

المديرية العامة للمؤسسات الصحية الخاصة Directorate General of Private Health Establishments

# PSYCHIATRIST/PSYCHOLOGIST DELINEATION OF CLINICAL PRIVILEGES

# Purpose:

Applicant Name

Name of the Institution

- 1. Define clinical services, competencies, and boundaries for psychiatrists/psychologists.
- 2. Clarify legal/ethical obligations to patients, families, and society.
- 3. Serve as a reference for healthcare providers, insurers, and regulatory bodies.

Po	osition Applied For		Psychiatrist		□ Psyc	☐ Psychologist		
Da	ate of Interview							
Q	ualifications							
Doctor Scope of Work/ Privileges for Psychiatrist		Privileges Requested			Decision of the Technical Team			
		Specialist	Sr. Specialist	Sr. Consultant Consultant	Granted	Denied		
Procedures that are allowed to be performed								
1.	OPD consultation (History Taking+ Phy Examination+ Diagnosis+ Management Referral)							
2.	Prescribe medications and manage pharmacological treatments. (As per Momedication regulations)	ЭН						
3.	Order General Laboratory Tests (As per regulations)	МОН						
4.	Order Required imaging and procedures	S						
5.	Provide psychotherapy and counseling							
5.	Maintain patient records and confidentia	ality.						

on it.

Supervise and mentor junior psychiatrists and medical students (senior specialist/consultant)

Order rTMS for patients If specialized or trained

License #.



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Day	ston Coope of World Privileges for Dayabiotaist	Privileges Requested			Decision of the Technical Team	
Doctor Scope of Work/ Privileges for Psychiatrist		Specialist	Sr. Specialist	Sr. Consultant Consultant	Granted	Denied
9.	On-call specialist/consultant is available (on-site or off site) for assistance, if needed, within reasonable time (30-40 minutes).					
10.	Manage patients suffering from various mental health conditions including addiction cases					
11.	Set their own schedules					

Doctor Scope of Work/ Privileges for Psychologist		Requested		Decision of the Technical Team	
		Clinical psychologist	Psychometrist	Granted	Denied
		Doctoral/Masters	Bachelors		
	Basic Gen	eral Procedures/Skills	S		
1.	Conduct psychological evaluations and assessments				
<i>')</i>	Administer and interpret standardized psychological tests (e.g., IQ tests, neuropsychological batteries, personality inventories) If trained for Bachelors				
3.	Diagnose mental health disorders based on DSM-5 or ICD criteria.				
4.	Perform risk assessments (e.g., suicide risk, violence risk, and substance use risk).				
5.	Provide individual psychotherapy for a range of mental health conditions				
6.	Conduct couples and family therapy.				
7.	Facilitate group therapy sessions.				
8.	Deliver evidence-based treatments (e.g., CBT, DBT, EMDR, ACT, etc.)				
9.	Provide crisis intervention and stabilization services. If trained for Bachelors				
10.	Offer psychoeducation to clients and families.				



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Doctor Scope of Work/ Privileges for Psychologist		Requested		Decision of the Technical Team	
		Clinical psychologist	Psychometrist	Crantad	Donied
		Doctoral/Masters	Bachelors	Granted	Denied
11.	Provide behavioral health interventions for chronic medical conditions (e.g., pain management, diabetes, cardiovascular issues).				
12.	Offer addiction counseling and substance use disorder treatment (if trained).				
13.	Conduct child and adolescent therapy (if trained).				
14.	Provide psychological interventions for patients suffering from various mental health conditions including addiction cases				
15.	Supervise psychology trainees.				

# **Key Notes:**

#### Clinical psychologist

- 1. **Master's-Level Psychologists (MA, MS, MEd):** Authorized to conduct basic assessments, provide therapy for mild to moderate conditions, and deliver psychoeducation. Supervision may be required for certain tasks.
- 2. **Doctoral-Level Psychologists (PhD, PsyD, EdD):** Fully licensed to perform comprehensive assessments, diagnose complex conditions, provide specialized therapies, and supervise junior staff.
- 3. **Postdoctoral/Specialized Certification Psychologists:** Authorized for advanced procedures, such as neuropsychological assessments, forensic evaluations, and specialized therapies (e.g., trauma-focused CBT, psychopharmacology consultation).

## **Psychometrist**

1. **Bachelor's-Level Staff (BA, BS):** Typically limited to supportive roles under supervision, such as administering basic tests, assisting in data collection, and providing psychoeducation.

Appointment of the Grade of specialist or a consultant is as per the Omani medical bylaws of the health care professionals' certification and appointment.

#### **Supervision Policy:**

• Clinical psychologist: The candidate is Independent and competent to perform the procedure unsupervised. The institution where the procedure is performed has a plan in place for transfer or seeking help as an emergency if required.



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• **Psychometrist:** Additional clinical privileges for procedures/ skills that are specific from other specialties. An On-call consultant is available (on-site or off site) for assistance, if needed, within reasonable time (30-40 minutes).

# **Review of the Privileges:**

Periodic review as per the Directorate General of Private Health Establishments (DGPHEs)/MOH rules or quality audits on need bases like incidents or complaints.

# Candidate responsibility:

- It is your responsibility to provide the truthful evidence of competence (Certificates and logbooks, etc.) to accompany your application for clinical privileges.
- It is your responsibility to ensure that the health facility where you are practicing has the suitable resources at the time of performing the procedure.
- Psychiatrist/Psychologist must practice in accordance with Oman laws, ethical values, standards of professional conduct, defined clinical privileges, and clinical practice protocols and guidelines published by national or international professional organizations.
- Psychiatrist/Psychologist should update their knowledge and skills continually to warrant best treatment outcomes.
- Psychiatrist/Psychologist must strictly confine their practice within the scope of the profession, specialty, and license. Additionally, they must not perform any medical procedure when the necessary resources are not available unless during emergency situations.

# For all applicants:

- This form should be completed by all applicants, for the purpose of clearly defining the Clinical Privileges to be awarded.
- Clinical Privilege is a process, between the applicant, the related department director, and the final verification via the Central Interview Committee (MOH) and the Clinical Privilege Committee of the (**Psychiatry Privileges Team**).
- Please check and mark all the categories that you wish to be clinically privileged, on the (Requested) column based on your qualifications and clinical experience and log-book.
- For physicians applying additional privileges from other specialties and requiring recommendation letters: All Immediate Supervisors or Head of Departments are kindly required to review the application and indicate whether the categories applied for are appropriate to the level of training, experience or qualifications of the applicant.



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- The application will be presented to the Clinical Privilege Committee & the Central Interview Committee (MOH) of the (Psychiatry Privileges Team) for review and decision
- The agreed privileges will be reviewed whenever it is required by the committees (e.g., incidents, complaints, etc.).

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# Signatures

☐ I declare that the evidence of competence provided is truthful and accurate.				
Dr.				
Applicant Name & Signature	Date			
Section Head Name & Signature	Date			
Dept. Chairman Name & Signature	Date			
Credentialing & Privileging Committee Chairman Name & Signature	Date			