

**Institution Name:** Directorate General of Specialized Medical Care, MOH**Document Title:** Rehabilitation Patient Discharge Procedure**Approval Process**

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Acronyms:

MOH	Ministry of Health
HOD	Head of Department
DGSMC	Directorate General of Specialized Medical Care



Rehabilitation Patient Discharge Procedure

1. Introduction

Discharge is an aspect indicating the positive progress of patient or reaching to stable status. It is performed based on series of reasoning and decision making including improvement, social and psychological aspect.

2. Scope

It is applicable for all medical rehabilitation staffs working in government and private sectors.

3. Purpose

3.1 To help rehabilitation staff to plan end stage of management as well as planning post treatment prevention measures.

3.2 To allow assessment of independent of care by self or at home.

4. Definitions

Discharge is an end stage procedure determines that rehabilitation care has reached an end stage phase and transferring care to clients or family. It includes strong decisions on clients' ability and judge on improvements and status of care.

5. Procedure

Patient who had completed the care in Medical rehabilitation have the right to be consented for discharge process of discontinuing treatment. The process of discharge includes the following;

5.1 The rehabilitation staff shall perform full subjective and objective re-examination, understand client perspective / family meet patient satisfaction and plan route of preventive measures.

5.2 Medical rehabilitation staff shall ensure that all potential problems have been addressed and treated

5.3 Rehabilitation staff shall discuss all aspect of improvements or status of residual problems with client or parents before proceeding to discharge.

5.4 Physiotherapist shall document all summary in electronic database system as per MOH regulation.



6. Responsibilities

6.1 Head of rehabilitation is responsible for:

6.1.1 Circulate the procedure to all unit supervisors.

6.2 Unit supervisor is responsible for:

6.2.1 Ensure that procedure is conveyed to all rehabilitation staff and are aware about detailed procedure.

6.2.2 Ensure that process has been followed as well as documentation of discharge is done regularly.

6.3 Rehabilitation staff is responsible for:

6.3.1 Follow this procedure strictly and avoid any shortcuts in patient re-assessment.

6.4 Quality department is responsible for:

6.4.1 Conduct periodical checks for implementation and documentation of this procedure-



7. Document History and Version Control

Document History and Version Control			
Version	Description of Amendment	Author	Review Date
01	Initial Release	Dr. Ahmed Al-Kharusi	October/ 2023
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8. Related Documents

There is no related document for this procedure



9. References

Title of book/ journal/ articles/ Website	Author	Year of publication	Page
Nature & Scope of Physiotherapy	The Emirates Physiotherapy Society (EPS)	2012	
Physical Therapists Make Accurate and Appropriate Discharge	Smith, B	2010	693-703