

**Institution Name:** Directorate General of Specialized Medical Care, MOH**Document Title:** Rehabilitation Patient Assessment Procedure**Approval Process**

	Name	Title	Institution	Date	Signature
Written by	Dr. Ahmmed Al-Kharusi	Dean of College of Health Science, Muscat	Ministry of Health	March/ 2020	Dr. Ahmmed Al-Kharusi
Reviewed by	National Rehabilitation Services Taskforce For Policeis & Guidelines development		Ministry of Health	March/ 2020	National Rehabilitation Services Taskforce For Policeis & Guidelines development
Validated by	Dr. Qamra Al-Sariri	DG of QAC	Ministry of Health	October/ 2020	Dr.Qamra Al-Sariri
Approved by	Dr. Kadhim Jaffar Sulaiman	DG of SMC	Ministry of Health	October/ 2020	



**Contents Table:**

Acknowledgement.....3

Acronyms:.....4

1. Introduction .....5

2. Scope .....5

3. Purpose .....5

4. Definitions .....5

5. Procedure .....5

6. Responsibilities.....6

7. Document History and Version Control.....7

8. Related Documents:.....7

9. References:.....8



### Acknowledgement

Director General of Specialized Medical Care (DGSMC) would like to express its deepest appreciation to all staff in the medical rehabilitation institution in the country who have participated in writing this procedure; their remarks, comments and feedback were very helpful. Special thanks go to the following staff:

Dr.Kadhim Jaffar Sulaiman	Directorate General of Specialized Medical Care
Dr. Mariyam Al Wailli	Directorate General of Specialized Medical Care
Asaad Al- Qasmi	Directorate General of Specialized Medical Care
Dr. Ahmmed Al Kharusi	College of Health Science, Muscat
Samiya Al Raisi	Directorate General of Specialized Medical Care



**Acronyms:**

MOH	Ministry of Health
DG	Directorate General
HOD	Head of Department
DGSMC	Directorate General of Specialized Medical Care



## **Rehabilitation Patient Assessment Procedure**

### **1. Introduction**

Assessment is an important element in the route of patient management. It is the key element for successful diagnosis. It is performed in the initial contact with clients by autonomous medical rehabilitation staff to identify potential physical problems and impairments.

### **2. Scope**

It is applicable for all medical rehabilitation staff working in government and private sectors.

### **3. Purpose**

The Purpose of assessment procedure is to enable standardized method of detailed assessment in the initial visit of clients to rehabilitation department.

### **4. Definitions**

Assessment is a systematic procedure performed by physiotherapists to identify clients' problem. It includes subjective and objective assessment. It includes a process of clinical reasoning to ensure problems have been diagnosed correctly and safe management will be applied. It takes into account patient expectation and understanding of problems. It follows bio-psychosocial model of clients' management.

### **5. Procedure**

Patients arrive to Rehabilitation Department have to be assigned to designated qualified medical rehabilitation professionals for assessment appointment. In the first visit, the Rehabilitation professional shall:

**5.2** Perform full subjective and objective examination.

**5.3** Understand client problem.

**5.4** Meet patient expectation and plan route of management.

**5.5** Ensure that all potential hypotheses have been tested.

**5.6** Discuss all findings with client or parents/ caregivers before proceeding to management.

**5.7** Document all findings in electronic database system as per MOH regulation.



## **6. Responsibilities**

### **6.1 Head of rehabilitation is responsible for:**

- 6.1.1 Circulate this procedure to all unit supervisors

### **6.2 Unit supervisor is responsible for:**

- 6.2.1 Ensure that procedure is conveyed to all Rehabilitation professionals and are aware about detailed procedure.
- 6.2.2 Ensure that process have been followed as well as documentation of assessment is done regularly.

### **6.3 Rehabilitation Professionals are responsible for:**

- 6.3.1 Follow this procedure strictly and avoid any shortcuts in patient assessment.

### **6.4 Quality department is responsible for:**

- 6.4.1 Conduct periodical checks for implementation and documentation of this procedure



### 7. Document History and Version Control

Document History and Version Control			
Version	Description of Amendment	Author	Review Date
01	Initial Release	Dr. Ahmmed Al-Kharusi	October/ 2023
02			
03			
04			
05			
Written by		Reviewed by	Approved by
Dr. Ahmmed Al-Kharusi		National Rehabilitation Services Taskforce For Policeis & Guidelines devlopment	Dr.Kadhim Jaffar Sulaiman

### 8. Related Documents:

There is no related document for this procedure



**9. References:**

<b>Title of book/ journal/ articles/ Website</b>	<b>Author</b>	<b>Year of publication</b>	<b>Page</b>
Initial Assessment and Reassessment of Patients	South Cover Community Center, Japan	June, 2016	
Assessment of Patients, Clinical Nursing	MaryAnne Fitzmaurice,	2014	