

Dear Visitor

Inform the nursing station before entering the **Isolation** room



عزيزي الزائر
الرجاء إبلاغ مكتب التمريض قبل دخول غرفة العزل



Use eye protection
if there is risk of
splashes

Contact Precautions

In addition to Standard Precautions

Keep door
close all the
times

Before entering room



1 نظف يديك
Perform hand hygiene



2 ارتدي الرداء الواقي
Put on gown



3 ارتدي القفازات
Put on gloves

Before leaving room



1 إزل القفازات
Remove gloves



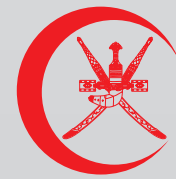
2 نظف يديك
Perform hand hygiene



3 ارفع الرداء الواقي
Remove gown



4 نظف يديك
Perform hand hygiene



سلطنة عمان - وزارة الصحة
دائرة التثقيف وبرامج التوعية الصحية

Central Department of Infection
Prevention and Control

Ministry of Health Sultanate of Oman

Contact Precaution

- ▶ Contact precaution is applied in addition to standard precautions.
- ▶ Common examples according to the following table:

Disease and/or infective agent	Comments
Abscess Drainage major (not contained by dressing)	▶ Isolate for duration of illness
Cellulitis e.g. Group A streptococci	▶ Side room until they have had 48hours of appropriate antibiotics therapy
Extended spectrum antibiotic resistant gram negatives bacteria	▶ Isolation for admission duration and in consultation with IPC
Neonatal herpes simplex Disseminated herpes simplex	▶ Isolate for duration of illness
Head lice	▶ Transmission occurs through head to head contact.
Impetigo	▶ Until completed 24 hours of treatment
Infective jaundice	▶ until cause identified
Listeria	▶ High risk in neonatal unit due to shedding in faeces
Pubic lice	▶ Until cured
Scabies	▶ Until cured
Shingles (Herpes Zoster)	▶ Only immune staff to have patient contact
Vancomycin resistant enterococcus	▶ Isolate if having diarrhea

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STOP

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Use eye protection
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Droplet & Contact Precautions

In addition to Standard Precautions

Keep door
close all the
times

Before entering room



1 نظف يديك
Perform hand hygiene



2 ارتدي الرداء الواقي
Put on gown



3 ضع القناع الطبي
Put on mask



4 ارتدي القفازات
Put on gloves

Before leaving room



1 انزع القفازات
Remove gloves



2 نظف يديك
Perform hand hygiene



3 انزع الرداء الواقي
Remove gown



4 نظف يديك
Perform hand hygiene

After leaving room



1 انزع القناع الطبي
Remove mask



2 نظف يديك
Perform hand hygiene



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Droplet and Contact Precaution

- ▶ Droplet/contact precaution are applied in addition to Standard Precautions
- ▶ When the patient is known or suspected to have an illness transmitted by large particle droplets
- ▶ Common example according to the following table:

Disease and/or infective agent	Comments
Adenovirus in peadiatrics	▶ Isolate for duration of illness
Bronchiolitis – infants	▶ Isolate for duration of illness
Diphtheria	▶ Isolate until 2 nose/throat swabs Negative
Streptococcus pyogenes (Group A strep)	▶ Isolate until completed 48 hours of appropriate antibiotic therapy
Meticillin resistant Staphylococcus aureus (MRSA)	▶ Isolate for duration of admission and in consultation with IPC

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Droplet Precaution

In addition to Standard Precautions

Keep door
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times

Use eye protection
if there is risk of
splashes

Before entering room



1 نظف يديك
Perform hand hygiene



2 ضع القناع الطبي
Put on mask

After leaving room



1 ارفع القناع الطبي
Remove mask



2 نظف يديك
Perform hand hygiene



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Droplet Precaution

- ▶ Droplet precaution are applied in addition to Standard Precautions
- ▶ When the patient is known or suspected to have an illness transmitted by large particle droplets
- ▶ Common example according to the following table:

Disease and/or infective agent	Comments
Croup	▶ Isolate for duration of illness
Epstein-Barr virus infection	▶ For duration of illness
Influenza	▶ Flu vaccines available to all staff through Occupational Health. Prophylaxis maybe indicated some contacts.
Meningitis undiagnosed (viral/bacterial)	▶ All cases should be isolated until a cause has been established.
Meningococcal meningitis/septicaemia	▶ Isolate until received 48 hours of appropriate antibiotics. Masks maybe necessary for airway management
Mumps	▶ Only immune staff to attend to the patient
Respiratory syncytial virus	▶ For duration of illness

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Use eye protection
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splashes

Airborne Precaution **In addition to Standard Precautions**

Keep door
close all the
times

Before entering room



1 نظف يديك
Perform hand hygiene



2 ضع القناع التنفسي
Put on N95 mask



3 تأكد من تثبيت القناع التنفسي
Perform seal check

After leaving room



1 ارفع القناع التنفسي
Remove N95 mask



2 نظف يديك
Perform hand hygiene



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Airborne Precaution

- ▶ Airborne precaution are applied in addition to standard precaution when patient are known or suspected to have illness transmitted by small airborne particles
- ▶ Negative pressure room with door closed is necessary
- ▶ Common example according to the following:

Disease and/or infective agent	Comments
Legionnaires disease	▶ Cases maybe investigated for source
Severe Acute Respiratory Syndrome (SARS)	▶ Contact infection control team immediately
Open pulmonary TB	▶ Isolate up on suspicion in consultation with IPC team

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Use eye protection
if there is risk of
splashes

Airborne & Contact Precautions

In addition to Standard Precautions

Keep door
close all the
times

Before entering room



1 نظف يديك
Perform hand hygiene



2 ارتدي الرداء الواقي
Put on gown



3 ضع القناع التنفسي
Put on N95 mask



4 ارتدي القفازات
Put on gloves

Before leaving room



1 ارفع القفازات
Remove gloves



2 نظف يديك
Perform hand hygiene



3 ارفع الرداء الواقي
Remove gown



4 نظف يديك
Perform hand hygiene

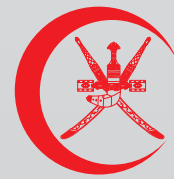
After leaving room



1 ارفع القناع التنفسي
Remove N95 mask



2 نظف يديك
Perform hand hygiene



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Airborne & Contact Precautions

- ▶ Airborne & contact precaution are applied in addition to standard precaution when patient are known or suspected to have illness transmitted by small airborne particles
- ▶ Negative pressure room with door closed is necessary
- ▶ Common example according to the following:

Disease and/or infective agent	Comments
Chicken pox varicella zoster virus	▶ Only immune staff to have patient contact.
Herpes Zoster (Shingles)	▶ extensive or patient immune compromised
Measles	▶ Isolate based on suspicion Don't wait for confirmation