiotics

Condition	Antibiotic recommendation	Comments
Pulpitis/ dental pain	Antibiotics are not recommended for acute pulpitis to prevent pain associated with pulpitis	Treat the cause
Gingivitis	Antibiotics are not recommended	Local measures only
Dry socket (prevention)	Antibiotics are not recommended	
Dry socket (treatment)	Antibiotics are not recommended for the management of dry socket in the absence of signs of a spreading infection	Local measures
Endodontic therapy (unless there is spread of infection)	Antibiotics are not recommended for most endodontic treatment* Antibiotics are also not recommended to prevent postoperative pain, swelling or endodontic flare-ups	Antibiotics should not be used to delay providing dental treatment
Peri-implant mucositis	Antibiotics are not recommended for peri-implant mucositis	Local measures
Tooth avulsion and reimplantation	Antibiotics are not recommended when reimplanting avulsed teeth in the absence of systemic infection	Assess after reimplantation
Auto transplantation	Antibiotic prophylaxis may be indicated for auto transplantation	Specialist procedure
Oral mucosa lesions (lichen planus/leukoplakia) Oral mucositis Recurrent aphthous stomatitis Hairy tongue Oral candida infections Geographic tongue Burning mouth/ syndrome	Not recommended	Refer to specialist for assessment and prescription of appropriate treatment

Issued by: National Antimicrobial Stewardship Sub Committee

Effective Date:01/01/2025 Applies to: All Healthcare Facilities in Oman

References:

- 1- Scully C. Scully's Medical Problems in Dentistry E-Book. Elsevier Health Sciences; 2014 Jul 21. Medical problems in dentistry 7th Ed (*Ch21 infections and infestations*)
- 2- Directorate General of Rational Use of Medicine, Ministry of Health. Oman national formulary (**ONF**) for Ministry of Health institutions: Third edition. 2016. [Accessed: Apr 2020.]. From https://www.moh.gov.om/documents/16569/0/ONF+2016+-for+E+Health+Portal.pdf/3f224743-563e-4640-85c1-fe46abe3db93
- 3- Palmer, N. (Ed). Antibiotic Prescribing in Dentistry: Good Practice Guidelines. 3rd Edition. London, UK: Faculty of General Dental Practice (UK) and Faculty of Dental Surgery; 2020.
- 4- Oral and Dental Expert Group. **Therapeutic guidelines**: oral and dental. Version 3. Melbourne: Therapeutic Guidelines Limited 2019
- 5- National Institute for Health and Care Excellence (NICE). Prophylaxis Against Infective Endocarditis: Antimicrobial Prophylaxis Against Infective Endocarditis in Adults and Children Undergoing Interventional Procedures. *NICE Clinical Guideline* No 64. March 2008. London, UK: NICE.
- 6- Nishimura RA, Carabello BA, Faxon DP, Freed MD, Lytle BW, O'Gara PT, O'Rourke RA, Shah PM. ACC/AHA 2008 Guideline update on valvular heart disease: focused update on infective endocarditis: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines endorsed by the Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, and Society of Thoracic Surgeons. Journal of the American College of Cardiology. 2008 Aug 19;52(8):676-85.
- 7- Lockhart PB, Bolger A, Baddour LM. The 2021 American Heart Association Statement on prevention of infective endocarditis: What's new? The Journal of the American Dental Association. 2021 Nov 1;152(11):880-2.
- 8- Joint Formulary Committee. British National Formulary [Internet]. London: British Medical Association and Royal Pharmaceutical Society of Great Britain; [updated Mar 2021]. Available from: https://bnf.nice.org.uk/